

Of Highbridge
u3a learn,
laugh,
live



U3A of Highbridge Magazine

Registered Charity No: 1184925

[Website: www.u3ahighbridge.org.uk](http://www.u3ahighbridge.org.uk)

Issue 129

Mar/Apr 2024

Your Committee

<u>Position</u>	<u>Name</u>	<u>Tel</u>
Chairman	Adele Stevens	07486 909687
Deputy Chairman	Allen Owen	01278 784500
Secretary	Janet Preddy	01278 783743
Treasurer	Carol Marriott	01278 795773
Membership Secretary	Neil Scott	01278 428422
Assistant Membership Secretary	John Ellis	01278 685483
Group & Events Co-ordinator	Denise Godby	01278 238526
Committee Member	Diane Scott	01278 428422
Committee Member	Peter Manning	01278 780203
Committee Member	Audrey Downing	07467 029154

Other non-committee roles

Webmaster	Darryl Knight-Rees	07751 565705
Welfare and Greeting New Members	Fay Burston Pearl Price	01278 782529 01278 793954

Magazine Editors:	Darryl & Linda Knight-Rees Phone: 07751 565705 Email: magazine@u3ahighbridge.org.uk
Next Magazine Deadline:	<u>Sunday April 21st 2024</u>

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Note: In accordance with the requirements of the General Data Protection Regulation 2018, information relating to all of the U3A of Highbridge's members will be held on a computerised database and will be used solely for the U3A of Highbridge's business and communications.

Chairman's Message

Hello everyone

Its been a busy few months, lots of little events, lunches and many of you celebrating special Birthdays and Anniversaries.



Spring is finally on the horizon so I'll leave you with this.

March Wind

March wind is a jolly fellow;
He likes to joke and play. He turns umbrellas inside out
And blows men's hats away. He calls the pussy willows
And whispers in each ear
"Wake up you lazy little seeds;
Don't you know that spring is here?"

Bye for now

Adele x

Club and Group News

Annual Membership Due

It's that time of the year again. If you wish to re-join the U3A for another year, please complete the membership form opposite and hand it in together with your membership fee, to Neil or John (our membership team) before the 1st April.



U3A of Highbridge

Reg. Charity No: 1184925

Membership No:

Application for Membership

Membership of a U3A, which is self-help educational and social organisation, is open to all in their third age, which is not defined by a particular age but by a period in life in which full time employment has ceased.

I (Title & Full Name)

Address:.....

Postcode:..... Telephone No:.....

Mobile:..... Email:.....

The Annual Membership Fee is £10.00 (£6.00 for members from other U3A areas) that includes a fee of £4.00 per capita which is paid to our National Organisation, 'The Third Age Trust', which provides a wide range of services and benefits. It also includes liability insurance cover. The membership fee is paid annually and is from 1st April and **VALID ONLY** to March 31st of the following year.

Terms and Conditions of Membership - **ALL MEMBERS MUST:-**

- Abide by the Aims and Guiding Principles of the U3A movement.
- Always act in the best interests of the U3A and never do anything to bring the U3A into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times.
- Comply with and support the decisions of the elected committee.
- Advise the committee of any change in your personal details.

During my membership I confirm that I will abide by the terms of membership (as stated above) **and sign to that effect below.**

PRIVACY STATEMENT (see overleaf): Your personal details will be held on a secure database & will be used solely for purposes of administration & for the communication of U3A matters. They will not be supplied to an out-side agency or party unless you have paid to receive 'Third Age Matters' magazine (mailed directly to you).

I ALSO agree that my personal details can be stored & processed as described above. **Please tick**

Signature of applicant.....Date:.....

The U3A of Highbridge produces 6 bi-monthly magazines free of charge per year. These may be collected at the Coffee Morning held every Wednesday (10.00 am to 12.00 pm) at the Highbridge Community Hall on the first Wednesday in the month of release.

NB If you are unable to collect your magazine, (or have it collected) and wish to have it posted to you, then there would be an annual charge of £5.00 to cover p&p, **payable at time of membership renewal.**

YES . . . PLEASE POST TO ME!

Official use: Amount paid £..... Dual member (..... U3A)

PRIVACY STATEMENT

The GDPR (Data Protection) requirements came into force in May 2018. As a registered charity, we need to have your explicit permission to retain the information we hold about you.

The information we keep is on the reverse side of this form. The information is as follows:

- Your name and address (essential)
- Your email address (if you have one)
- Your telephone number plus mobile (if you have one)
- Your emergency contact details (optional)

This information is a condition of membership of the U3A of Highbridge and we require it to identify you as a member and to communicate with you. In addition, we may record your membership (or to put on a waiting list) of U3A Groups and activities.

We do not retain any information defined as ‘Sensitive Personal Data’.

We process your data by:-

- Using it to communicate with you, and to keep you informed about U3A activities.
- Maintaining attendance records, waiting lists, booking and contact lists etc., in connection with U3A travel, holidays plus other activities.
- Using it to validate your attendance and voting rights at General Meetings.

We will not transmit your data to anybody outside U3A without your explicit consent, except to the Third Age Trust, if you subscribe to their magazine. Other members may receive your email information during general circulation of emails.

We will not retain your personal data for longer than one year after you cease to be a paid-up member of the U3A of Highbridge. If you cease to be a member, you have the right to have your personal information deleted immediately by notifying the Membership Secretary.

I agree that my personal data can be stored and processed as described above.

.....

NB For more information relating to the U3A of Highbridge please ask for a copy of our Constitution along with our Policy Document from the Membership Secretary.

U3A HIGHBRIDGE AGM

WEDNESDAY 8TH MAY

10.30AM

HIGHBRIDGE COMMUNITY HALL

ALL WELCOME

Agenda

1. Apologies for absence
2. Adoption of the minutes of the last year's meeting
3. Matters arising from previous minutes
4. Chairman's report
5. Treasurer's report and acceptance of accounts
6. Appointment of an Examiner of the accounts for 2023/2024
7. Secretary's report
8. Election of Committee members
9. Any other business
10. Date of next meeting

AGM Nomination Form

I wish to nominate the following member for election to the Management Committee at the AGM on Wednesday 8th May 2024.

Name of member nominated.....

I agree to stand for election to the Management Committee of the U3A of Highbridge and thereby, if elected, to become a Trustee of the Charity.

Signature of nominated member.....

Proposed by:.....

Signature:.....

Seconded by:.....

Signature:.....

Date:.....

This nomination form when completed, should be sent to The Secretary, U3A of Highbridge. Nominations must be received 21 clear days before the date of the AGM (17th April 2024).

1. Proposer and seconder cannot be a current committee member or officer of the U3A of Highbridge
2. If there is a contest, the election shall be decided by a secret ballot
3. If at the AGM, there are insufficient candidates standing to fill the committee vacancies, the Chairman of the meeting may, as a last resort, appeal for any willing member present to agree to stand.

All fully paid up members are eligible to attend and vote. If it is your intention to attend and have your say, please renew your membership before the meeting.

New Committee members are always welcome. If you would like to nominate a member to serve on the Committee, please complete the form opposite.

Further copies may be obtained upon request from a committee member.

U3A of Highbridge

Mosaics News

I am sorry, but we are stopping the Mosaics group; everyone has run out of projects to do.

Since I retired twenty years ago, Mosaics has been my hobby. We have worked in three schools—East & West Huntspill and Bawdrip, where the children have created many group and individual mosaics. I have taught a couple of WI groups and also one in a retirement home. You might have seen some of the group's work in the U3A magazine and on open days in the hall.

Lastly we would like to thank Linda and Darryl for their wonderful hospitality over the many years meeting in their home.

Alison Joyce

U3A Annual Lunch 2024



U3A HIGHBRIDGE CARVERY LUNCH THURSDAY 18th APRIL 2024 Arrive 12.30 for 1pm lunch

MAIN COURSE: -

- C. A CHOICE OF BEEF, TURKEY AND PORK/GAMMON
V. VEGETARIAN NUT ROAST. (Or vegetarian sausages)

All served with a selection of freshly cooked seasonal vegetables and potatoes together with all the usual accompaniments.

DESSERTS: -

1. BREAD AND BUTTER PUDDING *served with custard*
2. APPLE CRUMBLE *served with ice cream*
3. CHOCOLATE FUDGE CAKE *served with cream*
4. ICECREAM TUB

TEA/COFFEE

COST PER HEAD £15.00 members, £20.00 visitors

Name..... I also wish to

book a lunch for.....Guest/s

My choice from Menu is:

Main Course C. V. Dessert 1. 2. 3. 4.

Please complete this booking form and take it with you when you book your lunch with Denise Godby. All meals to be paid for by Wed 10th April.

PAID..... DATE.....No.....

The Beachcomber Inn, Warren Road, Brea, Nr. Burnham-on-sea, Somerset.

TAS 2RP

Tel. 01278 751110 Fax. 01278 751033 e-mail beachcomber@warren-farm.co.uk

V.A.T. Reg. no. 130 1780 11

Days Out

Our first day out of the year will be on Monday 22nd April to Cirencester. Cost will be £19.00 per person.



The second day out will be to Poole on Monday 20th May. Cost £19.00 per person.



Skittles Group

The skittles group presents two trophies a year: one for the person who has scored the highest over the year and the other for the person who scores the highest on the last meet of the year. Last year the highest over the year trophy was won by Barbara Buoy with Bernard Martin being the highest scoring male, and Denise Godby was the winner on the last meet of the year. Well done to all.



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Monthly Draw

13th January 2024	No. 7	Jude Clarke and Ivor Alford
10th February 2024	No. 34	Carol Marriott and Janet Preddy

Winners each received £20.00

**IN NEED OF
ADMIN
SUPPORT?**

Typing correspondence, completing forms, organising appointments, general filing, proofreading, cross-checking information.

**Phone Elaine
07971551023
All enquiries welcome**

Retired educator with technical science and administrative experience.

No job too small.



Group Activities

Monday

Week	Time	Group	Venue	Leader	Tel
1 st , 3 rd & 5 th (excluding bank holidays)	2.00 to 4.00	Board Games	S.H.	Pete Manning Chris Murphy	07976 408843 07947 203046
2 nd & 4 th (excluding bank holidays)	2.00 to 3.30	Kurling	C.H.	Pete Manning Lynne Hembrow	07976 408843 07562 919566

Tuesday

Week	Time	Group	Venue	Leader	Tel
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Wednesday

Week	Time	Group	Venue	Leader	Tel
Every	10.00 to 12.00	Coffee Morning	C.H.	N/A	N/A
2 nd	12.00 onwards	Luncheons	Varies	Adele Stevens	07486 909687

Thursday

Week	Time	Group	Venue	Leader	Tel
Every	2.00 to 4.00	Table Tennis	C.H.	Audrey Downing Rod Downing	07467 029154
Last		Classic Car Appreciation		Malcolm Manser	07932 734423

Group Activities

Friday

Week	Time	Group	Venue	Leader	Tel
1 st & 3 rd	1.30 to 3.00	Skittles	C.A.	Self-Regulating	238526
1 st & 2 nd & 3 rd & 4 th	10.00 onwards	Strollers	Varies	Self-Regulating	238526
5 th	10.00 onwards	Somerset Churches	Varies	Bernard Martin	787230

Occasional

Weekdays	Activity	Contact	Tel
Varies	Holidays	Christine Owen Diane Scott	784500 428422
Varies	Walking	Audrey Downing Rod Downing	256895 or 07467 029154

Changes since last issue are highlighted in yellow.

Legends

S.H. Southwell House	C.H. Community Hall (Room Number)
P.H. Private House	G.H. Gospell Hall
C.A. Coopers Arms	

Should you wish to join a Group please first contact its Leader.

Quiz (answers on page 26)

- 1 Which metal is sometimes called quicksilver?
- 2 Who wrote Frenchman's Creek and My Cousin Rachel?
- 3 What is Cliff Richard's real name?
- 4 What is the common name for Iron Pyrites?
- 5 Who wrote the Tales of Peter Rabbit?
- 6 How many miles are completed in running a standard marathon?
- 7 Whose 1975 speech contained the blunder "The United States has much to offer the Third World War"?
- 8 What is done with Parkin?
- 9 Name the mythical figure who carries an hourglass and a scythe?
- 10 Which Lake District town is famous for its mint cake?
- 11 Which US President's ghost is said to haunt the White House?
- 12 What are Nahum, Haggai and Malachi ?
- 13 Who were the subject of the Cat and Mouse Act of 1913?
- 14 Of what are Devil's Apron and Purple Laver varieties?
- 15 What reached London in 1665 with catastrophic results?
- 16 From what is agar, a cooking gelling agent, produced?
- 17 Who had 70s hits with Come on over to my place, There goes my first love and Kissing in the back row of the movies?
- 18 In ballet what does the term 'sur les pointes' mean?
- 19 Who wrote the poem containing the line "Oh to be in England now that April's here"?
- 20 Which former leader of the Labour Party became EU Commissioner for Transport in the mid 1990s?



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Members Contributions

Churches 25

St. Michael's Church, Enmore



Many churches built upon hills overlooking the sea, and on rocky islands and not far from the mainland are dedicated to St. Michael.

The date of the earliest Church built upon such a lovely site, overlooking the Severn sea, is unknown, but one can well believe that such a site on the eastern edge of the Quantock forest, in full view of the rising sun, was a consecrated spot even before the earliest church was built thereon. We assume that there was an early Saxon Church built upon an already sanctified spot.

After the Norman Conquest the Manorial Rights of Enmore were given to William Malet, the friend of the Conqueror, in about 1100AD. This notable family lived at Enmore from 1100AD until 1681AD, when the property passed into the hands of the Earl of Egmont. He lived at Enmore Castle, and held the Manorial and Park lands until 1838AD.

Somewhere between 1100AD and 1135AD the Norman Church was built, of which the beautiful South Doorway with its late Norman dog tooth moulding is all that remains.

Early in the 15th Century, to the old church was added the beautiful

tower, the top of which commands extensive views of the Severn Sea. In the year 1873AD, with generous assistance of Thomas Palfrey Broadmead, of Enmore Castle, and others, the church was thoroughly restored and the North Transept added, with space for the Organ Chamber and Vestry, at a cost of £2,000.

Previous to 1887AD there was in the tower a ring of five bells, the inscription on the new treble telling its own story: "Thomas Palfrey Broadmead gave me AD1897 in the 60th Year of the reign of Queen Victoria". The other four bells are dated 1647, 1734, 1796(x2) and 1823.

In 1979AD the statue of St. Michael was given to the Church by the family of Rev'd Robert James, Rector of Goathurst and Enmore.

Our second visit was to the church of St. Margaret at Spaxton



The church of St. Margaret in Spaxton has some parts from the 12th and 13th Centuries but is predominantly from the 15th Century.

There was probably a wooden church on the site before the Norman Conquest though nothing is mentioned in the Domesday Book. The first stone church was probably just a nave and chancel, much of this building has been replaced. The present three-bay nave has a south aisle and includes Norman Stonework. The church tower was built around 1434AD from a will bequeathing money for its construction; it contains six bells, two of which date from the late 17th

Century.

As you enter the church there is a bust above the door; this is a representation of our patron saint, St. Margaret of Antioch. All medieval churches were dedicated to a particular saint or divine person, and for the most part the Church of England has maintained this tradition.

Spaxton church was not always dedicated to St. Margaret. As late as 1742 this was known as St. Mary's Church and we don't really know why this dedication was changed.

Bernie



Rev. Kieth Kick

Classic Car Appreciation Group

On Thursday 22nd Feb, the six members of our classic vehicle group descended on the new “County Classics “ motor museum in Taunton. Preceded by a gourmet lunch at Meis renowned Chinese buffet, it provided a good two hours of genuine entertainment! Being of a certain age, all the cars and motor cycles on display were those that we coveted in the sixties, seventies and eighties, a good proportion being vehicles some of us actually owned! We are planning a further visit to the Haynes museum at Sparkford next; if interested please contact Malcolm Manser—tel 07932 734423, or email mal.manser77@gmail.com



A Simple Mistake

A young priest arrives at the monastery. He is assigned to helping the other priest in copying the old canons and laws of the church by hand.

He notices, however, that all of the priests are copying from copies, not from the original manuscript. So, the new priest goes to the Bishop to question this, pointing out that if someone made even a small error in the first copy, it would never be picked up! In fact, that error would be continued in all of the subsequent copies.

The Bishop says, 'We have been copying from the copies for centuries, but you make a good point, my son.'

He goes down into the dark caves underneath the monastery where the original manuscripts are held as archives in a locked vault that hasn't been opened for hundreds of years.

Hours go by and nobody sees the old Bishop . . .

So, the young priest gets worried and goes down to look for him. He sees him banging his head against the wall and wailing,

'We missed the **R**! We missed the **R**!

We missed the **R**!

His forehead is all bloody and bruised and he is crying uncontrollably

The young priest asks the old Bishop, 'What's wrong, father?' With a choking voice, the old Bishop replies, 'The word was...

CELEBRATE!!!'

Strolling—Winter 2024

It was a cold Friday, and the end of the coldest week for years, when we met as usual in the carpark. There were, surprisingly for a skittles day, ten of us. This included two who had not been with us before, I hope they felt welcome. We left the cars in Highbridge and walked to the new development at Brue Farm to view the show homes. The first two houses were Bloor Homes and the next three Barrett Homes. I was impressed by how quiet they were inside despite facing the main road roundabout. Apparently, the double glazing is filled with argon gas to deaden the noise. A group photo was taken in one of the lounges. We did not go for coffee as everyone had reasons to go straight home.



The last stroll in January was on a glorious sunny but chilly day along the King Sedgemoor Drain. We have, in the past, wondered why there are numbers on fence posts along the path. I have inquired and they appear to



be something to do with Sus-trans not the Environment Agency. I turned back after a short way and Bernie and Fay kept me company. The intrepid eight walked to Parchey Bridge. Along the way Audrey took the group photo.

We all had lunch at the Puriton Inn.

Only five of us gathered for the first stroll in February. We decided on a short amble from Brent Street, Brent Knoll, up to the church the steep way and down the gentler slope the other side to return to the cars parked opposite the village hall. We met a whole school full of young children going down as we struggled up, enquiries revealed that they had just attended a Candlemas Service. As the church was open, we took the opportunity to look around and were made very welcome by the people tidying up. We came back to Highbridge and went into Sopha for a drink and light snack.

Following a week of heavy rain the second stroll was along the Bridgewater canal bank toward the YMCA and back the other side. Fay, Bernie and I returned to Morrisons but the others went up to the Taun-

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ton Road and returned to the opposite side of the car park.

Another short walk on the 16th February. We parked in the lay-by at Watchfield and strolled around Southwick. The weather was warm and occasionally sunny but we had to avoid some large puddles left by the overnight rain! We returned to The Purple Spoon for refreshments.

Paula

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Quiz Answers

1	Mercury	2	Daphne Du Maurier
3	Harry Webb	4	Fool's Gold
5	Beatrix Potter	6	26
7	Ronald Reagan	8	It is eaten
9	Father Time	10	Kendal
11	Abraham Lincoln	12	Books of the Old Testament
13	Suffragettes	14	Seaweed
15	Bubonic Plague	16	Seaweed
17	Drifters	18	On tip-toes
19	Robert Browning	20	Neil Kinnock

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Calendar

<u>Date(s)</u>	<u>Details</u>	<u>Cost</u>
2024		
March 27th 10am—Noon	Easter Raffle & Rail Highbridge Community Hall	NA
April 18th 12.30—3pm	Annual Lunch @ The Beachcomber, Brean	£15 (members) £20 (guests)
April 22nd	Day Out to Cirencester	£19
May 8th @ 10.30am	U3A of Highbridge AGM Highbridge Community Hall	NA
May 10th	Day Out to Poole	£19



Cheques to cover payments for all “Away Days”, Theatre trips and Holidays must be made payable to “U3A of Highbridge Social Account”

Please also add your name, address and phone number on the reverse of the cheque, this: -

- a) helps to identify you on the passenger list, and
- b) If a trip is cancelled you can be notified quickly.