

USA of Highbridge Magazine

Registered Charity No: 1184925

Website: www.u3ahighbridge.org.uk

Your Committee

| <u>Position</u> | <u>Name</u> | <u>Tel</u> |
|--------------------------------|-----------------|--------------|
| Chairman | Adele Stevens | 07486 909687 |
| Deputy Chairman | Allen Owen | 01278 784500 |
| Secretary | Maurice Stapley | 07312 088849 |
| Treasurer | Carol Marriott | 01278 795773 |
| Membership Secretary | Neil Scott | 01278 428422 |
| Assistant Membership Secretary | John Ellis | 01278 685483 |
| Group & Events Co-ordinator | Denise Godby | 01278 238526 |
| Committee Member | Diane Scott | 01278 428422 |
| Committee Member | Peter Manning | 01278 780203 |

Other non-committee roles

Darryl Knight-Rees

07973 512709

Webmaster

| | - and firm and the co | 010100=100 |
|-------------------------------------|--|------------------------------|
| Welfare and Greeting New Members | Fay Burston Janet Preddy | 01278 782529 01278 783743 |
| Magazine Editors: | Darryl & Linda Knight-Rees Phone: 07973 512709 Email: darrylinda@knight-rees.com | |
| Next Magazine Deadline: | August 29th 2022 | |

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Chairman's Message

Hi Everyone!

Let me introduce myself! I'm Adele, I live in West Huntspill and if you didn't already know you will usually find me by the oven baking yummy cakes and bakes!



I would like to take this opportunity to thank you all for welcoming me as your new Chairman!

It's lovely to see some new members coming along to our coffee morning, I hope you will enjoy the many cups of tea and chats!

Anyway carry on enjoying the lovely weather while it's here.

Bye for now

Adele

Club and Group News

Day Trip to Dartmouth

Our next day out is to Dartmouth. This will be on Monday 25th July and the cost will be £20.00 per person.

See myself or Christine Owen to book your place.

Denise Godby



Monthly Lunch Club

Thank you all so much for your support with the Monthly Lunch club!

In June we went to Rich's Cider Farm for a Carvery!

This always happens on the 2nd Wednesday of the month!

Our next Lunch will be Wednesday 13th July! We will be going to the King Sedgemoor Inn Bridgwater!

£9.50 a head for a Main Course, Dessert and Tea/Coffee!

Please book your space and make payment with Adele by Wednesday 6th July!

Everyone Welcome!



Members Contributions

DAY TRIP TO WEYMOUTH

I always look forward to going to Weymouth, be it a day out or a week's holiday. Denise laid on some very good weather for the day. The first thing that struck me as we walked along the sea front was that most of the big cruise ships have departed and I assume they are now working again.

Walking around the harbour is always interesting, especially if you sit down and do a bit of people watching. As you look up, there are lots of interesting buildings which used to be used in the fishing industry that have now been adapted to restaurants.

When in need of lubrication and something to eat we headed towards Wetherspoons where we had a very tasty lunch. It was quite busy but everybody seemed to be in a good mood and enjoying the warm weather.

After lunch we carried on walking along the sea front and after a while bought an ice cream and sat and watched all the bare flesh and tattoos walking by. ©

All in all it was a very relaxing day and a big thank you to Denise for organising the trip. Looking forward to the next one to Stratford.

Rod

Recent Photos of the Card Making Group







Stratford Day Trip

A lovely day out for our trip to Stratford-on-Avon home of William Shakespeare.

The weather was perfect. Four of our ladies are getting ready to set sail on a cruise down the river Avon. They're not smiling! A couple are looking in their bags— sea sick tablets!! Maybe, anyway it was a nice trip. Afterwards we made our way to a little pub called the Dirty Duck, a nice meal was had by all.

Bernie.....





Photo of Stratford courtesy of Maurice Stapley



Photo of Stratford courtesy of Audrey Downing

Monthly Draw

| Sat 7th May 2022 | No. 39 | Gillian Cadwallender |
|------------------|--------|-------------------------------------|
| Sat 4th Jun 2022 | No. 24 | Peter Manning and Bernard Martin |

Winners each received £20.00



This Space available for an advert. If you or anyone you know would like to take advantage of this opportunity, please contact the U3A of Highbridge Secretary (tel: 07312 088849, email: high-bridgeu3asecretary@gmail.com).

The cost is £30 per annum for a half page advert. The magazine id published 6 times a year and distributed to approximately 200 members.

HANDYMAN SERVICE

Carpenter -- Painter - Decorator

Need that door adjusting? Thinking about decorating? Want a shelf put up?

All those 'little' jobs around the house you keep meaning to fix but cannot get around to doing!

Please feel free to contact: ---- F. J. Hales

Home: - 01278 788247 - - - Mobile: - 07939.664538

For friendly, no obligation advice/estimate.

Group Activities

<u>Monday</u>

| Week | Time | Group | Venue | Leader | Tel |
|---|--------------|-------------|-------|--|------------------------------------|
| 1 st | 2.00 to 4.00 | Card Making | P.H. | Rose Bateman | 795906 |
| 2 nd & 4 th | 2.00 to 3.30 | Kurling | C.H. | Stan Vousden- White Sybil Tilley | 781567 787054 |
| 1 ^{st &} 3 ^{rd &} 5 th | 2.00 to 4.00 | Board Games | S.H. | Dawn Ferguson Pete Manning | 07738 630431 07976 408843 |

<u>Tuesday</u>

| Week | Time | Group | Venue | Leader | Tel |
|-----------------------------------|--------------|---------|-------|--------------|--------|
| 1 st & 3 rd | 2.00 to 4.00 | Mosaics | P.H. | Alison Joyce | 784633 |

Wednesday

| Week | Time | Group | Ven- ue | Leader | Tel |
|-----------------|----------------|----------------|------------|---------------|-----------------|
| Every | 10.00 to 12.00 | Coffee Morning | C.H. | N/A | N/A |
| 2 nd | 12.00 onwards | Luncheons | Varies | Adele Stevens | 07486 909687 |

<u>Thursday</u>

| Week | Time | Group | Venue | Leader | Tel |
|-------|----------------|--------------|----------|---------------|-----------------|
| Every | 10.00 to 12.00 | Crochet | C.H. (4) | Alison Ridley | 07707 146775 |
| Every | 2.00 to 4.00 | Table Tennis | C.H. | John Ellis | 685483 |

Group Activities

<u>Friday</u>

| Week | Time | Group | Venue | Leader | Tel |
|--|---------------|-------------------|--------|-----------------|--------|
| 1 st & 3 rd | 1.30 to 3.00 | Skittles | C.A. | Self-Regulating | 238526 |
| Every Fri- day until further notice | 10.00 onwards | Strollers | Varies | Self-Regulating | 238526 |
| 5 th | 10.00 onwards | Somerset Churches | Varies | Bernard Martin | 787230 |

Occasional

| Weekdays | Activity | Contact | Tel |
|----------|--|----------------------------|------------------|
| Varies | Holidays | Christine Owen Diane Scott | 784500 428422 |
| Varies | Classic Vehicle Appreciation Group | Malcolm Manser | 07932 734473 |

Changes since last issue are highlighted in yellow.

Legends

| | C.H Community Hall (Room Number) |
|-------------------|----------------------------------|
| P.H Private House | G.H Gospell Hall |
| C.A Coopers Arms | |

Should you wish to join a Group please first contact its Leader.

Quiz (answers on page 18)

- 1 Who wrote about the lioness Elsa?
- 2 With whose head was Salome rewarded for her dancing?
- What name is given to a male bee in a colony of bees?
- 4 Who plays the title role in the Hitchcock film Rebecca?
- Which English county and city gave its name to a shade of green?
- 6 Who wrote 'Under Milk Wood'?
- 7 If something is vernal with what is it connected?
- 8 Which of Shakespeare's plays is subtitled The Moor of Venice?
- 9 From which musical does the song 'The street where you live' come?
- 10 What World War II air raid shelter took its name from the Home Secretary?
- 11 Who was Queen of the Netherlands from 1948 to 1980?
- 12 On the delta of which river stands the city of Karachi?
- 13 With which sport is Ken Doherty associated?
- 14 Hibernate means to sleep in the winter; what word means to sleep in the summer?
- 15 With which sport was Jonah Barrington a world champion?
- 16 In which TV series did Kevin Banks marry Glenda Brownlow?
- 17 Who sang with Barbra Streisand on 'You don't bring me flowers'?
- 18 Which novel features Major Major and Milo Minderbender?
- 19 Through which European capital city does the River Tagus flow?
- 20 What is the significance of the acronym RHS to gardeners?

More Members Contributions

Recipe for Jam & Coconut Sponge!

For the sponge:

8oz Butter

8oz Sugar

4 Eggs

8oz Self Raising Flour

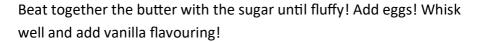
1 teaspoon of vanilla flavouring

2oz desiccated coconut

Topping:

1/2 jar strawberry jam
2oz desiccated coconut

Turn the oven on to 180°



Fold in sieved self raising flour and coconut! Pour into a lined square baking tin!

Bake for approx 30 minutes until firm!

Take out and cool slightly! While still warm spread over jam and sprinkle over coconut!

Cool and Cut into squares!

Adele



U3A of Highbridge Jubilee Celebrations

A big thank you to Denise, Adele and everyone else who helped to make our Jubilee Celebrations such a success. We all had a great time .















Quiz Answers

| 1 | Joy Adamson | 2 | John the Baptist |
|----|--------------|----|-----------------------------|
| 3 | Drone | 4 | No one |
| 5 | Lincoln | 6 | Dylan Thomas |
| 7 | Spring | 8 | Othello |
| 9 | My Fair Lady | 10 | Andersen Shelter |
| 11 | Juliana | 12 | Indus |
| 13 | Snooker | 14 | Estivate |
| 15 | Squash | 16 | Crossroads |
| 17 | Neil Diamond | 18 | Catch 22 |
| 19 | Lisbon | 20 | Royal Horticultural Society |

Strolling in Spring and Early Summer 2022

Last Friday in April, a third of the year gone. Seven of us set off on a walk at Pawlett that I had not done before, River Road to the Parrett bank. It was a pleasant spring day and we were attired in a variety of clothes, waterproof jackets, light weight jackets and shirt sleeves! Each to his own I say. On reaching the river Fay and I leant on the fence and chatted while the others walked along the bank.



We reassembled to make the return trip to the cars. The young ones tried out the gym equipment by the hall! The Orchard Inn at West Huntspill had a table available from 12 to 2pm which suited us well,

as did the food served.



Only five of us (it was a skittles day) to walk from Apex Park to Bay Café on the first walk in May. It was a lovely day and the other walkers on the sea front all

gave us a cheery "good morning". There was a haze of purple over the wild flower part of the park, I think it was wild mallow, there used to be a lot in that area when I was a child. After refreshments we returned through Steart Avenue and along Marine Drive.

A Cuckoo was calling loudly as we strolled toward Diamond Farm along the cycleway from Wayacre Drove on a bright, breezy day. It was the first time many of us had heard a Cuckoo for years. The tide was out when we reached the River Axe leaving the downstream channel almost empty but the sluice was holding a good level upstream. Three of us turned back while the others went on through the

caravan site to the main road. The small café in Bleadon provided us a good lunch.

It was a skittles day and raining so four of us went to Sanders for elevensies! It had brightened up when we left so Steve and Hugh walked up to Ralphs Wood.



Our last stroll in May was a glorious day, so we headed for the old railway line in Winscombe. The sun and the dappled shade together with an

interesting array of wild flowers and ferns encouraged us to walk as far as the tunnel, where all eight of us turned

eight of us turned and retraced our steps. A lot of new building is going on and new connections to the track have been made. We returned to the Sidcot Arms for lunch.



The first Friday in June was Jubilee bank holiday so most of us opted out, but I understand Steve and Hugh did a trek from Highbridge to East Huntspill and back along the river bank and bridleways. Well done them!

Eight of us gathered in Brambles Road and set off down Brent Broad. Once we were past the houses, most of which have been extensively renovated with one very sad exception that is empty and boarded up, the walk was peaceful with just the birdsong and



buzzing insects to keep us company. The sides of the drove were lush with plants, mainly grasses but dotted with bright flowers. Bernie turned back at the junction with Crooked Lane but I bravely (or stupidly) decided to try the whole circular walk. After pausing for a group photo, we emerged at Middle Burnham and returned along Stoddens Road. All eight of us patronised the Rosewood Inn for lunch.

The 17th of June was the hottest day of the year so far and a shady walk had been planned based on Wednesday's forecast. We went through the churchyard, crossed the field behind the Balliol Hall and took the footpath towards Cadwells Lane. The reason that it appeared little used was clear about half way along when we encountered a fallent tree across the path. I had trouble getting my leg over (no misinterpretation please) and Jude kindly unhooked my foot, the rest of the party managed with comparative ease! I turned back along Church Road but the others did a further circuit. We all retired to Denise's garden where we were treated to a very tasty salad followed by home made cheese cake. Thank you Denise.

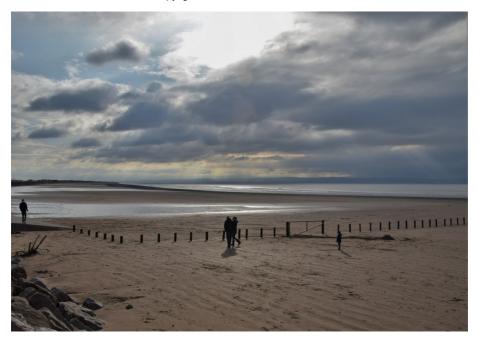
Mid-summer day and the pollen levels were very high, as a result I gave in after about a quarter of a mile and returned home, Fay and Bernie kept me company back to the car park at Mark village hall. We stopped and chatted to two volunteers cutting the enormous hedge that borders the bowling green. They were doing a splendid job. The remaining seven walked along The Wall down to the stone bridge. The plan had been to cross to Kingsway and return via the road, but they didn't fancy their chances of out running the cattle grazing the fields, so came back the way they went. It was decided to try Rich's for lunch but the only available seating was outside and it was a bit chilly. Denise ran across to the Watchfield Inn but the chef would not be in for another half an hour! Bernie to the rescue, he rang the Orchard, so it was "wagons roll" and out to West Huntspill. I'm sorry I missed the fun.

Brean Somerset

When Misorski wrote his exhibition theme
he must have dreamt about the sea at Brean,
Our picture shows the sea was bleeding
Coming full at me, and not receding,
The sun shone down devouring the shadows on the sea,
There were people on the beach; I think there were three,
The beams of light gave a shiny blue hue,
The sea kept coming; what shall I do?

Life is a tide showing the ins and outs of the day,
It changes the sand from light brown to muckish grey,
We walk on the sand and leave foot steps for all,
There are great long scuffs from the kids blow up ball,
So what is this gimmick of the tide in our life,
Does this monster always punish us with lots of mean strife,
Will you still see life in the same old way
Or will the sun come out and transform the day.





SANDRA

Hairdressers

3 MARKET STREET Highbridge Somerset TA9 3BW

Tel: 01278 784950





Daily, weekly, monthly or one-off cleans. Contact Mandy for details and a quote.

Calendar

| Date(s) | <u>Details</u> | Cost |
|-----------|---|--------|
| | 2022 | |
| 13th July | Lunch Club—King Sedgemoor Inn, Bridgwater | £9.50 |
| 25th July | Day Trip to Dartmouth | £20.00 |



Cheques to cover payments for all "Away Days", Theatre trips and Holidays must be made payable to "U3A of Highbridge Social Account"

Please also add your name, address and phone number on the reverse of the cheque, this: -

- a) helps to identify you on the passenger list, and
- b) If a trip is cancelled you can be notified quickly.