



THE UNIVERSITY OF THE THIRD AGE



U3A of Highbridge Magazine

www.u3ahighbridge.org.uk

Issue 105

Mar/Apr 2019

Your Committee

<u>Position</u>	<u>Name</u>	<u>Tel</u>
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Vice-Chairman	Rod Downing	01278 256895
Secretary	Janet Preddy	01278 783743
Assistant to Secretary	Audrey Downing	01278 256895
Treasurer	Alison Joyce	01278 784633
Membership Secretary (co-opted)	Barry Ede	07779 793463
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	Carole Loveridge	01278 780060
	Pete Manning	01278 780203
	Barbara Croker	01278 780260
	Bernard Martin	01278 787230

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Chris Winter, Oliver Cox, Thelma Tripp, Marion Wright
and all who give a hand!

Next Magazine Deadline:

Tuesday April 23rd 2019

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Chairman's Message

Hello everyone,

It seems like only yesterday that I wrote my last letter. How time flies! It's so nice to see the spring flowers and the days getting longer. The recent sunshine certainly lifts the spirits.



As you are aware we have our Annual Dinner at the Beachcomber on 20th March which is always a nice sociable event. If you haven't told Janet that you wish to go please let her know as soon as possible.

As I mentioned last time, I will be standing down as chairman this year and will be relinquishing my place on the committee on which I have served a number of years. It would be great to have some new committee members. If you are willing to see what makes us tick, please fill in the form in this magazine in order to have your name put forward.

Our membership is growing nicely and it is nice to see new faces coming through the door.

Happy Easter to you all.

Vour Orchard

Chairman



Club News

Reminders

There will be no Coffee Morning on Wednesday 13th March 2019 due to the hall being used for the Highbridge Festival of the Arts week.

Also the membership form (that can be found at the back of the magazine) needs to be completed for all members wishing to re-join the U3A for another year.

Tuesday Club

It is not often that a write-up is received that reports on a Group's activity, so it was refreshing to receive the following letter from a Group Leader.

Permission was granted for it to be published in the magazine.

Tuesday Club is known as "Board Games" in the magazine; I feel as its leader I should tell you what a kind and caring group of ladies, they all are. The title "Board Games" reads uninteresting in the magazine.

"Tuesday Club" I will tell you about it:-

We meet in the Gospel Hall on a Tuesday. One Tuesday we start with a quiz, supplied by a member; sometimes they are easy (ha ha). The next Tuesday it will be gentle exercises, led by another member, that are suitable for our age group. Halfway through the afternoon, tea and biscuits is served by two members, two other members wash up, etc.

When it is our birthday, we bring a cake to share and give birthday cards. I have just celebrated a '90' birthday. I was given, by my members, a beautiful white plant, beautiful cards and birthday cake, with candles. Now you can see what a lovely group they are, I am so happy to be their leader.

I just wanted you all to know life is so good to me, with all my family and friends.

God Bless,

Pat Gray

Historic note: The Board Games Group was one of the first that was formed back in 2000, it has always been held in the Gospel Hall, just off Old Burnham Road, its Leader, as you can see is now Pat Gray. Pat has been a member of this U3A since 2002, and, with Vi Chick, (founder member) been a regular member of this Group since its start. Betty Worthy was its first Leader, then it was perhaps better known as the Scrabble Group, however, they did, eventually, decide to expand their abilities to include a few additional games, including “Upword”, “Tri-amino” and others. The Group now also includes a quiz and, I believe, did once do a few exercises, very easy ones of course!

Betty continued as its Leader until her death in 2016, when it became necessary to find a new leader.

Pat was loath to take the job on, but with a bit of persuasion, eventually agreed, and, as can be seen, has enjoyed the experience.

Thank you, Pat, for doing a very worthwhile job, we know that all your colleagues greatly appreciate your dedication.

(The Group’s attendances are good, usually about 12, a nice manageable number, and, as you can see from the letter, they are all ‘good friends’.

Theatre Group

The Theatre Group is back after the sad death of the previous group leader Ann Cross. The new group leader is Pete Manning. Pete can be contacted on 01278 780203.

THREE IMPORTANT QUESTIONS TO EVERY MEMBER!

1. 'Stranger on the Shore' was a piece of music written for which instrument?
2. Which TV advert featured 'Buzby, a Feathered friend'?
3. Which word connects this pair of words ---- TRAFFIC . .(???) .. JAR

These three questions were actually asked at one of our recent monthly quiz evenings in the hall. Not that difficult was it? (in case you need them, the answers are given on page 24).

As one of a team of four, the answers to all the questions can usually be worked out between you, because what YOU don't know (or can't remember), the chances are that one of the other members of your team can, if not, then it's fun discussing it and trying to work them out.

Although not a U3A activity, the majority of those who attend our quizzes are U3A members who you will recognise or know. We meet up every fourth Thursday of the month (**next one is on March 28th 2019**). The proceeds for the evening go to the Community Hall, so in fact, we all end up benefiting from it!

Forget 'Mastermind', 'University Challenge' or 'Only Connect' it's just not like that! Our quizzes are light hearted. So why not come along one evening and join in the fun, because it is fun! Don't worry if you cannot come as a team of four because there will be others there happy and willing to make up a team with you.

Bring your own snacks (and alcoholic drinks should you wish). Nuts & crisps are supplied on each table, tea and coffee is always available during the interval.

We start at eight and usually finish just after ten o'clock. The cost is £2.00 per person and there are prizes for the winning (& losing) team.

We look forward to seeing you there!!

For more information then please contact Vour who will answer your questions! . . .

(I don't mean the quiz questions on the night by the way!!)

Annual General Meeting 2019

The 2019 Annual General Meeting of the U.3.A. of Highbridge will be held on Wednesday 8th May at 10.30 am in the Highbridge Community Hall; all members are invited to attend. The business of the A.G.M. shall include the following:

Agenda

1. To receive Apologise for Absence.
2. To adopt the Minutes of last Meeting
3. To consider any Matters arising from minutes
4. To receive the Chairman's Report
5. To receive the Treasurer's Report
6. To approve the appointment of an Examiner
Of the Accounts
7. To appoint Tellers if required
8. To elect up to 10 members of the Management Committee
9. To consider other Any Other Business
10. Date of next Meeting

All fully paid up members are eligible to attend and vote, if it is your intention to attend and have your say, please renew your membership before the meeting.

Members of the previous Management Committee are required to retire at the end of the U3A year; it is therefore necessary for us to elect a new Committee.

Candidates for Election should be 'Nominated and Seconded' on the Nomination Form included with this Magazine. Further copies may be obtained upon request from a Committee member.

U3A of Highbridge

Nomination Form

I wish to nominate the following member for election to the Management Committee at the A.G.M. on Wednesday 8th May 2019

Name of member nominated

I agree to stand for election to the Management Committee of the U3A of Highbridge, and thereby, if elected, to become a Trustee of the Charity.

Signature of nominated member

Date

Name of Proposer

Seconded by signature

Date

This nomination form, when completed, should be sent to:

The Secretary, U3A of Highbridge

- 1) Proposer and Secunder cannot be a current Committee Member or Officer of the U3A of Highbridge
- 2) If there is a contest, the election shall be decided by a secret ballot.
- 3) If at the A.G.M. there are insufficient candidates standing to fill the Committee vacancies, the Chairman of the meeting may, as a last resort, appeal for any willing member present to agree to stand.

Members Contributions

Mosaics – a personal account by Paula

I have toyed with the idea of “having a go” for a long while and the display at our open day inspired me to take myself in hand and get organised. I checked that there was room in the group and received assurance there was. I was given the date of the next session and the address of the venue, which is a private home.

On the appointed day I pulled my car onto the drive feeling a little apprehensive, like the first day at school. Alison, the group leader, had also just arrived and took me in to a beautiful conservatory where the magic takes place.

I had assumed, as I had no equipment or supplies I would sit, watch and take instruction as to what to get for next time but no, the group gave me a back and enough tiles to create a pretty green and blue pot stand. Alison’s instructions were



clear and helpful and I was delighted with my modest success on my first day. I also received much help and advice as to how to plan a project and where to get supplies. Learning to cut tiles properly is my next challenge and then, if I can master it, I will try to get my teeth into some larger work. I am very grateful for the warm welcome and kindness I received.

Photos from the Kurling Club's New Years party on Monday
14th January 2019



Spring by Sylvia Shepherd

Seasons pass, for now it's spring
and Earth begins to stir.

Quiet magic is afoot,
as if old Merlin were
to hold aloft his baton,
with expectations high,
waving in a fresh new spring,
in the twinkling of an eye.

Her kiss is on the bursting buds,
her laughter in the trees.
She smiles to warm the snowdrops,
jostling in the breeze.

Those tears she sheds with modesty,
will make the garden grow.
For dainty spring is leaving,
she's heading North I know.

Farewell, sweet spring, days hurry by.
you've left us lots to do.
Summer will soon be coming in,
until next year, adieu.

Monthly Draw

December 22nd 2018	No. 31	Rod Downing, Janet Preddy & Jayne Alford
January 19th 2019	No. 45	Janet Holderness & Sybil Tilley
February 16th 2019	No. 12	Ann Puddy and Kit Partington

Each received £25.00

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Please feel free to contact: ---- F. J. Hales

Home: - 01278 788247 - - - Mobile: - 07939.664538

For friendly, no obligation advice/estimate.

Group Activities

Monday

Week	Time	Group	Venue	Leader	Tel
1 st	10.00 to 12.00	Card Making	S.H.	Rose Bateman	795906
2 nd & 4 th	2.00 to 3.30	Kurling	C.H.	Stan Vousden-White	781567
4 th	2.00 to 4.00	Beading	P.H.	Rose Bateman	795906
2 nd & 4 th	10.00 to 11.30	Calligraphy	S.H.	Ken Burston	782529

Tuesday

Week	Time	Group	Venue	Leader	Tel
1 st & 3 rd	2.00 to 4.00	Mosaics	P.H.	Alison Joyce	784633
2 nd	2.00 to 4.00	Photography	S.H./ AWAY	Pete Manning	780203
Every	2.15 to 5.00	Board Games	G.H.	Pat Gray	786905
Every	10.00 to 12.00 2.00 to 4.00	Patchwork / Quilting	P.H.	Ann Lismore	787607

Wednesday

Week	Time	Group	Venue	Leader	Tel
3 rd	2.30 to 4.30	Card Making	S.H.	Rose Bateman	795906

EVERY WEDNESDAY: 10.00 to 12.00 COFFEE MORNING

Thursday

Week	Time	Group	Venue	Leader	Tel
2 nd , 4 th & 5 th	2.00 to 4.00	Barn Dancing	M.C.H.	David Napper	792371
Every	1.45 to 3.45	Art	S.H.	Ken Burston	782529
Every	2.00 to 4.00	Table Tennis	C.H.	Carole Loveridge	780060

Group Activities

Friday

Week	Time	Group	Venue	Leader	Tel
1 st & 3 rd	11.30 to 1.00	Skittles	L.I.	Philip Buoy	783647
3 rd	10.00 to ??.	Walking		Audrey & Rod Downing	256895
2 nd & 4 th	10.00 to ??.	Strollers		Self-Regulating	792529
5 th	10.00 to ??.	Somerset Churches		Bernard Martin	787230

Occasional

Weekdays	Activity	Contact	Tel
Wednesdays	Luncheons	Pat Clipstone	788128
Thursdays	Away Days	Vour Orchard Carole Loveridge	788984 780060
Saturdays	Theatre	Pete Manning	780203
Varies	Holidays	Christine Owen	784500

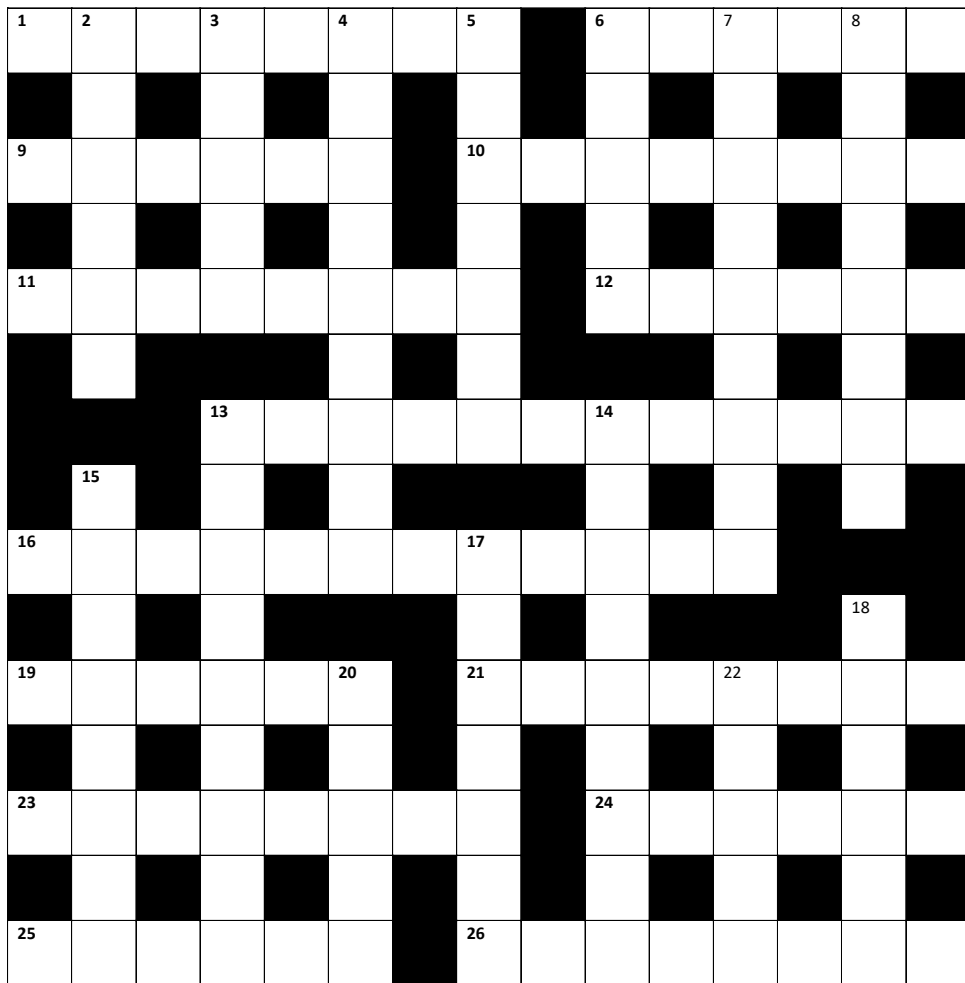
Changes since last issue are highlighted in yellow.

Legends

S.H. Southwell House	C.H. Community Hall
P.H. Private House	G.H. Gospell Hall
M.C.H. Methodist Church Hall	L.I. Lighthouse Inn

Should you wish to join a Group please first contact its Leader.

Crossword #27



Crossword #27 Clues

ACROSS

1. Scale between two points (8)
6. Remodel (6)
9. Mishmash (6)
10. Repulsive (8)
11. Impasse (8)
12. Showed agreement (6)
13. Children's toys (8, 4)
16. Most ace bulbs [anag] (12)
19. Repeated tapping (6)
21. Foolish (8)
23. Bad sting [anag] (8)
24. Frozen ice (6)
25. Leaden (6)
26. Annihilates (8)

DOWN

2. Stoppage (6)
3. Confined (5)
4. Eloquence (9)
5. Dwarf (7)
6. Agitate (5)
7. Sent a code [anag] (9)
8. Zanotti—fashion designer (8)
13. Aged boast [anag] (9)
14. Cancelled (9)
15. Band member (8)
17. Charged (7)
18. Boys name (6)
20. Equipped (5)
22. More arid (5)



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More Members Contributions

Winter Strolling

The last stroll of 2018 was between the Christmas and New Year bank holidays and our numbers were few. As Brent Broad had been gravelled down during the summer we thought it would be OK to walk, we were sadly mistaken! Beyond the farm the track had been churned into a mud pit so we abandoned that and took a turn around Shelley Drive/Coleridge Gardens. The next abortive attempt was to have coffee in the Princess but it was not open, plan 2 was deployed and Bay View Café had our patronage. To end on a positive note, at least we got some air, exercise and company.

First walk of 2019. There had been the occasional sunny day since Christmas, today was not one of them but it was dry and calm and as our lunch was booked at Sweet's (more of that later) we set off for Westhay NNR. We were delighted that Bernie was recovered enough to join us, travelling with Keith, and Diane had bravely decided to give it a go. Perhaps Mary, Bernie, Diane and I should start a sub group called "the walking wounded"! Unfortunately one car in our convoy went to Catcott, thank goodness for mobile 'phones! So finally all together we began to stroll. Some turned to the 1st hide, others walked on along the main drove and I, as contrary as ever, went to the island hide. I could hear rustling in the reeds but could not catch sight of the creatures. A helicopter went over and panicked a young swan who came crashing across from the pond behind me. That excitement over I wandered back and joined Diane who was resting on a handy seat. A large flock of lapwing flew over while we were there. The main group meanwhile were out of sight, making friends with some sheep. Whether they (the sheep) had escaped or were on duty as scrub clearance I don't know. We reassembled in the car park and

drove to Sweet's for a pre-lunch coffee.



Photo by Audrey

Keith had organised our New Year lunch, two courses with the option for a dessert. I was spoilt for choice as I liked both the soups on offer, both were judged to be very good. The turkey main course was tasty and plentiful with a nice range of veg. I followed with delicious apple pie and cream, which the chef assured me was calorie free. Thank you to Keith and the staff at Sweet's.

On the last walk in January, nine of us set off for Cheddar Reservoir. During the journey a huge black cloud settled over our destination but the sun was bravely battling to put in an appearance. On arrival the cloud was to our left so we decided to walk anti-clockwise taking advantage of the sun. The theory being if we got wet it would be at the end of the

walk. Bernie and I did not walk too far before we turned back letting the others take the strain. There were many different ducks on the water, Mallard, Teal, a solitary Mandarin and possibly two Shovelers. While waiting for the others to return several people turned up with tripods and big telescopic cameras so there may have been something exciting that I missed! We returned to Ollies.

February fill dyke, though why it had to fill them so aggressively on the Friday of our walk I don't know! We decided to stroll under cover so went to Sanders to while away the time. It is always expensive for me to set foot in a garden centre but hopefully the camellia will look lovely by the back door. We then retreated to Ollies, by the long route as you have to go back to the Edithmead roundabout to turn right. It would have been quicker, but wetter, to walk.

I take back all I said about wet February, the second half had turned unseasonably mild, though the sun was not putting in its daily appearance until lunch time. We set off for Uphill and tackled the river bank opposite the marina. The berms between us and the channel were very marshy, due probably to the high spring tides, but the path was passable. I walked to the River Axe where I turned back and left my companions to carry on towards Uphill beach. They returned surprisingly soon. Apparently they found the path became very muddy a short way on and so they also turned back. Note for the future, dry weather and neap tides required for this walk. Two of our number went to find some coffee at the pub and the rest of us retired to Ollies.

I shall now sign off for a few weeks, so you can all have a rest from my waffle for a while.

Paula.

Group News

Photography Group

An update regarding our photography group:

At our meeting at Southwell House, 12th February 2019, it was decided that in future we will only be meeting at Southwell House every other month, February, April, June, August, October and December.

However, January, March, May, July, September and November we still be holding a meeting of a kind, as we will be out and about on a photoshoot.

For the March photoshoot we will be meeting in Axbridge Square at 14.00, seeking worthy points of interest for our cameras, if time allows we will move on to Cheddar.

We will view each others photographs at the following months meeting at Southwell House, again meeting at 14.00.

Kilv Beach, Maunsel Locks, Bridgwater Docks are a few of the venues suggested, any other suggestions would be appreciated.

Regards to all.

Pete.

—oOo—

U3A OF HIGHBRIDGE PHOTOGRAPHY GROUP



Why not come along and share your photographs, whether taken on camera, phone or i-pad.

No digital -enhancements – no competitions – just fun and enjoyment

2nd Tuesday of each month – 2 pm

February, April, June, August, October, December at Southwell House.

January, March, May, July, September, November on location
phone the group leader for details 01278 780203



Away Days

Hestercombe Gardens — March 28th — £18.50

Hestercombe House & Gardens lies at the foot of the Quantock Hills. It has a unique combination of three centuries of garden design with Bampfylde's landscape garden and Victorian terrace, and the stunning Edwardian garden designed by Sir Edward Lutyens and Gertrude Jekyll.

There is a restored 17th century water mill and fifty acres of tranquil woodland walks with lakes, temples and cascades. The house was once occupied by the Fire Service, but is now owned by a charitable trust to preserve its uniqueness. There is a bright cheerful stables café, gift shop, plant sales and art gallery.

Bowood House — April 25th — £20.00

Bowood House is a Grade 1 listed Georgian country house with interiors by Robert Adam and gardens designed by Lancelot "Capability" Brown.

There are terraced and walled gardens, plus an arboretum with a vast collection of trees which leads to a mile long lake. The Stables Restaurant and Tree House Café are open daily for hot and cold food. There is a picnic area with seating if you wish to bring a packed lunch.

Details for all future trips have been updated in the Calendar on page 26.

Crossword #27 Answers

ACROSS

1. SPECTRUM
6. CHANGE
9. JUNGLE
10. NAUSEOUS
11. DEADLOCK
12. NODDED
13. SPINNING TOPS
16. COMBUSTIBLES
19. PATTERN
21. CHILDISH
23. DINGBATS
24. ICICLE
25. STODGY
26. DESTROYS

DOWN

2. PAUSES
3. CAGED
4. RHETORIC
5. MANIKIN
6. CHURN
7. ANECDOTES
8. GIUSEPPE
13. SABOTAGED
14. NULLIFIED
15. VOCALIST
17. ACCUSED
18. ASHLEY
20. READY
22. DRIER

The answers to the three quiz questions on page 6 are:-

(1) Clarinet.- - (2) B.T. -- (3) Jam

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Calendar

<u>Date(s)</u>	<u>Details</u>	<u>Cost</u>
2019		
March 28th	Hestercombe House & Gardens	£18.50
April 25th	Bowood House, Wiltshire	£20.00
April 27th — May 1st	Holiday: Newquay	
June 20th	Rosemoor	£20.00
July 17th	Exmouth & Jurassic Coast Boat Trip	£22.00
August 8th	Sidmouth	£15.00
August 31st — September 4th	Holiday: Isle of Wight	From £244
September 26th	Bennetts Water Gardens	£18.00
October 24th	Bodenham Arboretum	£18.00
November 28th	Bath Christmas Markets	£10.00

Cheques to cover payments for all “Away Days”, Theatre trips and Holidays must be made payable to “U3A of Highbridge Social Account”

Please also add your name, address and phone number on the reverse of the cheque, this: -

a) helps to identify you on the passenger list, and

b) If a trip is cancelled you can be notified quickly.

U3A of Highbridge

Application for Membership

Membership of a U3A, which is self-help educational and social organisation, is open to all in their third age, which is not defined by a particular age but by a period in life in which full time employment has ceased

I(Title & Full Name)

Address.....

Postcode..... Telephone No (01278-)

Mobile..... Email.....

The Annual Membership Fee of £ 9.00 includes a fee of £3.50 per capita which is paid to our National Organisation, The Third Age Trust, which provides a wide range of services, benefits, and includes liability insurance cover. This fee, paid yearly, is from 1st April until the end of March the following year.

Terms and Conditions of Membership

All Members must:

- Abide by the Aims and Guiding Principles of the U3A movement.
- Always act in the best interests of the U3A and never do anything to bring the U3A into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times.
- Comply with and support the decisions of the elected committee.
- Advise the committee of any change in your personal details.

During my membership I confirm that I will abide by the terms of membership as stated above.

Signature of Applicant..... Date.....

Please return completed form, with your subscription of £9.00 to the Membership Secretary--Cheques to be made payable to U3A of Highbridge

.....
 PRIVACY STATEMENT. Your personal details will be held on a secure database and will be used solely for purposes of administration and the communication of U3A matters. They will not be supplied to an outside agency or party unless you have paid to receive the 'Third Age Matters' directly mailed.

The Club produces 6 bi-monthly magazines per year free of charge; these may be collected at the Coffee Morning held every Wednesday (10.00 am to 12.00 am) at Highbridge Community Hall.

NB If a member is not able to collect the bi-monthly magazine or have it collected for them and wishes the magazine to be posted to them an extra charge of £4.00 is required to cover postage.

Office use:

Memb No Amount paid..... Dual member (..... U3A)

Privacy Statement

The new GDPR (Data Protection) requirements come into force in May 2018. As a Registered Charity, we need to have your explicit permission to retain the information we hold about you.

The information we keep is limited to that which is on the reverse side of this form, that is to say:

- Your name and address(essential),
- Your email address (if you have one),
- Your telephone number(s),
- Your emergency contact details (optional)

This information is a condition of membership of the U3A of Highbridge and we need it to identify you as a member and to communicate with you. In addition, we may record your membership of U3A Groups and activities, or your presence on a waiting list for an activity.

We do not retain any information defined as ‘Sensitive Personal Data’.

We process your data by:

- Using it to communicate with you, and to keep you informed about U3A activities.
- Maintaining Attendance registers, Waiting Lists, Booking and Contact Lists etc. in connection with U3A travel and other activities.
- Using it to validate your attendance and voting rights at General Meetings.

We will not transmit your data to anybody outside U3A without your explicit consent, except to the Third Age Trust if you subscribe to a magazine or to HRMC for the purpose of claiming Gift Aid if applicable.

We will not retain your personal data for longer than one year after you cease to be a paid-up member of the U3A of Highbridge, except as may be prescribed by HRMC for Gift Aid records. Other than that, if you cease to be a member, you have the right to have your personal information deleted immediately by notifying the Membership Secretary.

☐ I agree that my personal data can be stored and processed as described above.

☐ I do not agree that my personal data can be stored and processed as described above.

Gift Aid Declaration

As a UK tax player, I would like the tax to be reclaimed on any eligible donation or membership subscriptions I have ever made or will make to the U3A of Highbridge until further notice. I confirm that I pay an amount of UK income tax or capital gains tax at least equal to the amount of tax the U3A of Highbridge will claim.

Signature.....