

Of Highbridge
u3a learn,
laugh,
live



U3A of Highbridge Magazine

Registered Charity No: 1184925

[Website: www.u3ahighbridge.org.uk](http://www.u3ahighbridge.org.uk)

Issue 117

Mar/Apr 2022

Your Committee

| <u>Position</u> | <u>Name</u> | <u>Tel</u> |
|---|------------------|--------------|
| Chairman | Rod Downing | 01278 256895 |
| Vice-Chairman | Allen Owen | 01278 784500 |
| Secretary | Audrey Downing | 01278 256895 |
| Treasurer | Carol Marriott | 01278 795773 |
| Membership Secretary | Barry Ede | 07779 793463 |
| Group & Events Co-ordinator | Denise Godby | 01278 238526 |
| Assistant Membership Secretary | Neil Scott | 01278 428422 |
| Charity Commission Co-ordinator | Carole Loveridge | 01278 780060 |
| North Somerset Association Representative | Paula Cook | 01278 789960 |
| Committee Member | Diane Scott | 01278 428422 |
| Committee Member | Bernard Martin | 01278 787230 |
| Committee Member | John Ellis | 01278 685483 |
| Committee Member (co-opted) | Peter Manning | 01278 780203 |

Other non-committee roles

| | | |
|----------------------------------|-----------------------------|------------------------------|
| Webmaster | Darryl Knight-Rees | 07973 512709 |
| Welfare and Greeting New Members | Fay Burston Janet Preddy | 01278 782529 01278 783743 |

| | |
|-------------------------|--|
| Magazine Editors: | Darryl & Linda Knight-Rees Phone: 07973 512709 Email: darrylinda@knight-rees.com |
| Next Magazine Deadline: | April 25th 2022 |

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Note: In accordance with the requirements of the General Data Protection Regulation 2018, information relating to all of the U3A of Highbridge's members will be held on a computerised database and will be used solely for the U3A of Highbridge's business and communications.

Chairman's Message

Hello Everybody

It's good to see some sort of normality returning at last. Long may it continue!

We are optimistic that some new groups will be starting soon and others re-starting.



Some good news! The committee have made a decision to keep the subscription fee at £10 for the next year even though the capitation fee to be paid to Head Office has risen to £4 per member.

It is nice to see some old faces returning to coffee morning and also to see some new faces. There is such a good atmosphere on a Wednesday morning that I think the u3a of Highbridge is to be envied. This takes me on to the next subject.

We are still looking for members to take on the roles of Chairman, Secretary and Charity Commission Co-ordinator at the next AGM on 11th May 2022. The current officers have completed their three year term and under the rules of the Constitution have to stand down. If these positions are not filled, there is a good chance that the u3a of Highbridge will have to close which I am sure none of us would want to happen. So please have a think about volunteering, it is YOUR u3a.

Looking forward to a glorious Spring and Summer.

Rod

Club and Group News

Board Games Group

In late January 2022, our chair announced that I was prepared to resurrect one of our successful groups in the past "Board Games", well along with Dawn Ferguson, the group will recommence on Monday 4th April 2022 at Southwell House between 14.00 and 16.00 hours and then the 1st, 3rd and 5th Monday of each month.

The games to hand at present are:- mah Jong, rubicube, canasta, Uno, cribbage, playing cards for rummy etc., triominoes, monopoly, scrabble, cluedo, trivial pursuit.

Would add that whilst we may have the above games it does not mean we know the rules and how to play each one and of course you will be welcome to bring along any of your own.

There will be a charge which we predict at present to be £3.00 each per session to contribute towards the cost of the venue and coffee/tea & biscuits.

Contact details: -

Dawn Ferguson 07738 630431

Pete Manning 07976 408843

Classic Vehicle Appreciation Group

At present there are five of us , meeting at a pub or restaurant every two to three weeks to enjoy a good natter over a nice meal. The intention is to widen our activities this spring/summer to include visits to bike and car shows, auto jumbles and museums on a regular basis. If interested please contact Malcolm Manser on 07932 734473.

**ANNUAL LUNCH AT THE 37 CLUB, WOOLAVINGTON
ROAD, PURITON, BRIDGWATER TA7 8AD**

27th APRIL 2022,

12 NOON FOR 12.30pm

MAIN COURSE

1. TRADITIONAL ROASTED LOCALLY SOURCED TOPSIDE OF DEVONSHIRE BEEF AND TURKEY (you will have a slice of each)
2. VEGETARIAN NUT ROAST
3. CAJUN SPICED SWEET POTATO ROULADE

All served from our renowned carvery with a selection of freshly cooked seasonal vegetables and potatoes together with all the usual accompaniments.

DESSERTS

- K** APPLE PIE served with CREAM OR CUSTARD
 - L.** STRAWBERRY GATEAUX served with CREAM
 - M.** ICECREAM
 - N.** CHEESE & BISCUITS
- COFFEE/TEA & AFTER DINNER MINTS

COST PER HEAD £16 for members, £18 Guests

Money to be paid by Wednesday 6th April. Please note that any cancellations after this date will be non refundable.

Wednesday 27th April 2022 at the 37 Club, Woolavington Road, Puriton, TA7 8AD

12.00 noon for 12.30 p.m.

Booking Form:

Price: Members £16.00, Guests £18.00

Name..... I also wish to book a lunch for.....Guest/s

My choice from Menu is:

| Main Course | Dessert |
|--------------------|----------------|
| 1. | A |
| 2. | B |
| 3. | C |
| | D |

Please indicate your choice/s

Would you please complete this booking form and take it with you when you book your lunch with Denise Godby

PAID..... DATE.....No.....

Annual Membership Renewal

Don't forget it's time to renew your membership by the end of March. The price has been held at £10.00 per member for another year, or £6.50 for paid up members of another U3A group.

If you wish to renew, please fill in the form on pages 21 & 22 of this magazine and bring it with you to a Coffee Morning along with your payment.

Members Contributions

How many do you remember? Count all the ones that you remember, not the ones you were told about.

1. Sweet cigarettes.
2. Coffee shops with Juke boxes.
3. Home milk delivery In glass bottles.
4. Party lines on the telephone.
5. News reels before the movie.
6. TV test patterns that came on at night after the last show and were there until TV shows started again In the morning.
7. Only 3 channels (if you were fortunate).
8. Peashooters.
9. 78 rpm records. (Huge things)
10. 45 and 33 RPM records.
11. Hi-fi's.
12. Pop music on Radio Caroline and Luxemburg
13. Blue flashbulbs.

14. Cork popguns and catapults.
15. Twin tub washers and mangles for squeezing the water out of the washing before hanging it out to dry.
16. Car head lights dimmer switches foot operated and on the floor of the car.
17. Ignition switches on the dashboard.
18. Trouser leg clips for bicycles without chain guards.
19. Soldering irons you heated on a gas burner
20. Using hand signals for cars without turn indicators.
21. Cars still with starting handles,
(In case the battery goes flat).
22. Carbolic soap.
23. Black Jack ointment that cured all.
24. Gas at the dentist.
25. Hospital matron in stiff starched uniform.

If you remembered 0-5 = You're still young

If you remembered 5-10 = You are getting old

If you remembered 10-15 = Don't tell your age

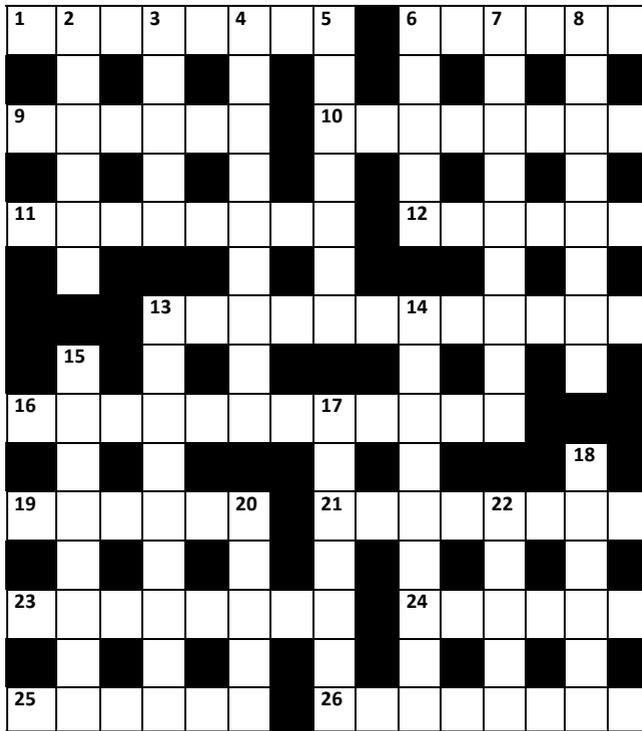
If you remembered 15 or more = You are old.

I must be old but those memories are some of the best parts of my life.

Don't Forget to pass this along!! Especially to all your really OLD friends ...

Fay Burston

Crossword #35 (solution on page 14)



| <u>ACROSS</u> | | <u>DOWN</u> | |
|----------------------|----------------------------|--------------------|-----------------------|
| 1. | Boss (8) | 2. | Whisper (6) |
| 6. | Bands (6) | 3. | Define (5) |
| 9. | Imprints (6) | 4. | Past (9) |
| 10. | Geyser (8) | 5. | Turns down (7) |
| 11. | Ericas (8) | 6. | Sane (5) |
| 12. | Exquisite (6) | 7. | Fees (9) |
| 13. | River seed cod [anag] (12) | 8. | Engravers tool (8) |
| 16. | Scan lone city [anag] (12) | 13. | Return (9) |
| 19. | Lurch (6) | 14. | Dogs, for example (9) |
| 21. | Follows "Mike" (8) | 15. | Disclose (8) |
| 23. | Invigorate (8) | 17. | Beacon (7) |
| 24. | Sour (6) | 18. | Friendly (6) |
| 25. | Nominate (6) | 20. | Force out (5) |
| 26. | Ron slits [anag] (8) | 22. | Mansion (5) |

Monthly Draw

| | | |
|-------------------|--------|-------------------------------------|
| Sat 15th Jan 2022 | No. 4 | Denise Godby and Brenda Howe |
| Sat 12th Feb 2022 | No. 49 | Wendy Hughes and Stan Vousden-White |

January winners each received £25.00

February winners each received £20.00



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Please feel free to contact: ---- F. J. Hales

Home: - 01278 788247 - - - Mobile: - 07939.664538

For friendly, no obligation advice/estimate.

Group Activities

Monday

| Week | Time | Group | Venue | Leader | Tel |
|---|--------------|-------------|-------|------------------------------------|------------------------------------|
| 1 st | 2.00 to 4.00 | Card Making | P.H. | Rose Bateman | 795906 |
| 2 nd & 4 th | 2.00 to 3.30 | Kurling | C.H. | Stan Vousden-White Sybil Tilley | 781567 787054 |
| 1 st & 3 rd & 5 th | 2.00 to 4.00 | Board Games | S.H. | Dawn Ferguson Pete Manning | 07738 630431 07976 408843 |

Tuesday

| Week | Time | Group | Venue | Leader | Tel |
|-----------------------------------|--------------------------------|-------------------------|-------|--------------|--------|
| 1 st & 3 rd | 2.00 to 4.00 | Mosaics | P.H. | Alison Joyce | 784633 |
| Every | 10.00 to 12.00 2.00 to 4.00 | Patchwork / Quilting | P.H. | Ann Lismore | 787607 |

Wednesday

| Week | Time | Group | Venue | Leader | Tel |
|-------|----------------|----------------|-------|--------|-----|
| Every | 10.00 to 12.00 | Coffee Morning | C.H. | N/A | N/A |

Thursday

| Week | Time | Group | Venue | Leader | Tel |
|-------|----------------|--------------|----------|---------------|-----------------|
| Every | 10.00 to 12.00 | Crochet | C.H. (4) | Alison Ridley | 077071 46775 |
| Every | 2.00 to 4.00 | Table Tennis | C.H. | John Ellis | 685483 |

Group Activities

Friday

| Week | Time | Group | Venue | Leader | Tel |
|------------------------------------|----------------|-------------------|--------|-----------------|--------|
| 1 st & 3 rd | 1.30 to 3.00 | Skittles | C.A. | Self-Regulating | 238526 |
| Every Fri-day until further notice | 10.00 to ??.?? | Strollers | Varies | Self-Regulating | 238526 |
| 5 th | 10.00 to ??.?? | Somerset Churches | Varies | Bernard Martin | 787230 |

Occasional

| Weekdays | Activity | Contact | Tel |
|------------|------------------------------------|-------------------------------|------------------|
| Wednesdays | Luncheons | Gloria Brown | 785359 |
| Varies | Holidays | Christine Owen Diane Scott | 784500 428422 |
| Varies | Classic Vehicle Appreciation Group | Malcolm Manser | 07932 734473 |

Changes since last issue are highlighted in yellow.

Legends

| | |
|---------------------------|--|
| S.H. Southwell House | C.H. Community Hall (Room Number) |
| P.H. Private House | G.H. Gospell Hall |
| C.A. Coopers Arms | |

Should you wish to join a Group please first contact its Leader.

Crossword #35 Answers

| ACROSS | | DOWN | |
|---------------|--------------|-------------|-----------|
| 1. | EMPLOYER | 2. | MUTTER |
| 6. | STRAPS | 3. | LIMIT |
| 9. | STAMPS | 4. | YESTERDAY |
| 10. | FOUNTAIN | 5. | REFUSES |
| 11. | HEATHERS | 6. | SOUND |
| 12. | DAINTY | 7. | RETAINERS |
| 13. | REDISCOVERED | 8. | POINTREL |
| 16. | ANTICYCLONES | 13. | REIMBURSE |
| 19. | WOBBLE | 14. | OMNIVORES |
| 21. | NOVEMBER | 15. | ANNOUNCE |
| 23. | ENERGISE | 17. | LANTERN |
| 24. | RANCID | 18. | GENIAL |
| 25. | SELECT | 20. | EVICT |
| 26. | NOSTRILS | 22. | MANOR |



Quiz (answers on page 20)

- 1 What is uxoricide?
- 2 In which country do tortillas form part of the staple diet?
- 3 What is the sacred Indian river?
- 4 What was the motto of the 'Three Musketeers'?
- 5 Name the burglar portrayed by John Barrymore, Ronald Coleman and David Niven in films.
- 6 Brasenose, Oriel and Balliol are all colleges of which University?
- 7 Who was known as 'the Serpent of the Nile'?
- 8 How high above the ice is the crossbar of an ice hockey goal?
- 9 How many sides has a heptagon?
- 10 Bavaria and Saxony are states in which European country?
- 11 To which country do the Galapagos Islands 'belong'?
- 12 Which European capital city's name means black pool?
- 13 What is the common name given to the period of glaciation during the Pleistocene epoch?
- 14 Which film included characters named Ripley, Dallas, Kane, Lambert and Jones?
- 15 With which sport is the Cresta Run associated?
- 16 In The Lord of the Rings by JRR Tolkein, who or what was Shadowfax?
- 17 In which century was the Domesday Book written?
- 18 Name the American heiress kidnapped by the Symbionese Liberation Army in 1974?
- 19 Too many cooks do what?
- 20 Which fictional character once referred to a mystery as 'a three pipe problem'?

More Members Contributions

THE ROLLING STONES

I was out '**Walking The Dog**' when a voice I recognised said, " Hey you! '**Get Off My Cloud**'. It was my friend '**Ruby Tuesday**, (my nickname for her as I only ever see her on this day of the week.) She was '**Under The Boardwalk**' hidden in the shade. She was a painter and had been commissioned to '**Paint It Black**' I smiled and answered back '**If You Need Me**' love, I'll come and help out." "Its ok" came her reply, "I have '**Lady Jane**' helping me today".

"Put plenty of paint on" I said, moving on "So it'll '**Not Fade Away**".

Later I bumped into her daughter '**Angie**', I said to her, "**Have You Seen Your Mother Baby, Standing In The Shadow?**" she is up there in the '**Citadel**' painting". She is also her '**Mother's Little Helper**' when it comes to painting.

She was just heading out onto '**Route 66**' "Mind that '**Little Red Rooster**' I shouted after her, noticing the hen '**Down The Road Apiece**'.

I decided to go for a coffee. They didn't have any decaf which only goes to show '**You Can't Always Get What You Want**', anyway, with a little bit of '**Brown Sugar**' it was palatable.

I picked up something to read only to find that it was '**Yesterday's Papers**' The jukebox was playing a Rolling Stones record, '**I Can't Get No Satisfaction**', very apt, I thought, especially at this cafe. The song was OK though, I realise that '**It's Only Rock and Roll (But I Like It)**'.

When it finished, I looked at my watch and with a sigh, said to myself "**You Better Move On**".

I wandered aimlessly around for the next couple of hours as ***'Time Is On My Side'***.

Several hours later, it felt like I was ***'2,000 Light Years From Home'***, and as it was now almost 12 o'clock, I thought of myself as the ***'Midnight Rambler'***.

Suddenly I became aware of a commotion up ahead, I didn't panic, I stayed ***'Cool, Calm & Collected'*** Two men were having 'a go' at each other, They were sizing each other up, going ***'Around and Around'***. I didn't approach too near, I didn't want to ***'Play With Fire'*** so I stayed where I was, a bit like ***'Sitting On The Fence'*** if you get my meaning. ***'Little By Little'*** the crowd dispersed as ***'Jumping Jack Flash'*** and the other man settled their differences, Jack is well known in the area as a ***'Street Fighting Man'***.

'It's All Over Now' said ***'Little Queenie'*** as she approached me. She is one of those ***'Honkey Tonk Women'*** and has always 'fancied' me, so when she said ***'Let's Spend The Night Together'*** 'cause ***'I Just Wanna Make Love To You'*** I had ***'Mixed Emotions'*** as to whether or not to accept her offer. I declined. She started to well up 'Hey' I said "You're a ***'Fool To Cry'*** She stared at me, "That's ***'The Last Time'*** I am ever going to ask you" she said, "You have a ***'Heart Of Stone'*** and I have no ***'Sympathy For The Devil'***.

With that, I headed back home, it didn't need ***'Wild Horses'*** to drag me away, plus, I had to be up early the next day as I was booked onto ***'Flight 505'*** heading off to ***'Sweet Virginia'***.

Barry

Winter Strolling — Paula Cook

Christmas Eve and the weather was dreary so we strolled a good 500 yards from the parked cars to the Bay View Café where we sat outside, protected from the worst of the gloom, and put the world to rights. We returned to the cars where Steve then manfully decided to walk home to Highbridge. With good wishes for Christmas we parted company.

New Year's Eve should have been "Churches" but it could not be organised and the following Friday I elected not to join in as I had been in close contact with my Granddaughter who tested positive for Covid-19 two hours later. My tests were negative but I felt it was best to err on the side of caution.

The fourteenth of January and it was a windless, cold, crisp morning, indeed still icy in places, but the sun was showing its face so we parked at the south end of the sea front and seven of us walked down to the jetty. The Reeds Arms beckoned for coffee and a snack. The walk back was bright, sunny and almost warm!

The following week was the coldest day this winter with no sign of the sun. Three of us needed to be back in time for skittles, one of us is still recovering from Covid and I never walk far so we turned ourselves into the "breakfast club" and repeated our half mile stroll to the Reeds Arms. It took me until bedtime to warm up!

I was unable to join the following stroll but I understand that it took place at Uphill along the cycle path, retuning to Lymsham for lunch.



A very high tide (photo lifted from facebook) tempted five of us back to Burnham seafront on a very blustery day.

The wind was northly and full in our faces, the sea was rough, very muddy and ebbing fast. The three windsurfers over

by the island were moving at some pace! We managed a few yards past Reeds Arms and graced the small Parlour Café where we indulged in a very nice brunch. The stroll back was easier with the wind behind us and clear sunshine to warm us. The tide had retreated to the river course and the beach was pristine.

After a brief discussion on the 11th we decided on strolling at The Avalon Marshes Reserve. The day was crisp and bright and as the morning wore on we were surprised at the strength in the sun. Apart from the merry sound of a chainsaw on the other side of the canal where two men were cutting up an old fallen willow tree, it was still and peaceful. Quite a lot of people were using the path, both walkers and cyclists, and



there were two men fishing from the other bank. A notice informed us that dogs are banned at the moment due the presence of otters. I did not see an otter! About three quarters of a mile along I turned back and Bernie kept me company, leaving the other six to stroll on to the footbridge across to the bird hide. This was where Denise took the photo. It was declared to be a most enjoyable walk. Oh yes, and we went for lunch at the Knowle Inn!

I shall be unable to join the stroll next week (18th February) as the Northern Somerset Association of u3a are holding the first “in person” meeting since Covid-19 struck and it is also the AGM so I must attend on your behalf.

We would be pleased for you to join us if you fancy a short easy stroll. If you want something more vigorous it would be great if you could restart the walking group. I’m sure Audrey would give you lots of help and advice.

Quiz Answers

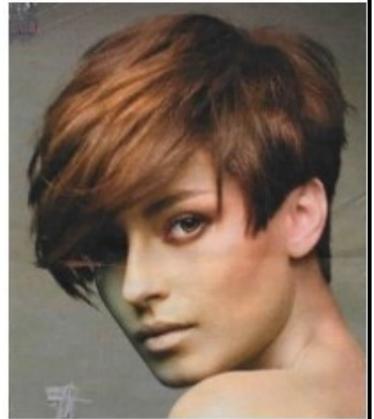
| | | | |
|----|---------------------------|----|-----------------------------|
| 1 | Killing one's wife | 2 | Mexico |
| 3 | Ganges | 4 | All for one and one for all |
| 5 | Raffles | 6 | Oxford |
| 7 | Cleopatra | 8 | Four feet |
| 9 | Seven | 10 | Germany |
| 11 | Ecuador | 12 | Dublin |
| 13 | Ice Age | 14 | Alien |
| 15 | Bobsleigh and Toboganning | 16 | Gandalf's Horse |
| 17 | Eleventh | 18 | Patty Hearst |
| 19 | Spoil the broth | 20 | Sherlock Holmes |

SANDRA

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Application for Membership

Membership of a U3A, which is self-help educational and social organisation, is open to all in their third age, which is not defined by a particular age but by a period in life in which full time employment has ceased.

I(Title & Full Name)

Address:.....

Postcode:..... Telephone No:.....

Mobile:..... Email:.....

The Annual Membership Fee is £10.00 (£6.50 for members from other U3A areas) that includes a fee of £3.50 per capita which is paid to our National Organisation, 'The Third Age Trust', which provides a wide range of services and benefits. It also includes liability insurance cover. The membership fee is paid annually and is from 1st April and VALID ONLY to March 31st of the following year.

Terms and Conditions of Membership - **ALL MEMBERS MUST:-**

- Abide by the Aims and Guiding Principles of the U3A movement.
- Always act in the best interests of the U3A and never do anything to bring the U3A into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times.
- Comply with and support the decisions of the elected committee.
- Advise the committee of any change in your personal details.

During my membership I confirm that I will abide by the terms of membership (as stated above) and I sign to that effect below.

PRIVACY STATEMENT (see overleaf): Your personal details will be held on a secure database & will be used solely for purposes of administration & for the communication of U3A matters. They will not be supplied to an out-side agency or party unless you have paid to receive 'Third Age Matters' magazine (mailed directly to you).

I ALSO agree that my personal details can be stored & processed as described above. Please tick

Signature of applicant.....Date:.....

The U3A of Highbridge produces 6 bi-monthly magazines free of charge per year. These may be collected at the Coffee Morning held every Wednesday (10.00 am to 12.00 pm) at the Highbridge Community Hall on the first Wednesday in the month of release.

NB If you are unable to collect your magazine, (or have it collected) and wish to have it posted to you, then there would be an annual charge of £5.00 to cover p&p, payable at time of membership renewal.

YES . . . PLEASE POST TO ME!

Official use: Amount paid £..... Dual member (..... U3A)

PRIVACY STATEMENT

The GDPR (Data Protection) requirements came into force in May 2018. As a registered charity, we need to have your explicit permission to retain the information we hold about you.

The information we keep is on the reverse side of this form. The information is as follows:

- Your name and address (essential)
- Your email address (if you have one)
- Your telephone number plus mobile (if you have one)
- Your emergency contact details (optional)

This information is a condition of membership of the U3A of Highbridge and we require it to identify you as a member and to communicate with you. In addition, we may record your membership (or to put on a waiting list) of U3A Groups and activities.

We do not retain any information defined as ‘Sensitive Personal Data’.

We process your data by:-

- Using it to communicate with you, and to keep you informed about U3A activities.
- Maintaining attendance records, waiting lists, booking and contact lists etc., in connection with U3A travel, holidays plus other activities.
- Using it to validate your attendance and voting rights at General Meetings.

We will not transmit your data to anybody outside U3A without your explicit consent, except to the Third Age Trust, if you subscribe to their magazine. Other members may receive your email information during general circulation of emails.

We will not retain your personal data for longer than one year after you cease to be a paid-up member of the U3A of Highbridge. If you cease to be a member, you have the right to have your personal information deleted immediately by notifying the Membership Secretary.

I agree that my personal data can be stored and processed as described above.

.....

NB For more information relating to the U3A of Highbridge please ask for a copy of our Constitution along with our Policy Document from the Membership Secretary.

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Calendar

| <u>Date(s)</u> | <u>Details</u> | <u>Cost</u> |
|----------------|--|-------------------------------|
| 2022 | | |
| 27th April | U3A of Highbridge Annual Lunch at the 37 Club, Puriton | £16 (Members) £18 (Guests) |



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Please also add your name, address and phone number on the reverse of the cheque, this: -

- a) helps to identify you on the passenger list, and
- b) If a trip is cancelled you can be notified quickly.