



THE UNIVERSITY OF THE THIRD AGE



of

**HIGHBRIDGE**

***MAGAZINE***

September-----October

**2014**

**ISSUE NUMBER 78**

## **Your Committee**

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<b>Vice-Chairman:</b>	<b>Bernard Martin</b>	<b>Tel: 787230</b>
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**Prefix all telephone numbers with STD code 01278**

**Coffee Mornings are held every Wednesday at The Highbridge Community Hall from 10.00 am to 12.00 am. You are very welcome to join us.**

**Website: - <http://www.u3ahighbridge.org.uk>**

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**Note: In accordance with the requirements of the Data Protection Act 1998 information relating to all of the U3A of Highbridge's members will be held on a computerised database and will be used solely for the U3A of Highbridge's business and communications.**

## **Chairman's Message or Pearl's Piece**

What a lovely summer we have had this year, although we have had some stormy moments it hasn't spoiled or prevented us continuing with our pursuits. I hope you have been able to enjoy and make the most of the glorious sunshine.

We are already coming into September and the dark nights are looming ahead and autumn is round the corner. So how do we fill the time up; for a member of the U3A we all get on with our hobbies and pastimes just the same as in the summer? The majority of our groups meet in the daytime and so we are able to continue just the same all year through and are able to meet our friends and acquaintances.

How time passes?

By the time the magazine is out, the first class of the new Beading Group will have taken place; eight ladies had put their names forward with Rose Bateman at the helm. If any member has an idea for a new group/interest we are always willing to take the necessary steps to see if it is viable.

Further entertainment for us to enjoy are dinners with the Lunch Group, a trip to Tintern Abbey and Chepstow, an outing to the theatre to see "Annie" and an opportunity to let your hair down at the "Ritz"! Fun time with the U3A of Highbridge!---what an enjoyable time we are going to have.

My regards to you all---Pearl

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## **Editorial**

In July next year this U3A will celebrate its 15<sup>th</sup> birthday and we plan to have a party; for our 10<sup>th</sup> Birthday we had a Tea Party and Open Day; it was a very successful event.

When, during a recent meeting, the Committee learnt that this important milestone was approaching its members unanimously agreed that we invite you, the membership, to come up with some suggestions. Not too lavish, but an event/function of which we could be proud.

### **Editorial –(continued)**

We have enjoyed 15 very successful years, groups have been well supported and our level of membership has been maintained, so we deserve a celebration.

This 15<sup>th</sup> Anniversary celebration needs to be a special event, an opportunity to show off, plan for our future and invite the public along to see just what the U3A of Highbridge is all about.

So go on, you have 8 months to come up with a few suggestions for a celebratory event that can be organised for July 2015.

### **Information for the magazine**

Some time ago I requested write-ups, anecdotes, etc. that would be suitable for inclusion in this magazine; the response was great—thank you! I now have sufficient to last me a few months.

However, if you have something important that needs to be included, please let me have it at least two weeks before the next issue is due.

Next issue deadline: - 21<sup>st</sup> October.

### **Music Appreciation**

Sylvia Shepherd offered to form and lead this new group; and she also gave me the following message:

#### **The Sounds of Music**

Do we ever realise how much we rely on music or how much we take for granted those sounds emerging from the radio or TV?

When we stop and listen to something we enjoy or remember, we are well rewarded with feelings of joy, pathos, happiness, relaxation and perhaps much more. If we have the opportunity to share these emotions with others, the enjoyment is enhanced.

With this in mind I have suggested a music appreciation group for members who are interested in meeting monthly to enjoy all sorts of music. The members I have mentioned this to have shown much interest and I know the word is spreading, so if you wish to learn more, please contact Sylvia Shepherd for a chat and more details, on 01278/780377.

Sylvia held a meeting during a recent Coffee Morning and things have moved a pace, the Group is now up and running and the first meeting is on 3<sup>rd</sup> September (today). So if you happen to be in Church Road, West Huntspill and you hear some classical music emanating from a bungalow at about 02.30 pm then you have found this new group.

## **Club News**

Early this year we applied to the “Awards for All” scheme, which is part of the Big Lottery Fund, for a grant with which to purchase a Projector, Laptop and Screen. Our application has been approved and the funding has been paid into our account.

These items will soon be available for use by our groups. Hence this logo which will be prominently displayed on the equipment:-



The project title given

to our application was:-

“Explore, Learn & Play.”

Just prior to us submitting the application we had benefited from our involvement in the Somerset Film & Video Ltd “Talking Communities” project. It had proved to be a success and, as a result, it was felt that members would wish to continue to use their newly acquired skills. It was also possible we could collaborate with other local groups by offering them support, which would include affordable training, equipment and facilities.

Smartphones, iPads and Tablets are becoming more widely used and persons, politically referred to as the ‘third age,’ will need to develop their knowledge in order to keep up with the technological age. The U3A is an organisation that is, perhaps, ideally suited to undertake this development through its activities.

It is appreciated that some members may already use the internet to purchase their grocers, etc. but there are others who are not too sure how to go about it. We want to help these members to learn the new skills and explore the internet and, hopefully, learn how best to take advantage of this new technology.

If you would like us to form a group that would cater for this new technology please let us know.

Group News--- continued

The following Groups are re-starting after their summer breaks:

Art-1.....Tuesday 9<sup>th</sup> September Southwell House—02.00 pm to 04.00 pm  
Genealogy .....Thursday 2<sup>nd</sup> October, Room 1 Community Hall 10.00 am

Happy Snappers

This Group started on 27<sup>th</sup> August. It will run for 6 months taking it into 2015 because the December meeting falls on Christmas Eve there will be two meetings in the New Year—22<sup>nd</sup> Jan & 26<sup>th</sup> Feb.

Group Leader Kevin Gainford (ring 789374)

Keep Fit

Roger Cross is looking forward to an influx of new support, when the activity restarts on Wednesday 3<sup>rd</sup> September now that it has moved from the Gym in Springfield Road to Room 2 in the Community Hall. The environment and having the car park much nearer should make life a lot better.

Art 1 & 2

Both these Groups have vacancies and would welcome new members.

Art-1 is on a Tuesday afternoon from 02.00 pm until 04.00 pm cost £2.00

Art 2 is on a Thursday afternoon from 01.30 pm until 04.00 pm also £2.00

Where else locally will you find art classes so cheap, you get a cup of tea and a biscuit mid-afternoon whilst enjoying a very social atmosphere.

If interested contact Maureen McLaren (773804) for Tuesdays  
---and Ken Burston (782529) for Thursdays.

Coffee Mornings?

Thank you for putting your chairs away on a Wednesday after the Coffee Morning, this is greatly appreciated, but may we ask you to please only do it AFTER 11.45, also, the caretakers asks that we DO NOT stack them, because he then has to un-stack them.

Coffee Morning is from 10.00 am until 12.00 am, NOT 11.30 or 11.45.

We appreciate some of you may need to leave early and we thank you for your kind thoughts, but it does make the hall look a bit 'stark' when all the chairs have gone. When one starts, the others think it is time to go.

The Committee members, and helpers, are happy to put the chairs away (NOT STACKED), they have developed a system and it does not take long.

But thank you anyway, for trying to help!

## “Away Days”

### September---Tintern Abbey & Chepstow

This Cistercian Abbey is one of the great monastic ruins of Wales. It was founded by Walter de Clare. (Lord Chepstow) on 9<sup>th</sup> May 1131 and is situated in the village of Tintern (Monmouthshire) on the Welsh side of the River Wye.

The Cistercian Monks (White Monks) followed the *Role of Benedict*, their basic principles being obedience, poverty, chastity, silence, prayer and work.

The Abbey, during the 13<sup>th</sup> century was mostly rebuilt, first the cloisters and domestic ranges, then, between 1269 and 1301 the great church. However, it was disestablished in 1536 and gradually became the ruin that it now is.

### October 28<sup>th</sup> ---Houses of Parliament

The trip to the Houses of Parliament was originally scheduled to be on a Thursday, unfortunately this is a very popular day for visitors; we could not get in. Your however, after some effort has been successful in getting the visit set up, it's on a Tuesday.

Price is £18.00

Pick-ups: Berrow	06.00 am
Morrisons	06.10 am
Highbridge	06.20 am

The tour of the Houses of Parliament is scheduled for 10.30 am and last about 45 to 60 minutes.

A room will be booked for us so that Tessa Munt can meet us and answer any questions. If anyone wishes to see a debate in progress tickets will be obtained for them.

### The coach will depart London at 03.00 pm.

The early starts are necessary due to the length of the journey and the time we are expected at the houses of Parliament; also in view of the early start it is assumed members will be ready to leave London early:-

- Because of the traffic problems in London, and
- Because having started very early, will be anxious to get home at a reasonable time, say 06.00 pm.

It will be a long and rather tiring day, so come prepared with suitable footwear, there will be a fair amount of walking.

It is understood there are a few restrictions that need to be observed at the H & P, details will be advised when we know what they are.

**The U3A of Highbridge**

Presents a

**Social Evening**

At the

**Ritz**

Burnham-on-Sea

On

**Saturday 1<sup>st</sup> November 2014**

**7.00 pm until late**

**Tickets £10.00**

**Includes a buffet**

**Tickets available from Pat Clipstone**

**Admission by ticket only**

**00000000**

**Also:**

**On Saturday 11<sup>th</sup> October 2014 there is a Barn Dance at the Community Hall, starting at 7.00 pm it costs £4.00.**

**There will be an ‘American Buffet’—this is where you are invited to bring your own supper and share it with others. Also B Y O Drinks.**

**The Barn Dance will be organised by U3A of Highbridge members but the proceeds will be in aid of the Community Hall, a facility that has, over the past years, become our ‘home’.**

**The Community Hall Trust maintains and runs the building on behalf of the people of Highbridge; it does not receive any financial aid from outside sources. (County, District or Town Councils)**

**In order to maintain its independence the Trust needs to raise money by holding functions, such as the Barn Dance, so please help us keep ‘our home’ safe for the future and support the Hall’s activities whenever you can.**



## **“Away Days” for 2014**

The following day trips remain for this year:

Thursday 11<sup>th</sup> September-----Tintern Abbey and Chepstow  
 Price: £8.00 (Seats available)

Tuesday 28<sup>th</sup> October-----Houses of Parliament (See page 7)  
 Price: £18.00

Thursday 27<sup>th</sup> November---Salisbury Christmas Market & Wilton Outlet  
 Price: £10.00  
 (There is a reserve list)

The above prices include the drivers' gratuity.

If you intend to go on a trip please book with Vour as soon as you are able because places are being reserved. Your pick up point and time will be advised when you book.

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### **Theatre Trip**

The next visit to the Weston Playhouse is on Saturday 1<sup>st</sup> November to see “Annie” a matinee show, price £19.00

The coach will leave Highbridge Market Street at 01.15 pm.

### **Holiday in Eastbourne**

Our team have booked a holiday for early in the New Year, it is to Eastbourne and we will be again staying at the Claremont Hotel. Surely it's not two years since we last stayed here, we had a good time; being very well looked after.

The all-inclusive cost of the 4 nights/5 days stay, accommodation, coach and gratuities, is £95.00 and it is from Tuesday 20<sup>th</sup> January until Saturday 24<sup>th</sup> January 2015.

### **Holiday in Weymouth**

A number of members will depart Highbridge on Monday 29<sup>th</sup> September for their 5 days in Weymouth; this will result in there being a few empty places at the Coffee Morning on Wednesday 1<sup>st</sup> October. So would those of you who are not going on holiday to the seaside please give a hand, if help is needed.

## Group Activities

Week	Time	Group	Venue	Leader	Tel.
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### Monday

1st	10.00 to 12.00	Card Making	S.H. Rose Bateman	795906
1st & 3rd	0200 to 03.30	Kurling	C.H. Stan Vousden-White Sybil Tilley	781567 787054
3rd	10.00 to 12.00	Beading	P.H. Rose Bateman	795906
2nd & 4th	10.00 to 11.30	Calligraphy	S.H. Ken Burston	782529
Last	02.00 to 03.30	Creative Writing	P.H. Linda Knight-Rees	783081

### Tuesday

1st & 3rd	02..00 to 04.00	Mosaics	P.H. Alison Joyce	784635
4th (#)	10.30 to 12.00	Floral Art	S.H. Jean Williams	785240
Every	02.00 to 04.00	Art-1	S.H. Maureen McLaren	773804
Every	02.15 to 05.00	Board Games	G.H. Betty Worthy	795823
Every	10.00 to 12.00 2.00 to 04.00	Patchwork / Quilting	P.H. Ann Lismore	787607

### Wednesday

1st & 3rd	02.00 to 04.00	Music Appreciation	P.H. Sylvia Shepherd	780377
3rd	02.00 to 04.00	Card Making	S.H. Rose Bateman	795906
2nd	10.00 to 12.00	Photography	C.H. Kevin Gainford	789374
Every	01.00 to 02.00	Keep Fit	C.H. Roger Cross	284753
4th	10.00 to 12.00	Happy Snappers	C.H. Kevin Gainford	789374

EVERY WEDNESDAY 10.00 to 12.00 COFFEE MORNING Community Hall

## Group Activities

Week	Time	Group	Venue	Leader	Tel.
<u>Thursday</u>					
1st	10.00 to 11.00	Genealogy	C.H.	Roger Ouston	795007
2nd, 4th & 5th	02.00 to 04.00	Barn Dancing	M.C.H.	David Napper	792371
Every	01.30 to 04.00	Art-2	S.H	Jean Berry	785840

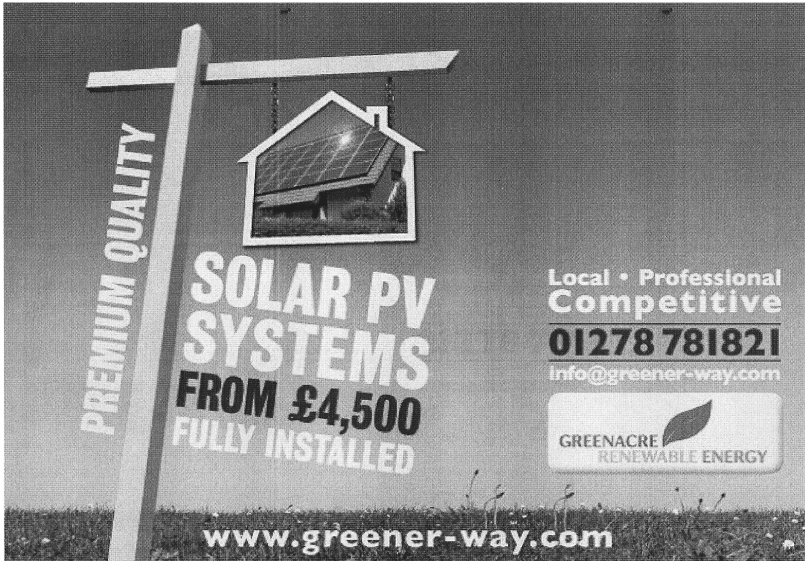
<u>Friday</u>					
1st & 3rd	11.30 to 01.00	Skittles	C.I.	Phillip Buoy Betty Worthy	783647 795823
2nd & 4th	10.00 to ? ? ?	Strollers		Self- regulating	792529
5th	10.00 to ? ? ?	Somerset Villages		Bernard Martin	787230

<u>Occasional</u>					
Thursdays	"Away Days"	Vour Orchard Carole Loveridge			788984 780060
Thursdays	Luncheons	Pat Clipstone			788128
Saturdays	Theatre	Diane Barnard Brenda Clapp			781009 787963
Holidays		Diane Barnard Brenda Clapp Gloria Brown			781009 787963 785359

### Legends

S.H.....Southwell House	C.H.....Community Hall
P.H.....Private Home	G.H.....Gospel Hall
M.C.H.....Methodist Church Hall	C.I.....Crossways Inn

Should you wish to join a Group please first contact its Leader.



### **Northern Somerset Association of U3A's**

**Workshop Friday 10<sup>th</sup> October @ Burnham Community Centre**

**The courses at this workshop are:-**

**Creative Writing led by Lois Sparshott**

**Earth Sciences led by John Raffield**

**Genealogy led by Pat Hase**

**Landscape Painting led by Mike Hoskin**

**Play Writing led by Gwen Hoskin**

The aims of these workshops (full day) are to give members an introduction to the subjects and to, perhaps, give them a taste of what each has to offer. You may learn something, you may not, but the experience will, at the very least, give you some idea of how other people approach the different subjects.

**Times: Start 10.15. Workshops 10.30 to 12.30 & 1.15 to 3.15 Ends 3.45**

**Applications for places can be submitted now and I have the relevant form should you need a copy. (Ken Burston)**

The fee for the day is £5.00, tea/coffee is provided on arrival but you will need to take a picnic lunch if you intend to stay all day, the lunch break is from 12.30 to 01.15 pm.

There is a café opposite St Andrews Church if you would prefer to leave the premises.

### **Macmillan Big Coffee Morning**

Our Big Coffee Morning will be on Wednesday 24<sup>th</sup> September. There will be the usual cake stall and raffle, plus, other attractions, perhaps.

As you know this is one Pearl's favourite mornings and, because she is now our Chairperson, we had better make it a very successful one with a lot of money collected for the Cancer Fund.

### **American Picnic**

Apparently some members have asked if we are to have an American Picnic this year; although one was not planned, a few phone calls were quickly made and now there is.

**Date:** - Friday 5<sup>th</sup> September at 12.30 pm for 1 o'clock at Lower Maunsel Lock on the Taunton to Bridgwater Canal, it is where we went last time.

If you are interested, then come prepared, you will need to bring your picnic food e.g. salad items, sausage rolls, pork pies, all types of sandwiches, gateau and drinks. Don't forget your knife, fork and spoon, plus a glass for your drink.

Please let Fay Burston know by Wednesday 3<sup>rd</sup> September if it is your intention to join us, and, most important tell her what you intend to bring. If the weather is dodgy the café at Lower Maunsel has covered areas so you will be able to shelter from the elements.

### **Insurance!**

Members of the U3A of Highbridge are reminded that The Third Age Trust provides Third Party Liability and Product Liability Insurance on behalf of affiliated U3A's.

It is included in the annual capitation fee paid to the Trust by this U3A.

It should be noted that there is no personal accident insurance included in this arrangement. Members are advised that they take part in U3A activities at their own risk; however, should they feel that they need to be covered for personal accidents or personal property, it is necessary for them to make their own arrangements.

## **Tenby**

The weather forecast for the day (17<sup>th</sup> July) was to be one of the hottest of the year, and we were going on our day trip to Tenby; so we needed to take the sun bloc.

It was a lovely morning when we set off, everyone looking forward to an enjoyable experience in a place not many of us had previously visited.

The journey was much longer than we had expected but there being no problems and we arrived safely. We were given three hours to see what Tenby had to offer in the way of attractions; and, as it turned out, this was probably long enough. It is very hilly place, something we are not used to. The weather was wonderful throughout the day, not too hot, there being a slight breeze.

The school holidays have already started in Wales, so families were out enjoying the beautiful beaches that surround Tenby. The beaches appear to be safe because quite a number of people were swimming and the crowds on the sands reminded one of the old days when beaches were thronged with bathers.

On arrival I made for the South Beach, this being the furthest point away, then headed back towards the Harbour Beach, through the town walls. These were built in the late 13<sup>th</sup> century and have certainly stood the test of time. A short visit was made to the Town's Museum; it is the only independent museum in Wales.

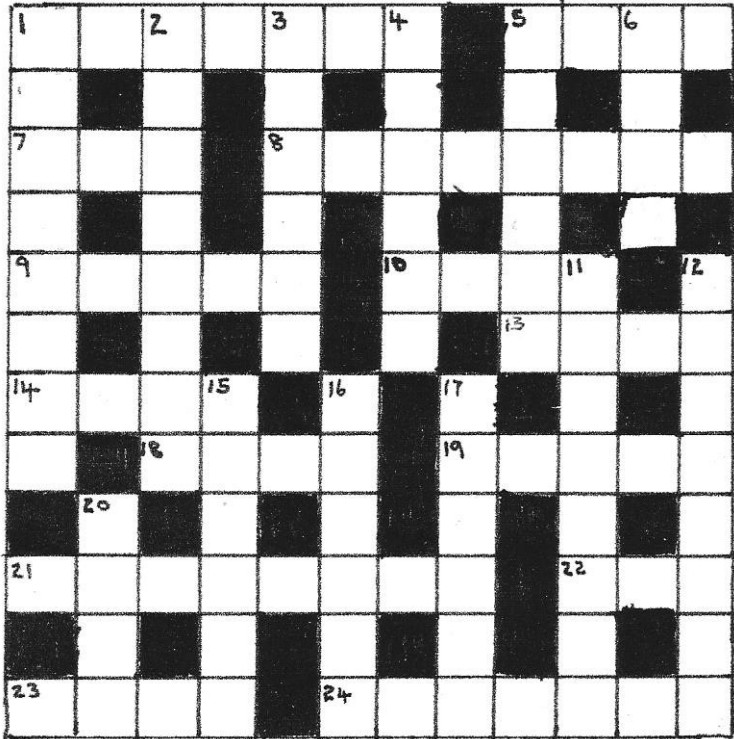
I wanted to visit the Merchants House, it belongs to the National Trust, but it opens only on Tuesdays and Wednesdays. In 1802, Sir William Paxton, a local merchant banker and politician, bought his first property in Tenby. He then invested in the town, being responsible for its revival; it was, apparently, in a state of disrepair and he made it into 'a fashionable bathing establishment suitable for the highest society'.

Today it is a really busy seaside resort, having lovely safe beaches and plenty of shops; all in all it had been a lovely day out and well worth the long journey.

Vour and Carole, thank you for organising this trip to Tenby.

**"A Day Tripper"**

**(P. S. The map you provided was indispensable)**

ACROSS

1. Add to a will (7)
5. Seize (4)
7. "Our" club (1. 1. 1. Abbrev)
8. Cornish Town (8)
9. Tedious task (5)  
(6)
10. Catch sight of (4)
13. A parliamentary constituency (4)
14. Closes (4)
18. Chimney deposit (4)
19. A small stem bearing leaves (5)
21. Caption (9)
22. Anger (3)
23. Flowerless plant (4)
24. Compensation (7)

DOWN

1. Places of worship (8)
2. So did man....anag. (8)
3. U3A type of morning
4. Sent to sleep (6)
5. U3A-Mosaics, photography, etc.
6. Takes action (4)
11. Desiring (8)
12. Lurches (8)
15. Cushion (6)
16. Declared (6)
17. Admiration (6)
20. Tempt. (4)

Solutions next issue.

## **Club News**

### **Photography Group**

Coming soon, the photography group is working on a series of short slide shows to be shown here in the Community Hall on the second Wednesday of each month. The shows will let you all see what we get up to when we are out on our projects.

The slide shows will comprise a selection of the images taken by each group member, about 80 slides in all' initially they will be shown on a computer set up in the left-hand corner of the hall. It is hoped however, that they may be shown using a projector and screen. (See Page 5)

At this moment in time the programme is a little fluid and may be subject to change, however, the proposals are:-

September 10 <sup>th</sup>	Burnham-on-Sea Food Festival—May 14 <sup>th</sup>
October 8 <sup>th</sup>	Stourhead House and Gardens.
November 12 <sup>th</sup>	Bristol Balloon Festival and Night Glow.
December 10 <sup>th</sup>	U3A Social Evening.

#### **2015**

January 14 <sup>th</sup>	Hampton Court Castle and Gardens
February 11 <sup>th</sup>	Lunch Club 2014
March 11 <sup>th</sup>	Sorry—no show—group leader in Switzerland.
April 8 <sup>th</sup>	Highlights of Russia.

It is hoped this will keep you all interested for a while; I will be back later with an update and a further programme, in the meantime if you have any requests for events that you know we have attended and wish to see a slide show, please do not hesitate to ask.

Group Leader—Kevin Gainford

### **Beading Group**

Will meet on the 3<sup>rd</sup> Monday of the month at Smurl Lane, West Huntspill.

From 10.00 am until 12.00 am. Leader Rose Bateman (795906)



Monthly Draw

<b>June</b>	<b>No 9</b>	<b>Bernard Martin</b>	<b>No 9</b>	<b>Brenda Hooper</b>
July	No 25	Vour Orchard	No 25	Chris Varley

Each received £20.00

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Phyllis Walsh, Mary Akers, Chris Winter, Derek Hand,  
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## **Sharon Elliott**

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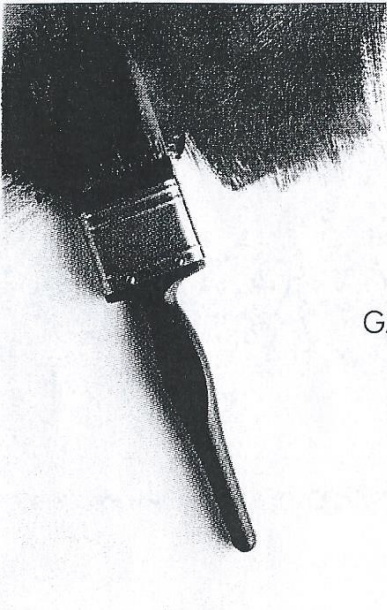
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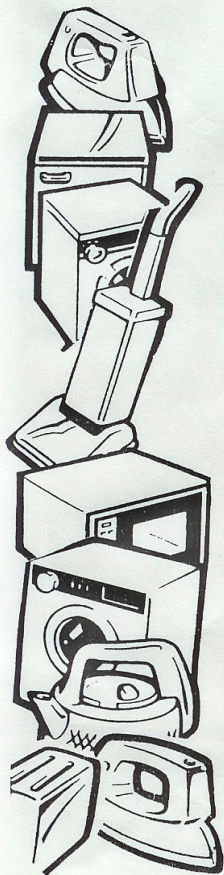
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27 VICTORIA STREET~~~BURNHAM-on-SEA**

## **Social Activities---2014** **“Away Days”**

### **Tintern Abbey and Chepstow**

**Date: Thursday 11<sup>th</sup> September**

**Cost: £8.00** (Spaces available)

### **Houses of Parliament**

**Date: Tuesday 28<sup>th</sup> October**

**Cost: £18.00**

### **Salisbury Christmas Market & Wilton Outlet**

**Date: Thursday 27<sup>th</sup> November**

**Cost £10.00** (Reserve list)

**Pick-up points for “Away Day” trips are:-**

**Berrow: - Triangle.**

**Burnham: - Morrisons, Pier St.**

**Highbridge: - Alpha House, Market St.**

**Times of Pick-ups for an “Away Day” trip will be advised when you make a booking and are always given on the ‘Payment Receipt’, if in doubt PLEASE check with Vour or Carole well before the trip.**

## **Holiday**

### **Weymouth**

**Date: Monday 29<sup>th</sup> September until Friday 3rd October (Fully Booked)**

**Cheques to cover payments for all “Away Days”, Theatre trips and Holidays must be made payable to “U3A of Highbridge Social Account” Please also add your name, address and phone number on the reverse of the cheque, this: -**

- a) helps to identify you on the passenger list, and**
- b) If a trip is cancelled you can be notified quickly.**