

U3A

THE UNIVERSITY OF THE THIRD AGE



Highbridge

U3A of Highbridge Magazine

www.u3ahighbridge.org.uk

Issue 86

Jan/Feb 2016

Your Committee

<u>Position</u>	<u>Name</u>	<u>Tel</u>
Chairman	Pearl Price	793954
Vice-Chairman	Bernard Martin	787230
Secretary	Ken Burston	782529
Treasurer	Carole Loveridge	780060
Membership Secretary	Fay Burston	782529
Assistant to Secretary	Janet Preddy	783743
Committee Members	Philip Buoy	783647
	Pat Clipstone	788128
	Barbara Croker	780260
	Vour Orchard	788984
	Sally Williams	787274

* Prefix all telephone numbers with STD code 01278.

Coffee Mornings are held every Wednesday at The Highbridge Community Hall from 10.00 am to 12.00 am. You are very welcome to join us.

Website: <http://www.u3ahighbridge.org.uk>

Webmaster: Darryl Knight-Rees

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Welcome to your Magazine

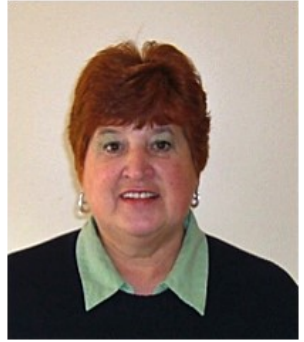
Welcome to the Jan/Feb 2016 edition of the U3A of Highbridge Magazine.

Please keep those submissions coming. Your input is always welcome.

Deadline for submissions for the next magazine is February 20th.

—oOo—

Chairman's Message or Pearl's Piece



I hope you all had an enjoyable Christmas and I would like to wish you all a very Happy New Year!

So we begin January making our New Years resolutions! And by February we have forgotten all about them. But we also begin the year after enjoying the break enthusiastically throwing ourselves into the interests we share with other members, and looking forward to the Holidays, Days Out and Theatre trips that may be lined up for us to enjoy. We can also look forward to our Annual Lunch at the Beachcomber Inn.

The Sewing group is going to meet twice a month in future on the second and fourth Wednesday afternoon at 2pm in room 3 of the Community centre. Any medium of needlework is welcome, we do not have a "teacher" but are all willing to help each other if we get in trouble.

Thank you for your continued support with the Coffee morning rota I know it may be a nuisance to some but we rely on members putting their names down, there will always be the ones who think they are helping by making their own coffee, but it is really best for those in charge that morning to be able to do their duty. I am at fault myself so equally to blame!! so committee and spouses please abide with the rules.

So off we go into 2016 with plenty to do and occupy us and always remember if there is something of interest you think would benefit our U3A please let us know and we will see what can be done.

Keep enjoying your U3A and once again thank you all for your support.

Pearl.

From the Secretary

May I start by welcoming everyone, to what I hope will be, a Happy, Healthy and Prosperous 2016.

The Coffee Morning on Wednesday 16th December was exceptionally busy, probably because members were taking the last opportunity to hand out Cards to their friends. It was obvious from the general hub-hub that all were looking forward to the festive days ahead.

We were looking forward to another good attendance on the 23rd, this being our pre-Christmas Coffee Morning where mince pies and 'good will' would be dished out in abundance. It is now becoming general knowledge that we never close at this time of the year. As long as Christmas Day does not fall on a Wednesday we are open; a la the "Windmill Theatre" we never close! We learnt years ago that members who live on their own welcome the opportunity to meet up their colleagues who are similarly placed.

Reviewing 2015 I note there have been very few changes, we lost the Tuesday Art Group but gained a Wednesday Sewing Group, the Photographic Group, at present, is in a state of flux, more about that when we know something definite.

We have been approached by someone who is interested in forming a Ukulele Band similar to that at the Burnham U3A. These instruments have become very popular of late and to receive such an offer I feel is an opportunity not to be missed.

Apparently you do not have to know how to play because everyone would 'be in the same boat' it being a 'self-taught' group. So, if you are interested please let me (Ken Burston) know and I will get in touch with the volunteer so that he can get things moving.

Club News

Coffee Morning-----2nd March 2016

Please be advised that there will **NOT** be a Coffee Morning on Wednesday 2nd March, it has been confirmed that the “Highbridge Festival of the Arts” will again use the Community Hall during week the Monday 29th February until Friday 4th March 2016.

Drama, Speech and Dance will be held in Burnham at the Princess Theatre but Music competitions are now held BACK in Highbridge, where it all began.

Please try to support this Highbridge event!

Bereavements

In the Nov/Dec issue there was an article about this subject where we attempted to obtain the opinions of members regarding whether we “should or should not” announce the death of a fellow member.

Well, we did receive some feedback (not a lot) but the overall feelings appears to be ‘yes’ you would like to be informed. It is appreciated that although we are a relatively small U3A the majority of you don’t know the names of some of your colleagues; you see each other at Coffee Mornings and at Group meetings but that is about all.

Following the ‘survey’ the Committee agreed that in future we would act in accordance with the opinions of the majority.

It is therefore with sadness we have to tell you that member Joan Hansford, who had suffered over many months with cancer, died on Friday 27th November. Her funeral was held on Monday 7th December at the Sedgemoor Crematorium.

We offer our sincere condolences to Joan’s husband Mike and family.

Xmas Hamper

The generosity of our members knows no bounds, whether it be cash for worthy causes or goods for raffles, etc.

The 2015 Xmas Hamper Raffle produced an even greater response to that of 2014, then we were able to provide a hamper and 6 supplementary baskets all filled with Christmas fare. For the 2015 raffle there was, again, the large hamper plus EIGHT extra baskets; resulting in the lucky recipients going home with lots of festive goodies.

The lucky people were:

Overall winner: - - - Ron Fulcher

Minor prizes: - - - - Nita Brown, Valerie Cox, Stan Vousden-White,
Sybil Tilley, Chris Winter, Rachel Vousden-
White, Ros Thomson and Helga Hand.

By-the-way, the total monies donated at recent raffles was £119.00.

Legal Helpline

In the last issue there was advice concerning the Third Age Trust's Legal Advice Line; please note that I have now received further details.

- a) The helpline is operational 24/7 and is covered by a specialist team of advisors.
- b) It is backed by all departments within Irwin Mitchell Solicitors who are the new providers.
- c) Also, if you should ever need to contact them and they ask for an 'insurance number' say you are a member of the U3A of Highbridge and that you do not have a number.
- d) Finally, if and when you use the service please let the Third Age Trust know so that they may review its usage and decide if to renew it for another year.

To access the Helpline call 0344 770 1040 and quote "U3A Legal Helpline".

Welfare of colleagues

With the onset of Winter and, if we are to take any notice of the forecasts, we can expect there to be some rough weather to come during the next 3 months or so. Bearing this in mind we thought it would be a good idea for the members, who are fit and sprightly, to look out for their colleagues who are not so fortunate.

This note is not just relevant to Coffee Mornings and Group Activities but is meant as a general reminder that some of your colleagues may need a little help on many other occasions, because: - There are some members who,

- a) Don't drive and are not handily placed to catch a bus; that is if they happen to live on a bus route and there is a bus.
- b) Also, if and when the weather gets a bit too rough, they may need to get to a super market. We are not expecting members to lay on a taxi service but a quick phone call to see if they require a little shopping would not go amiss.
- c) Another regrettable chore these days is a visit to the doctors, or even to collect a prescription; if you know of a colleague that is so placed, see if you can help them out.

The University of the Third Age, we are told, 'is for people who want, amongst other things to keep active in mind and body, that 'Learning is for life- - - -Life is for Learning'. We feel it also makes an amazing difference when everyone helps everyone else; if it's not fun, it's not U3A.

So if we take the latter to heart let's consider helping others; one day we may be in similar circumstances.

Annual Lunch

At

The Beachcomber Inn, Brea**Wednesday 9th March 2016**

12.00 am for 12.30 pm

Menu**Main Course:****Traditional Roast Topside of Devonshire Beef****Local Roasted Somerset Turkey****Vegetarian Nut Roast (Blend of nuts, cous cous, etc.)**

All served from their renowned carvery with a selection of cooked seasonal vegetables and potatoes together with usual accompaniments.

Desserts:**K Apple Crumble****L Fresh Fruit Salad****M Raspberry Pavlova****N Cheese Platter, Cheddar, Brie, Etc. with biscuit selection****Coffee & after Dinner Mints****Booking :- (Please book after 27th Jan and before Wed 24th Feb.)****Price: - Members: £10.00 Guests: £13.50****Name.....Plus guest Yes/No Paid.....****My choice from menu is:****Main Course 1 2 3****Dessert K L M N**

**“DANGERS IN THE
HOME”**

on

Wednesday 27th January 2016

the

**DEVON & SOMERSET
FIRE & RESCUE
SERVICE**

Will be giving a talk on ‘safety in the home’ as it applies to the older person.

The talk will be from 11.00 to 11.45 am

The Fire Brigade is arranging to visit all local U3A’s in order to provide examples of what hidden dangers there are in the home and how best to deal with them. Their aim is to ensure your safety and that of your families.

Trip Write-Ups

Forde Abbey

To see a shining brass chest, that once contained the family treasures, sat beside a blazing log fire was a wonderful welcome into the Great Hall of the Monastery (Forde Abbey). The building immediately gave a feeling of warmth and welcome to the visitor, a very homely atmosphere.

The Roper family have owned the Abbey for 300 years; it is currently occupied by five family members. Some of our members were told that bedrooms on show are occasionally occupied by the family's visitors, having modern mattresses under the covers.

The Restaurant, which is in part of the Abbey, serves excellent food using many home grown products. Its entrance door, requiring a strong man or two strong women to open it, caused quite a few laughs! Adjacent to the Restaurant is the pottery that contains some beautiful items, not, however, pocket money prices.

We were extremely lucky that Vour picked the Autumn to visit, because we were able to see the lovely Autumn colours on the trees. The gardens are really well looked after, with a fountain, waterfall, and bog garden. It would be interesting to visit again in the Spring time when the new spring plants are appearing. To think this lovely place is on our doorstep and many of us had not previously been there!

Thank you Vour for what was a great day out.

Fay

Group Activities

Monday

Week	Time	Group	Venue	Leader	Tel
1st	10.00 to 12.00	Card Making	S.H.	Rose Bateman	795906
1 st & 3 rd	2.00 to 3.30	Kurling	C.H.	Stan Vousden- White Sybil Tilley	781567 787054
3 rd	10.00 to 12.00	Beading	P.H.	Rose Bateman	795906
2 nd & 4 th	10.00 to 11.30	Calligraphy	S.H.	Ken Burston	782529
Last	2.00 to 3.30	Creative Writing	P.H.	Linda Knight-Rees	783081

Tuesday

Week	Time	Group	Venue	Leader	Tel
1 st & 3 rd	2.00 to 4.00	Mosaics	P.H.	Alison Joyce	784633
Every	2.15 to 5.00	Board Games	G.H.	Betty Worthy	795823
Every	10.00 to 12.00 2.00 to 4.00	Patchwork / Quilting	P.H.	Ann Lismore	787607

Wednesday

Week	Time	Group	Venue	Leader	Tel
1 st & 3 rd	2.00 to 4.00	Music Apprecia- tion	P.H.	Sylvia Shepherd	780377
2 nd & 4 th	2.00 to 4.00	Sewing Group	C.H.	Pearl Price	793954
3 rd	2.00 to 4.00	Card Making	S.H.	Rose Bateman	795906
4 th	10.00 to 12.00	Photography	C.H.	Kevin Gainford	789374

EVERY WEDNESDAY: 10.00 to 12.00 COFFEE MORNING

Group Activities

Thursday

Week	Time	Group	Venue	Leader	Tel
2 nd , 4 th & 5 th	2.00 to 4.00	Barn Dancing	M.C.H.	David Napper	792371
Every	1.30 to 4.00	Art	S.H.	Jean Berry	785840

Friday

Week	Time	Group	Venue	Leader	Tel
1 st & 3 rd	11.30 to 1.00	Skittles	C.I.	Philip Buoy Betty Worthy	783647 795823
2 nd & 4 th	10.00 to ??.??	Strollers		Self-Regulating	792529
5 th	10.00 to ??.??	Somerset Villages		Bernard Martin	787230

Occasional

Weekdays	Activity	Contact	Tel
Thursdays	Away Days	Vour Orchard Carole Loveridge	788984 780060
Thursdays	Luncheons	Pat Clipstone	788128
Saturdays	Theatre	Diane Barnard Brenda Clapp	781009 787963
Varies	Holidays	Diane Barnard Brenda Clapp Gloria Brown	781009 787963 785359

Legends

S.H. Southwell House	C.H. Community Hall
P.H. Private House	G.H. Gospell Hall
M.C.H. Methodist Church Hall	C.I. Crossways Inn

Should you wish to join a Group please first contact its Leader.

Crossword #8 Answers

ACROSS

1. Tablets
5. Gulp
7. Tar
8. Laminate
9. Nears
10. Eden
13. Rung
14. Ugly
18. Eels
19. Liszt
21. Exercise
22. Nut
23. Keys
24. Hothead

DOWN

1. Titanium
2. Barnacle
3. Enlist
4. Summer
5. Gander
6. Late
11. Nuisance
12. Agitated
15. Years
16. Isaiah
17. Albert
20. Axle

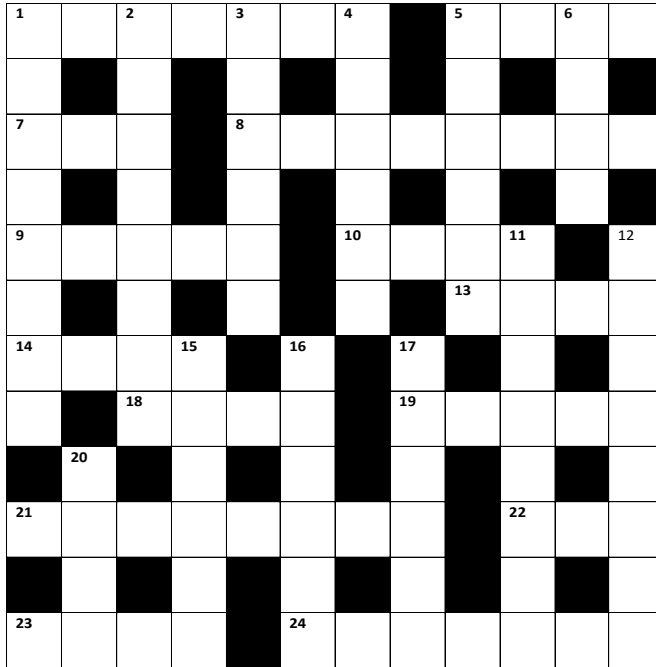
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Crossword #9**ACROSS**

1. Vegetable (7)
5. Subsidies (4)
7. Tree (3)
8. Nobleman (8)
9. Vital organ (4)
10. Target (4)
13. Cooking grease (4)
14. Pubs (4)
18. Bond (4)
19. Musical drama (5)
21. Crypt (8)
22. First rate (3)
23. Island off Scotland (4)
24. Omen (7)

DOWN

1. A hip clan [anag] (8)
2. Act of conducting oneself (8)
3. Grammar (6)
4. US naval rank (6)
5. Relating to flowers (6)
6. Number of players in a baseball team (4)
11. A cat reel [anag] (8)
12. Bordering (8)
15. Scandal (6)
16. Regain (6)
17. Type of airplane (6)
20. Save money (4)

Solutions next issue

Group News

The Skittles Group ended their year with an enjoyable Christmas lunch at the Crossways Inn. This was preceded by a game and the end of year awards.

Congratulations go to Bernard Martin for receiving the leading player of the year cup and Barbara Buoy for the leading lady player of the year.

Denise Godby won the cup for the highest score on awards day.

We meet again in the new year starting on 15th January at the Crossways Inn, the 1st and 3rd Fridays of the month, between 11-30 and 1-00 and look forward to seeing any new members who would like to join us.

Philip Buoy.



The new Sewing Group was shown incorrectly in the last magazine as being on the 2nd Wednesday of the month only. The Sewing group is in fact held on the 2nd AND the 4th Wednesday of the month. This has been corrected in the centre pages.



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Member Contributions

I was looking up Bath Christmas Market on the internet prior to visiting with our U3A, I saw there was a Facebook page so went on there & ticked the question 'who's going?'.

In a short time I received a message from Radio Bristol asking if I would agree to being interviewed by the morning programme, as they were doing a special programme on the Christmas market & they wanted to speak to people that were coming from various places.

I replied stating I would do it, but questioned if they would want me as I'm an oldie & have a fairly broad Somerset accent!! They came straight back & said I seem just what they want and arranged to telephone me on the Wednesday afternoon.

I went off to coffee morning on the Wednesday feeling quite a celebrity & shared the news with my friends that I was to be on the Radio!

When I got home I was on tenterhooks waiting for the phone to ring when it did I spoke to a very pleasant man who briefly asked various questions & asked me to be ready by the phone at 8.25 the next morning to receive the call to go on air.

Dead on 8.25 the phone rang & when I answered it was explained that the programme would be relayed over the phone to me & I just had to listen & wait until I heard ' We now have a lady, Diane Barnard from Burnham on Sea who is going to Bath Christmas Market today on a coach with friends from Highbridge U3A. They asked me how many were going & what we intended to do & if I had

been before. I made sure I gave another mention to Highbridge U3A & said what a good Club it is, I made them have a giggle when I said there is a coach load of oldies waiting to descend on Bath with our full purses to live it up!

My husband missed hearing it as I had thought it would also be on Somerset Sound but it wasn't! We then managed to find Radio Bristol on our TV and we're pleased to hear it repeated at 9am.

I went off to catch the coach at 9.15 & was pleased to let my friends know of my new found fame.

Di Barnard

Jenny's Sewing Service

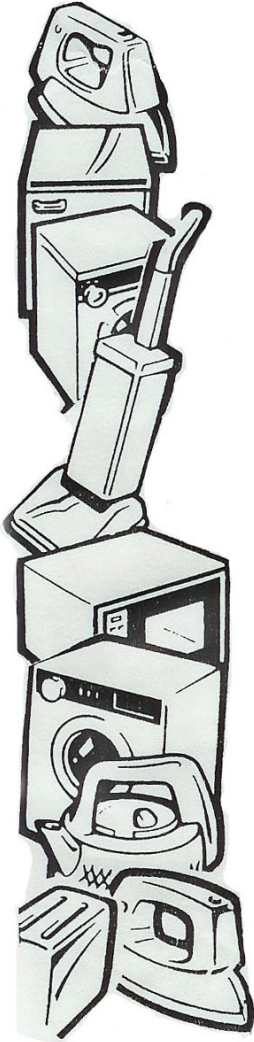
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Away Days

There are no Away Days in the months of January and February 2016. Details of Away Days in March and April 2016 will appear in the next magazine.

Vour has produced a list of attractions for the coming year and these are shown in the Calendar on the back page. Those marked (*) have yet to become formal bookings; their booking offices are closed over the winter, Vour will confirm or otherwise in due course. Prices, times etc. will be published when available.

If you are keen to visit the venues it is suggested you advise Vour p.d.q. because names are being taken and they may be fully booked before you realise it.

Joke Corner

In a Catholic school cafeteria, a nun places a note in front of a pile of apples, "Only take one. God is watching." Further down the line is a pile of biscuits. A little boy makes his own note, "Take all you want. God is watching the apples."

Did you know—you can now buy Viagra Tea Bags? It does nothing for your sex life, but it does stop your biscuits going limp.

Monthly Draw

October 31st 2015	No 16	Eunice Cox and Barbara Croker
November 28th 2015	No 18	Philip Buoy, Di Barnard and Kath Taylor
December 26th 2015	No 20	Mary Akers and Kit Partington

Each received £20.00

Sharon Elliott

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Calendar

<u>Date(s)</u>	<u>Details</u>	<u>Cost</u>
2016		
Jan 16th—Jan 20th	Holiday: Bournemouth (SOLD OUT—reserve list only)	£105.00
Jan 27th	Dangers in the Home by Devon & Somerset Fire & Rescue Service (11.00 to 11.45) at Highbridge Community Hall	Free
Mar 24th	Away Day: Willows Wetland Centre Tour + Buffet	£TBD
Apr 21st	(*) Away Day: Rosemoor Gardens, Devon	£TBD
May 26th	Away Day: Paignton, Devon	£TBD
Jun 6th—Jun 10th	Holiday: Isle of Wight (Pre-booking from October 7th 2015 only)	£210.00 (single supplement £10)
Jun 23rd	Away Day: St Fagans Museum, Wales	£TBD
Jul 28th	(*) Away Day: Tewksbury Canal Boat	£TBD
Sep 22nd	Away Day: Weymouth	£TBD
Oct 20th	(*) Away Day: Sudely Castle, Gloucester	£TBD
Nov 24th	Away Day: Gloucester Quays	£TBD

Cheques to cover payments for all “Away Days”, Theatre trips and Holidays must be made payable to “U3A of Highbridge Social Account”

Please also add your name, address and phone number on the reverse of the cheque, this: -

- a) helps to identify you on the passenger list, and
- b) If a trip is cancelled you can be notified quickly.