

Of Highbridge  
**u3a** learn,  
laugh,  
live



# **U3A of Highbridge Magazine**

Registered Charity No: 1184925

Website: [www.u3ahighbridge.org.uk](http://www.u3ahighbridge.org.uk)

Issue 131

Jul/Aug 2024

## **Your Committee**

<u><b>Position</b></u>	<u><b>Name</b></u>	<u><b>Tel</b></u>
Chairman	Adele Stevens	07486 909687
Deputy Chairman	Allen Owen	01278 784500
Secretary	Janet Preddy	01278 783743
Treasurer	Carol Marriott	01278 795773
Membership Secretary	Neil Scott	07702 290471
Assistant Membership Secretary	John Ellis	01278 685483
Group & Events Co-ordinator	Denise Godby	01278 238526
Committee Member	Diane Scott	07484 869011
Committee Member	Peter Manning	01278 780203
Committee Member	Audrey Downing	07467 029154
Committee Member	Clive Haines	07711 834625
Committee Member	Paul Parkin	07563 164620

## **Other non-committee roles**

Webmaster	Darryl Knight-Rees	07751 565705
Welfare and Greeting New Members	Fay Burston Pearl Price	01278 782529 01278 793954

Magazine Editors:	Darryl & Linda Knight-Rees Phone: <b>07751 565705 / 07708 344530</b> Email: <a href="mailto:magazine@u3ahighbridge.org.uk">magazine@u3ahighbridge.org.uk</a>
Next Magazine Deadline:	<b>Sunday August 25th 2024</b>

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Note: In accordance with the requirements of the General Data Protection Regulation 2018, information relating to all of the U3A of Highbridge's members will be held on a computerised database and will be used solely for the U3A of Highbridge's business and communications.

## Chairman's Message

**Hey Everyone!**

Half way through the year already!

Soon be Christmas 🎄🎄

Welcome to all our New Members.

Let's support all our amazing groups and tell all your friends.

If you're coming along to the Free Social afternoon I hope you will have a great time.

Bye for Now

Adele x



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## **Club and Group News**

### **Two New Groups**

A new Card Making group has started and runs every other Thursday between 10 am and noon in room 4 Community Hall, Highbridge. Next session is Thursday 11th July 2024. Group leader is Shelly, 07795 007602.

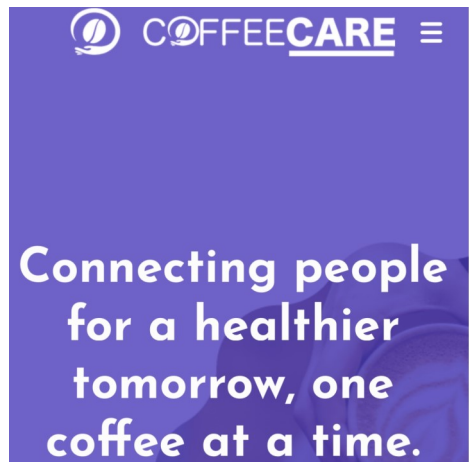
A new Knit and Natter group has started and runs in the Highbridge Community Hall room 4, 10-noon, £2 a session on every other Tuesday. Next session is Tuesday 9th July 2024. Group leader is Fay Burston, 01278 782529.

### **CoffeeCARE - connecting people for a healthier tomorrow, one coffee at a time**

Welcome to CoffeeCARE. At CoffeeCARE, we believe in the power of community & wellness , located in Highbridge, Somerset & held at The Purple Spoon Cafe every other Thursday 10 - 12 for anyone living with a long - term illness or condition.

Come along to share experiences, gain help & support or just come to listen over a coffee .

Please contact Denise Wise (U3A of Highbridge member) on 07788 232070 for more information.



## Your New U3A of Highbridge Committee for 2024



**Adele Stevens**

Chairman

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**Allen Owen**

Deputy Chairman

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deputychairman@u3ahighbridge.org.uk



**Janet Preddy**

Secretary

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**Carol Marriot**

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Membership Secretary

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Assistant Membership Secretary

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**Clive Haines**

Committee Member

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clivehaines11@gmail.com



**Paul Parkin**

Committee Member

07563 164620  
parkinpaul192@gmail.com

### **Next Day Trip**

Our next day out will be on Tuesday 30th July to the Tiverton Canal with a trip on a horse drawn barge, then on to Tiverton. The cost will be £36.50 which includes the cost of the barge.



### **Tinsel & Turkey Holiday Sunday 24th November to Thursday 28th November 2024**

I have again booked us in to the Abbey Lawn Hotel, Torquay for this holiday as it proved popular last year. Unfortunately the cost has risen considerably to the basic price of £289 per person. I have obtained the maximum number of single rooms: 5 standard rooms for £10 extra pp and 2 Garden rooms for £20 extra pp. If more than 7 people need single rooms then I'm afraid we will again have to have a draw as this seems to be the only fair way to allocate them. Would people please consider sharing.

I need a deposit of £40 per person by Wednesday, 19th July at the very latest. The balance is due by Wednesday, 9th October also at the very latest.

Should there be fewer than 35 people booking we may have to cancel or share a coach (& only have one pick up point).

Holiday insurance is available from Daish's but you would need to contact them direct for the price.

Please join us if you can for what we hope will be an enjoyable lead up to Christmas!

Chris & Diane.

## **Members Contributions**

### **STROLLERS U3A**

We love to spend time by the sea  
 The Fresh air is great for us all you see  
 Walking slowly on the dry sand with stroller in hand  
 To hear the rippling waves flow up and down  
 The sun turning the sand all shades of brown  
 The sea rises for a midnight swim  
 We would love to all join in  
 We could gather shells for our pleasure  
 Used for our crafting leisure  
 This reminds us of the sea's wonderful treasures  
 By the sea for good measure

***Paul Parkin***

## **Churches 28**

Our first visit today was to the village of Goathurst. The Quantocks are blessed with some of the most beautiful churches and Saint Edwards is certainly one of the most interesting. The church's dedication is unusual, to Saint Edward, King and Martyr. This young Saxon King was murdered by his stepmother Elfrida in AD978 at Corfe Castle in Dorset in order that her own son would become King. This suggests that there was a church on this site before the Norman Conquest.

The present building is mainly of the Perpendicular period and dates from the later part of the 15th Century. The tower is older and was built in the 14th century, as it is a simple construction with rich mouldings around the archway. The church was much restored in Victorian times. On the belfry wall under the tower there is a fine collection of Hatchments commemorating the Kemeys-Tynte family of Halswell House. Much of what you see in the church tells something of the people who worshipped here. The Halswell Chape on the north side of the chancel contains a monument to Sir Nicholas Halswell and his wife Bridget; their effigies are surrounded by kneeling figures of their 9 children, 6 sons and 3 daughters. Well worth a visit.

Unlike Goathurst which occupies the fringes of the Quantocks, Broomfield has a high exposed situation being the highest village in the Quantock Hills. The church of Saint Mary's and All Saints is an interesting building. There's been a place of worship here on the present church site since at least 11th Century. The tower was added around AD1440 and is similar in style to Saint George's church in Dunster. It originally contained 5 bells all cast during the 18th/19th centu-



ries by different makers. They fell into disuse in AD1928 and were not heard again until AD1990 when they were restored.

During a further major rebuilding in the 16th Century, the north aisle was added. Broomfield was noted in the Domesday Book (1086) as Brunfelle; it has always been a very widespread community. In AD1259 a charter was granted to the Lord of the Manor by King Henry 3rd for an annual fair to be held on the 13th November but was discontinued in the 1890's. Inside the church there remain almost unaltered one of the richest and most complete series of bench ends and seats in the country carved by Simon Werman 500 years ago; many depict fishes and pointed leaf designs. The wagon roofs of the nave and aisle are medieval in date and style. There are angels holding shields across their chests and the bosses are of a carved leaf design. Lastly above the south door are the Royal Arms of Queen Anne dated AD1714. Restored in the 1980's, it is carved in lime wood and thought to be one of only two left in the country. A beautiful building.

Bernie.....

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## Our Day Out in Weymouth—photo from Wendy Conibeer





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## Monthly Draw

4th May 2024	No. 10	Sylvia Dyer and Sybil Tilley
1st June 2024	No. 9	Fay Burston and Bernard Martin

**Winners each received £20.00**

# IN NEED OF ADMIN SUPPORT?

Typing correspondence, completing forms, organising appointments, general filing, proofreading, cross-checking information.

**Phone Elaine  
07971551023  
All enquiries welcome**

Retired educator with technical science and administrative experience.

**No job too small.**





## Group Activities

### Monday

Week	Time	Group	Venue	Leader	Tel
1 <sup>st</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup> (excluding bank holidays)	2.00 to 4.00	Board Games	S.H.	Pete Manning  Chris Murphy	07976 408843  07947 203046
2 <sup>nd</sup> & 4 <sup>th</sup> (excluding bank holidays)	2.00 to 3.30	Kurling	C.H.	Pete Manning	07976 408843  07562 919566

Group no longer running

### Tuesday

Week	Time	Group	Venue	Leader	Tel
Every Other Week	10am to Noon	Knit and Natter	C.H. (4)	Fay Burston	01278 782529

### Wednesday

Week	Time	Group	Venue	Leader	Tel
Every	10.00 to 12.00	Coffee Morning	C.H.	N/A	N/A
2 <sup>nd</sup>	12.00 onwards	Luncheons	Varies	Adele Stevens	07486 909687

### Thursday

Week	Time	Group	Venue	Leader	Tel
Every Other Week	10am to Noon	Card Making	C.H. (4)	Shelly	07795 007602
Every	2.00 to 4.00	Table Tennis	C.H.	Audrey Downing Rod Downing	07467 029154
Last		Classic Car Appreciation		Malcolm Manser	07932 734423

## Group Activities

### Friday

Week	Time	Group	Venue	Leader	Tel
1 <sup>st</sup> & 3 <sup>rd</sup>	1.30 to 3.00	Skittles	C.A.	Self-Regulating	238526
1 <sup>st</sup> & 2 <sup>nd</sup> & 3 <sup>rd</sup> & 4 <sup>th</sup>	10.00 onwards	Strollers	Varies	Self-Regulating	238526
5 <sup>th</sup>	10.00 onwards	Somerset Churches	Varies	Bernard Martin	787230

### Occasional

Weekdays	Activity	Contact	Tel
Varies	Holidays	Christine Owen Diane Scott	784500 07484 869011
Varies	Walking	Audrey Downing Rod Downing	256895 or 07467 029154

Changes since last issue are highlighted in yellow.

### Legends

S.H. .... Southwell House	C.H. .... Community Hall (Room Number)
P.H. .... Private House	G.H. .... Gospell Hall
C.A. .... Coopers Arms	

**Should you wish to join a Group please first contact its Leader.**

# Burnham Mobile Foot Health Clinic

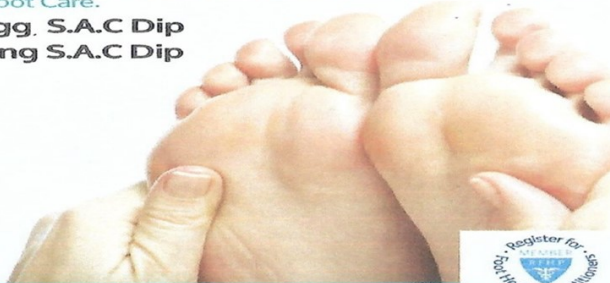
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**Lydia Bragg, S.A.C Dip**

**Andrea King S.A.C Dip**

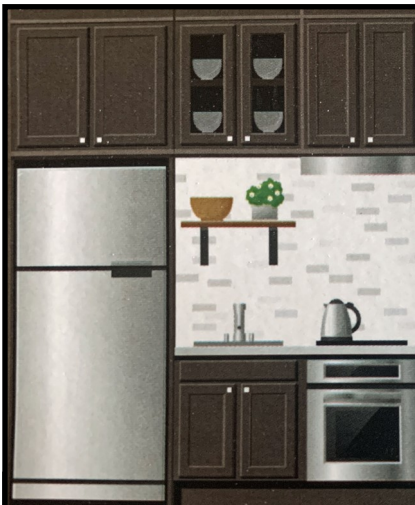


Contact Lydia on

**07720 383 994**

Contact Andrea on

**07729 497 377**



## *Glennys Appliance Repair*

**Jon Glenn**  
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and surrounding areas

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glennysappliancerepair@gmail.com

**I live in Burnham and cover from Weston to Bridgwater and to Cheddar area. I have never received anything lower than a 5\* review on Google.**



## *English is a crazy language*

There is no egg in eggplant, or ham in hamburger,  
 neither is there apple nor pine in pineapple.  
 English muffins aren't English and French fries  
 aren't French. Sweetmeats are candies while  
 sweetbreads, which aren't sweet, are meat.  
 Boxing rings are square, quicksand works slowly  
 A Guinea pig is neither from Guinea nor is it a  
 pig. Why is it that writers write, but fingers don't  
 fing, grocers don't groce and hammers don't ham.  
 If teachers taught, why didn't preachers praught.  
 If a vegetarian eats vegetables what does a  
 humanitarian eat ? and if you wrote a letter,  
 perhaps you bote your tongue. In what other  
 language would people recite at a play and play at  
 a recital, have noses that run, and feet that smell ?  
 You fill in a form by filling it out and an alarm  
 clock goes off by going on. People, not computers  
 invented English and it reflects the creativity of  
 the human race, which of course isn't a race at all.  
 This is why, when the stars are out they are  
 visible, but, when the lights are out they are  
 invisible and when I wind up my watch, I start it  
 but when I wind up this message

*I end it .*

## **Quiz (answers on page 22)**

- 1 With whom did Grace Kelly have a million selling record called True Love?**
- 2 Morel, cep and chantarelle are types of what?**
- 3 What was the King doing whilst the Queen was eating bread and honey?**
- 4 With which tartan did Jackie Stewart decorate his racing helmet?**
- 5 Angels and Demons is a bestseller by: Tom Clancy or Dan Brown or Clive Cussler or Robert Rankin?**
- 6 Whose husbands have included Nicky Hilton, Eddie Fisher and Michael Todd?**
- 7 Who composed the classical piece Finlandia?**
- 8 What was the name of the Trade Union led by Lech Walesa?**
- 9 What was the name of the cook in 'Upstairs, Downstairs'?**
- 10 What colour is ochre?**
- 11 Name the artist with the surname Buonarroti?**
- 12 From which country was Norway granted independence in 1905?**
- 13 What South American country was named after Venice?**
- 14 What are feta, portella and Jarlsberg?**
- 15 Of which country is Suva the capital?**
- 16 Who was Liza Minelli's mother?**
- 17 Which metal is extracted from bauxite?**
- 18 How many sides has a rhombus?**
- 19 What are Jonathans, Blenheims and Codlings?**
- 20 What are Cherubim and Seraphim?**



I know you believe  
 you understand  
 what you think I said  
 but !  
 I'm not sure you realise  
 that what you heard  
 is  
 not what I meant.



### The Joys of Getting Old

The years are rushing by so fast  
 It's really quite concerning  
 If only I could stem the tide  
 I can't, is what I'm learning



My mind still thinks it's twenty-one  
 But my body is a mess  
 A nice toned tum, a small pert bum  
 Just a dream, I do confess

My bones, now they get achy  
 And my skin a little saggy  
 And when I wear my favourite clothes  
 They are tight, but once were baggy

My wrinkly skin and hairy chin  
 Loom large upon my face  
 But I hold my head up high  
 And smile with elegance and grace

My auburn hair, I do despair  
 Now a mix of white and grey  
 It was my favourite feature  
 Long ago, back in the day

## Adele's Little Trip to Cornwall





## **Day Out to Dewstow Gardens and Chepstow**

Dewstow Gardens was a real treat with a surprise around every corner. Beautiful features with lots of seats to enjoy the lovely views especially across the estuary.

Paul had a challenge to negotiate the grottos with his walker but was not deterred and having completed his assault course needed a couple of pasties to restore his strength!

Later, having had a nice walk and lunch in Chepstow, we strolled down to the river looking for ice creams but there were no ice cream shops open. I asked a lady from a pub if she knew where we could buy some and she donated four and wouldn't have anything for them. She said 'You're in Wales! enjoy!'

The sunny weather was an added bonus. Thank you Denise for organising such a brilliant trip!

Audrey & Rod







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## Quiz Answers

1	Bing Crosby	2	Fungi
3	Counting out his money	4	Stewart
5	Dan Brown	6	Elizabeth Taylor
7	Sibelius	8	Solidarity
9	Mrs Bridges	10	Yellow or orange
11	Michelangelo	12	Sweden
13	Venezuela	14	Cheeses
15	Fiji	16	Judy Garland
17	Aluminium	18	Four
19	Apples	20	Angels

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## Calendar

<u>Date(s)</u>	<u>Details</u>	<u>Cost</u>
2024		
July 7th @ 3pm—6.30pm	Afternoon Tea & Live Music Highbridge Community Hall	Free
July 30th	Day Out in Tiverton	£36.50
Nov 24th to 28th	Tinsel & Turkey Holiday in Torquay	£289 + single supplement



Cheques to cover payments for all “Away Days”, Theatre trips and Holidays must be made payable to “U3A of Highbridge Social Account”

Please also add your name, address and phone number on the reverse of the cheque, this: -

a) helps to identify you on the passenger list, and

b) If a trip is cancelled you can be notified quickly.