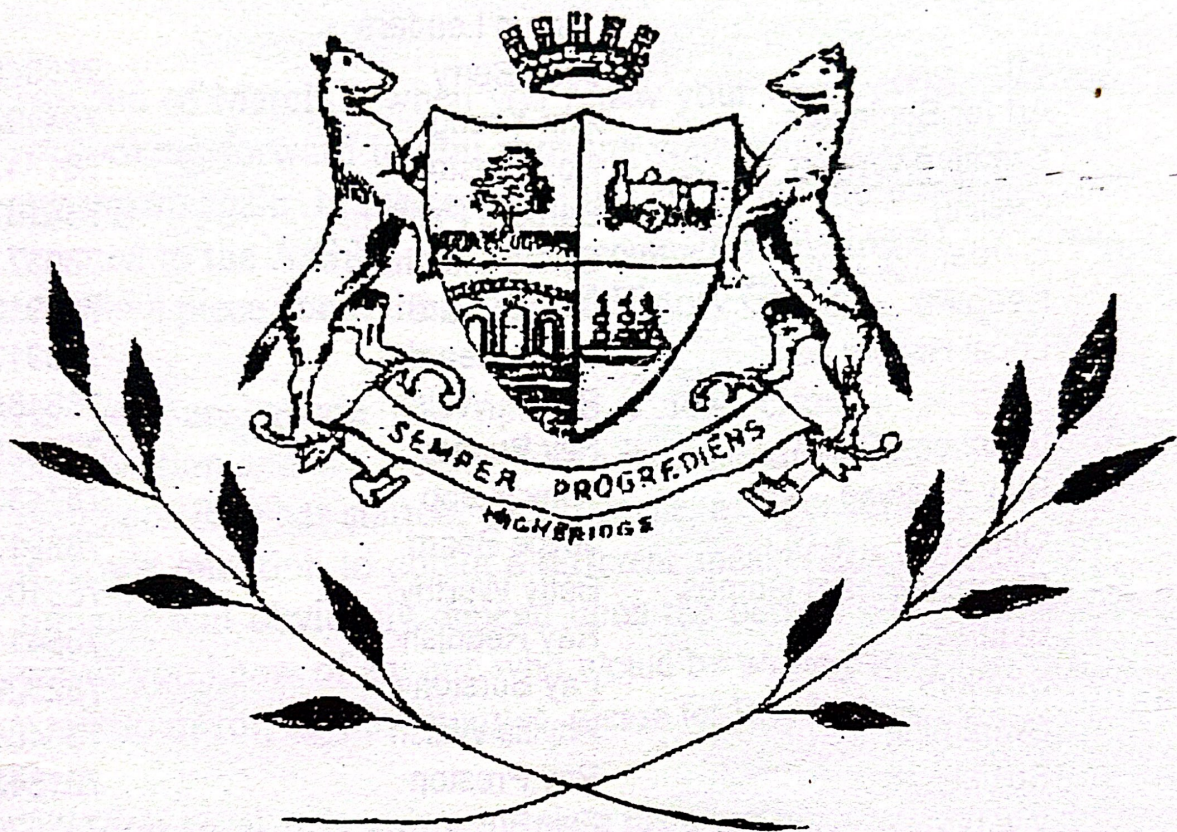


U.3.A of HIGHBRIDGE



SPRING
2002
NEWSLETTER

Issue Number **10**

WHO'S WHO
in the U. 3. A. of Highbridge
Members of the Committee

Chairman	Roy Preston	781843
Vice Chairman	Fay Burston	782529
Secretary	Sylvia Shepherd	780377
Treasurer	Ken Burston	782529
Membership Secretary	Doris Feyerabend	784437
Group Organiser	Joyce Beard	783913
Committee Members	Pat Gray	786905
	Phil Lyes	784629
	Ethel Tittford	788811

	Group Leaders	
Art	Jean Berry	785840
Art for Beginners	Ann Young	794492
Creative Writing	Roy Preston	781843
Cycling	Barbara Palin	784187
Gardening	Sylvia Shepherd	780377
Keep Fit	Joyce Beard	783913
Local History	Joyce Beard &	783913
	Phyllis Walsh	786486
	Fay Burston	782529
Luncheon Club	Tony Webb	787483
Play Reading	Joyce Beard	783913
Quiz	Betty Worthy	785106
Scrabble/Board Games	Ray Reddish	785411
Skittles	Fay Burston	782529
Strollers	Phyllis Walsh	786486
Swimming	Roy Preston	781843
Social	Fay Burston	782529
Welfare		

Group Leaders hold a meeting on the FIFTH Wednesday of a month. These are January 30th /May 29th /July 31st and October 30th.

Should you wish to join a Group please contact the Group Leader to first ensure that there is a space for you also check the times and venue.

Most Groups are able to take new members, but first check.

EDITORIAL

Well! It is Spring and we are about to start a new year in the life of our Club, a club which provides an opportunity, for all those who wish to get out into the world and widen their knowledge to do so. To share their time with others to the well being and benefit of all, yes, enjoying life.

Last year proved to be very successful, our Art Groups excelled at a number of shows and a member also won a place in the Third Age Trust competition to find a photograph to be included in their 2002 Calendar.

The end of March is when you renew your membership, so we are looking forward to you showing your confidence in us and signing up again. In the centre of this magazine there is a section devoted to the A.G.M. and a few comments relating to the Club fee and a piece about the Proposed History Group.

As you are aware we operate a few Groups within our organisation and we would like to increase the opportunities to members. Roy has started, with Yvonne, a "Speakers Corner." It is Roy's intention to obtain a different speaker for each month, subjects will obviously depend upon the person we are able to get. If you know of anyone who would be willing to come along a talk to us for, say, 30 minutes, please let Roy know.

The first speaker is going to relate his experiences during many years working in the film industry, with comments about various stars and their little idiosyncrasies. Should be interesting. It is understood that there are some speakers lined up so we look forward to your support to get this new Group off the ground.

Finally, may I thank, on behalf of the Committee, all members for their support during the past 12 months, without your support it would have been a struggle and boring, so thanks to you all..

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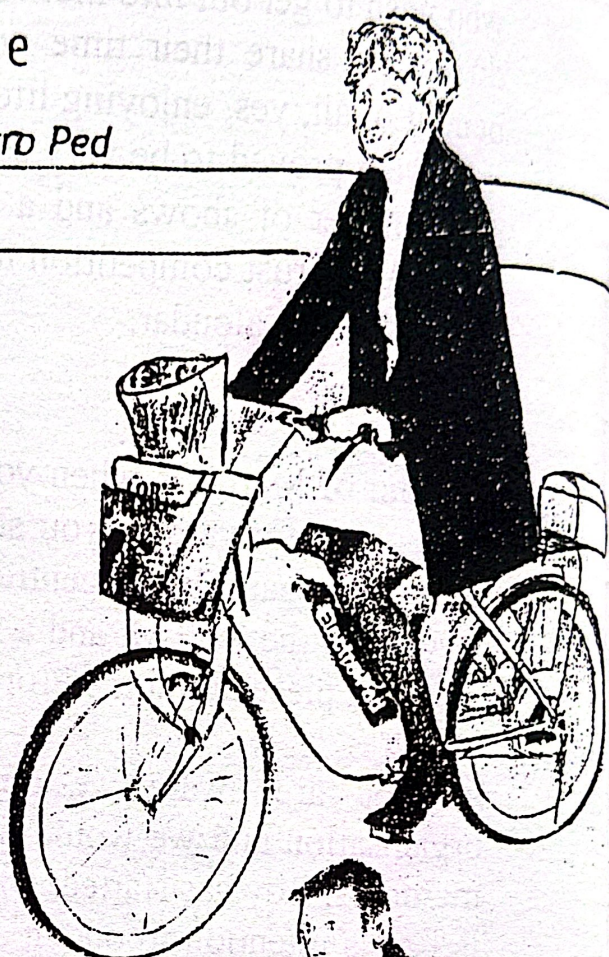
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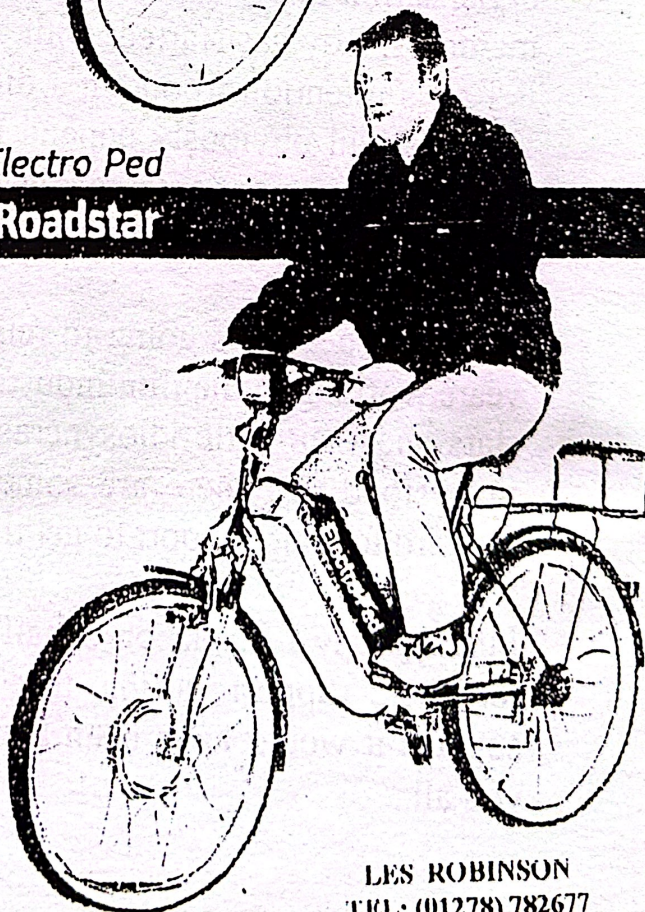
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THE LAST WORD FROM YOUR RETIRING CHAIRMAN- ROY PRESTON

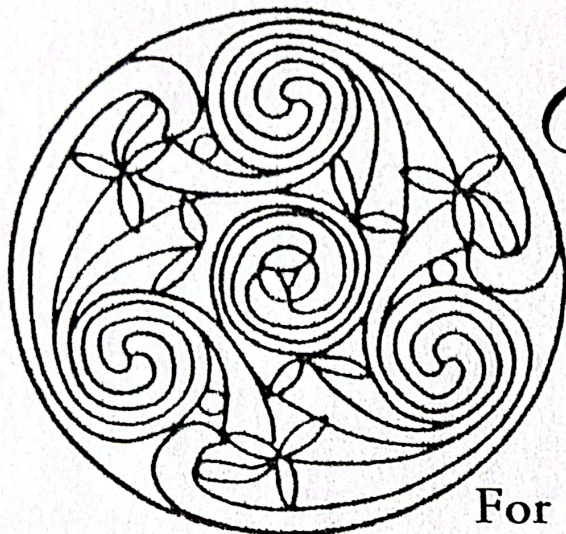
It will soon be time for the Annual General Meeting. Time to elect your new Committee. At our last A.G.M. we adopted the Constitution which tells us that we can have up to ten Committee members to manage our organisation.

Another thing that the Constitution tells us is that no one may hold the office of Chairman for more than three years. The U3A of Highbridge was formed two and a half years ago, therefore if I carried on as Chairman for the coming year I would be in office for over my term and it would be a contravention of the Constitution, I am therefore retiring from office to allow someone else to take my place.

It is the first time I have taken on a job such as this and I would like to say I have enjoyed the challenge, but I would not have been able to do it if it had not been for the officers and Committee members who have supported me since I took office. We started off with just the idea of forming a U3A in Highbridge and all pulling together, we formed a strong foundation which grew into membership of over seventy members to date. The U3A of Highbridge is obviously filling a need. Thank you, all of you, without your support we would not have been able to reach this point.

We still need your help. We need you to elect the new Committee and when you have done this you still have not finished your duties towards our U3A, because now and in the coming year you have to help your new Committee by telling them what you want them to do and I'm sure they will do their utmost to carry out your wishes.

Roy Preston



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NEWS FROM THE GROUPS

ART I AND II

The members of these groups are busy "brushing " up their artistic talents ready for the flower and craft shows which will, no doubt appear this summe. Having tasted success in 2001 they are going to attempt to do better in 2002.

Art I Is doing well with nine attending each week on average.

Art II Similarly well supported with seven members.

COMPUTERS

We have not heard lately how the recipe book is progressing, perhaps they are trying out the dishes first!

CREATIVE WRITING

The group is producing poetry at present with some members having verse accepted for printing. (see page 10)

GARDENING

Now is the time to get your seeds and plants in, if only you can get on the garden, it's either too wet or too cold and windy or all three. Sylvia is hoping to arouse interest again shortly.

HISTORY

This group has been side-lined lately by the "Highbridge Express" project i.e. "History in the Making" the project, incidentally closed on 31st March their exhibition was on the 16th March and was very successful, with over 500 attending during the day.

It is understood that the project is to continue under a "New Management" and will be looking for volunteer researchers.

SKITTLES

On Friday April 5th there is going to be an "Easter Eggstraviganza". Ray Reddish wants "competitors" to turn up in fancy hats or flowery poses, for a giggle. There will be prizes for the most ridiculous, sorry fancy.

WELFARE

Thankfully most members got through the winter without too much hardship, the usual flu attacked some with varying degrees of severity. Vi Chick is recovering very well from her major operation – keep it up Vi – it's good to see you around again.

Charles Langdon is causing some concern to his wife (Madge) and his friends in and around West Huntspill. Our Best Wishes are with you Charles.

We hear that one of our new members –Peter Hearn-is not too good, he is experiencing a recurrence of an earlier illness, we trust Peter that treatment is successful and that conditions improve for you soon.

CERAMICS

This Group is still very busy, but unfortunately, there is a venue problem at the present time. This being resolved and we will be able to give you information soon concerning venue and up-to-date details on times. etc. In the meantime if you wish to join this Group or receive details about it please ring Pam Lyes on 784629

PLAY READING

The Group met on the 25th January, I believe they met again since then but as I have been away for a while my information is not up-to-date. Please Tony let me know if you have any comments for the magazine.

STROLLERS

The first Strollers this year was on the 8th of March, (on the second Friday of the month). Ken and I were, as you know, away at the beginning of the year.

At the appointed time of 11 a.m. Ken waited patiently with me, in the car park. Beryl came along a few minutes before 11 a.m. the only one to join us. We did however have a very enjoyable walk, weather could have been better but did not deter us. The three of us drove down to park by the sea wall by the side of the Huntspill river and started our walk from there towards Burnham for about forty five minutes or so. As neither Beryl or Ken had ever been along that part of the sea wall before, this made it all the more interesting for them. Beryl is very keen to take Roy for a walk along there.

I will try to take members to new territory whenever possible, the next stroll, weather permitting, will be on the 12th April the second Friday of the month again when I hope to go to Cossington with a few more strollers next time as I know the weather will be marvellous in April. We look forward to a few more of you joining us.

Fay Burston

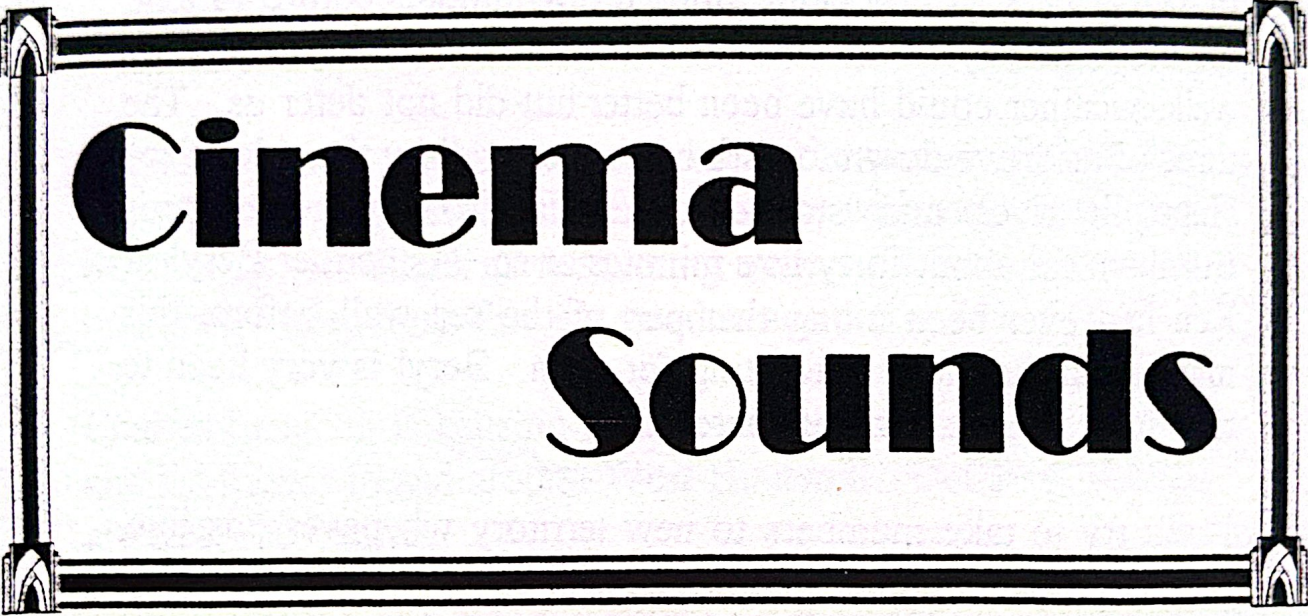
LUNCHEON CLUB

The luncheon club met on Saturday the 23rd March, first time since I got back from Australia. I am pleased to say there were fourteen of us, all arrived on time and the meal as usual was served very promptly. By sorting out our requirements beforehand and placing our order accordingly ensures that the staff at the "Watchfield Inn" can serve our meals quickly.

Eleven of those who came will not really want me to inform you of this but all of them weakened and had a desert, I won't give you any names though. The deserts were really delicious, a selection of about half a dozen, the treacle tart was out of this world, I know, because I tried it.

Fay Burston

U3A of Highbridge
Speakers
Corner
PRESENTS



Cinema Sounds

Cyril Brown will talk on his life
in the film and TV industry as a
recording technician

Monday 15th April 2002

At Southwell House

2.15 for 2.30 pm

Admission £1 each - no concessions
non members £2 each

To include tea and biscuits

Space is limited, so come early

SPEAKERS CORNER

A new monthly meeting is to be held, for want of a better name we will call it SPEAKERS CORNER. Every month an invited speaker will talk on a subject of his, or her, choice. These meetings will be held on the third Monday of the month starting on 15th April 2002 at Southwell House, 2.15 for 2.30.pm.

To cover costs there will be a charge of £1.00 each for members. Non-members are also invited but for them the entrance fee will be £2.00. Hopefully there will be free tea or coffee and biscuits.

We hope these talks will be of interest to you. If there is any subject that you would particularly like to hear about, please let me know and I will try to arrange a speaker .

The visiting first speaker will be Cyril Brown. He spent many years as a recording engineer in films and television. Although his face did not appear on the screen, his name was often included in the credits. Come and hear him tell of his experiences with the famous and not so famous people he came into contact with during his working life.

We have a number of other speakers lined up for future meetings and, if you know of anyone who could talk on interesting subjects, tell me about them, we might be able to persuade them to come and entertain us. Contact Yvonne Preston 781843.

WEDNESDAY 24th APRIL 2002

Please note this change of venue, the reason for this change is that last year the room at Southwell House was rather full and as a result we decided to move to larger premises.

The A.G. M. will be at 11.00 sharp and we want a full house .

As a Club, we are affiliated to the Third Age Trust and have to pay them a 'capitation' fee of £2.50 per member. So, if you have already paid to join another Club you have paid your 'capitation fee; we therefore require you pay just £3.50 to join us but we require to your membership card from the other Club as evidence.

A MEMBERSHIP FORM IS OPPOSITE>>>>>>>>>>>>>>

COFFEE MORNINGS

I would like to take this opportunity to say how pleasing it is to see so many members at our weekly meetings. These weekly get-togethers are an ideal way, not only to meet you, but also it gives us (Committee Members) an opportunity to discuss with you your likes and dislikes.

Quite often we can raise with you matters which need to be thought out a little and, I must admit, if brought up at a committee meeting, can take up a lot of time.

Ken Burston

UNIVERSITY OF THE THIRD AGE

THE U3A of HIGHBRIDGE

The U3A of Highbridge is a self help educational and social organisation in which people no longer in full time employment can establish themselves into groups where they may broaden their experience and keep both mentally and physically active.

MEMBERSHIP APPLICATION/RENEWAL

Surname Mr Mrs Miss Ms
(delete as appropriate)

Forenames.....

Address.....

.....

Postcode..... Telephone.....

New Member [] Renewal []

Hobbies or other interests.....

.....

Membership fee £6. by cash, cheque or PO made payable to:
The U3A of Highbridge

Signature of applicant.....date.....

Please return completed form, with subscription, to membership secretary

at Coffee mornings
at Southwell House

ANNUAL GENERAL MEETING

The following Proposal is put forward for consideration;

Reason; The HIGHBRIDGE EXPRESS which has been responsible for the "History in the Making" Project, (in which a number of members of the U.3.A. of Highbridge have been involved) terminates its control of the project on the 31st March 2002. All funding for the project also ceases.

However, the project members (which included U.3.A. of Highbridge members) wish to continue their research and in due course, produce a book and /or video of the results of their efforts. It is not their intention to bin the information after all the hard work which has gone into their research.

In order to get the project up and running again it is necessary to have a temporary base from which to launch the new project, also they have to obtain funding and formal recognition. To reduce, drastically, the time normally needed to do this it wishes to use this Club's "Local History Group" as the foundation.

We would stress that this is purely a temporary measure and if the members of this Club do not object to this proposal the "HIGHBRIDGE HISTORY PROJECT " as it will be known, will become independent when it is established.

We, who are members of this Club and the new project, look to you, the members of the Club to help us in this new venture. We need your acceptance of this proposal.

For your information a Steering Committee has been set up for the new group and comprises;

Roy Preston	Chairman	Fay Burston	Secretary
-------------	----------	-------------	-----------

Jack Foster	Archivist	Ken Burston	Project Co-ordinator
-------------	-----------	-------------	-------------------------

Maureen McClaren	Treasurer	David Newton	Technical Advisor
------------------	-----------	--------------	----------------------

Sandra

Hairdressers

We welcome O.A.P.'s

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I came across a few 'one-line philosophies' the other day;-

If your husband tries it on in bed---make sure you have taken it off first.

Life is a very long sentence in just one word.

It was a wartime wedding and he's still waiting for the ceasefire.

CREATIVE WRITING GROUP

U.3.A MEMBERS ANTHOLOGY

CALLING ALL POETS OR-

Anyone who has the time to do a rhyme !

We are making a collection of Members ' poems with a view to having these printed in our own Anthology, later in the year and on sale for Christmas to raise funds.

**WE WOULD LOVE TO HEAR FROM
YOU WITH YOUR POEM.**

Please contact Roy or Sylvia with your contribution.

We have already printed one or two poems from members and there is another this month from Sylvia who has had a number of her efforts printed in various publications recently.

Sylvia's ' Sonnet to a Garden' is reproduced in this months' magazine.

SONNET TO A GARDEN

Now enters March; the gardener's year begins,
yet winter's frost still lingers with its chill,
made worse across the frozen heath the winds
send shivers round each trembling daffodil

But soon, I know and see with inward eye,
the promise e'en a lazy spring can give.
As warm Earth stirs and wintry gusts must die,
each plant's rebirth – a promise it will live.

With watchfulness and tender loving care,
I give my troth, that I will do my part,
when roses bloom and honeysuckle fair,
their fragrant scents forever in my heart.
Though simple flower, or wond'rous plant so rare,
What else has such fulfilment to impart?

Sylvia Shepherd

This poem has been taken (with Sylvia's
permission) from a recent publication
"Whispers in the Wind"; the book contains
a selection of poems from over 100 poets.

COFFEE MORNING CONFAB

At the U.S.A. Coffee Morning of the 13th February, a group of members were discussing knitting for a variety of charities. Between us, we discovered that we:-

1. Knitted for penguins in the Faroe Isles (Fairy penguins as we called them).
2. Made sets of baby clothes which were put on still born babies, then given to their mothers as a memento.
3. Knitted baby clothes or any useful items, for a group of battered wives who walked out to the refuge with virtually nothing.
4. Collected old jumpers for goats who had been shorn, to keep them warm.
5. Knitted squares for blankets, supplied to the emergency services, who need them for victims of fire, accidents, etc. and overseas appeals.

I was relating the discussion to my husband who came home very late after a bad journey from Bristol and it sent him off into peals of laughter, picturing "Fairy penguins in their jumpers, which would go baggy in the sea" "Goats giving fashion parades in their donated woollies." I think that made up for his unpleasant journey.

On a more serious note. I wrote to "Radio Bristol" about the squares we are knitting. The 6 inch squares are to be made into 60 inch square blankets, the squares can either be sewn or crocheted together. The finished blankets can be taken to any Red Cross shop, so carry on knitting! Any spare wool?

Phyllis Walsh

Are you considering going away on holiday this year?

Do you, before you go, wish there was a way of hiding the fact you are away from casual callers. You know what I mean, especially if you have a glass front door, all your mail and free papers can be seen on the mat.

Well there is something you can do, it is not free, but what is these days?. It is called "KEEPSAFE" and I quote the ROYAL MAIL whose scheme it is:-

"If you are planning to be away from home, you want to make sure you don't leave a pile of mail on your mat. You also want to make sure that any important letters and valuable documents which have been sent to you are in safe hands. With the Royal Mail's Keepsafe service, not only will we take care of your mail while you're away, but we'll also deliver it to you on the date you chose.

For only £5.25, you'll get two week's cover for everyone in your household. Peace of mind has never been so inexpensive and simple. Obviously the charges increase for additional weeks, up to a maximum time of two months. To join this scheme you obtain a form from a Customer Service Centre (we go one from the sorting office in Dunstan Street) fill it in and send it back in the pre-paid envelope attached.

I suppose the alternative is to arrange for a neighbour to go in and pick the mail up and put out of sight, but this is not always convenient.

Having discussed the above with a colleague I have found another instance where this scheme would prove to be very useful. I know you cannot foretell when you are going to be ill, or when you may be hospitalised, but this scheme could be a godsend. You are suddenly whipped into hospital and could be in there a few days and perhaps spend some time convalescing. This Keepsafe service would be useful if you could arrange for a relative to sign you into the service. All your correspondence would be kept safe until you returned home.

TEAM WORK

Those of you who have attended our Coffee Mornings or one of the Group Activities held in Southwell House may have noticed that there is a large cupboard in one corner. This is ours, yes the U.3.A. of Highbridge lay claim to this piece of furniture.

It is doubtful however that you know how much 'team work' was involved in order to get it supplied and installed. The Art Group had shown that it had a need for somewhere to store its equipment, especially if it was to increase the membership and attract artistic talent.

We also needed somewhere to keep the very useful 'Notice Boards' which are erected every Wednesday to keep you informed of the Club's activities.

So, the 'Team' got to work:-

Our store cupboard

Jean,	asked for it.
Joyce,	negotiated for it.
Lyn,	got approval for it.
Roy,	cut in half.
Betty,	arranged transport for it .
Phil,	installed it.
Roy,	painted it.

We all now use it and a very useful piece of furniture it is.

Thank you 'Team'

Mini Quiz January - Answers

1. In which Somerset Industry were the terms Mumps, Ruckles & Tubary used? **Peat Digging**
2. Film World - Name of the corvette in "The Cruel Sea"
H.M.S. "Compass Rose"
3. Letters of the Alphabet - T 12 D.O.C. = **The Twelve Days of Christmas**
4. Highbridge Town Hall demolished? **1985**

MINI QUIZ - APRIL

1. On which range of hills is the Raleigh's Cross Inn?
Brendons
2. Television - Who played the part of Steptoe in Steptoe & Son? Wilfred Brambell
3. Letters of the Alphabet - S.A.S.O.6 P.Sing a son of Sixpence
4. Where is the "7 Miles to Bridgwater" milestone in Highbridge? Pavement outside Applegates Estate Agents

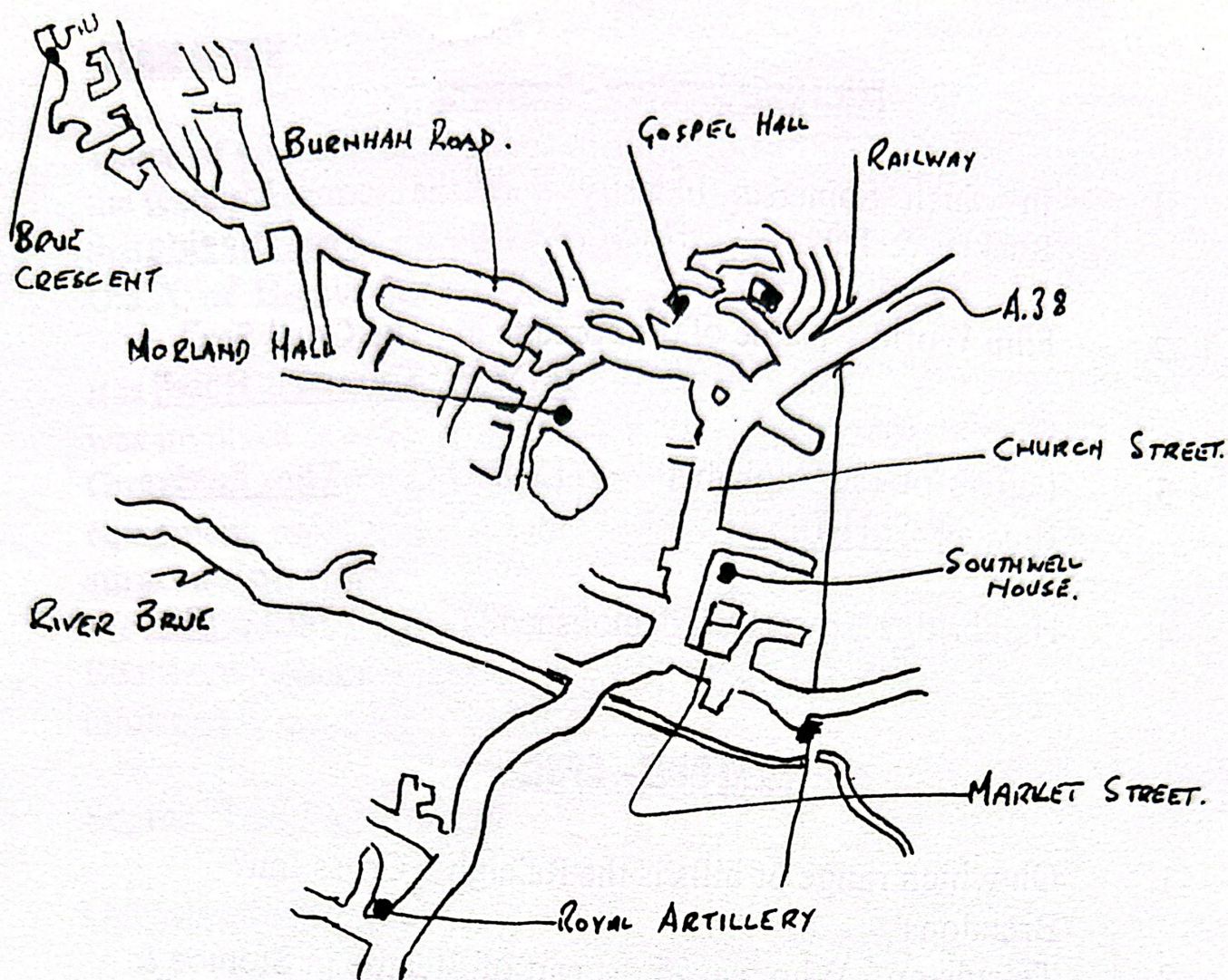
FOOD FOR THOUGHT

Think old !

Be cold!

Think young !

Have fun
Feel young



CLUB VENUES

Southwell House:-	Art I ; Art II; Coffee Mornings
Gospel Hall:-	Quiz, Group Leaders Meetings
Morland Hall:-	Keep Fit; Scrabble; Etc
Royal Artillery Inn:-	Skittles; Committee Meetings
4 Brue Crescent:-	Play Reading
On-Line Centre:-	Computing
Watch this space!	Ceramics
Burnham Pool	Swimming

GROUP ACTIVITIES TIMETABLE

Day	Morning	Week	Afternoon	Week
Tue	Writers Group	2 nd	Keep Fit Scrabble Art II	Weekly Weekly Weekly
Wed	Coffee Morning	Weekly	Ceramics Quiz Luncheon Club	Every other 2 nd /3rd Varies
Thur			Art I History *	Weekly Varies
Fri	Committee Skittles Strollers Cycling Play Reading	3 rd 1 st / 3rd 2 nd 4th 4th		

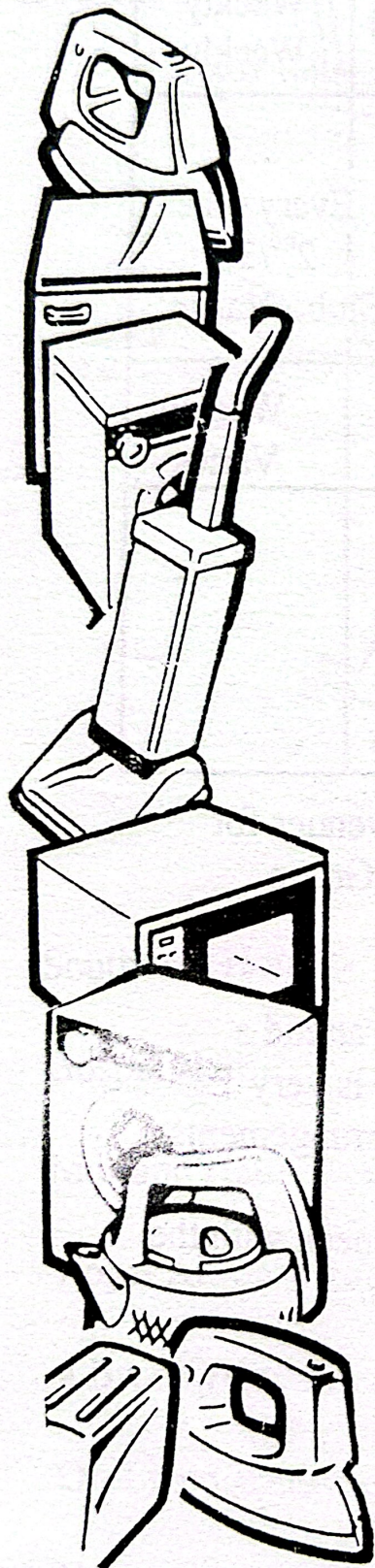
* Contact Group Leaders for dates, times and venues for these events, because they are determined by the Group Leader when making the final arrangements.

If you are a member of a group and are unable to attend a meeting PLEASE contact the Group Leader. This is very important and avoids problems when finalising arrangements.

Most groups can take new members, but please check with the leader for more information.

Dople's

DOMESTIC APPLIANCE REPAIR SERVICE



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- A RANGE OF KETTLES, IRONS AND TOASTERS.
- REPAIRS TO SMALL DOMESTIC APPLIANCES (KETTLES, IRONS, TOASTERS)
- PANASONIC SERVICE CENTRE
- REPAIRS TO MICROWAVE OVENS
- A RANGE OF NEW MICROWAVE OVENS IN STORE
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U3A of HIGHBRIDGE

What's on Diary

APRIL 2002

Notable dates in April

Easter Monday
St George's day

1st April
23rd April

Birthday of Queen Elizabeth II
U3A of Highbridge AGM

21st April
24th April

Number eight

Edited by Roy Preston

NEW

The U3A of Highbridge present a new monthly meeting

-- SPEAKERS CORNER --

Monday 15th April at Southwell House – 2.15 for 2.30

Cyril Brown

Will talk on his life in the film and TV industry as a recording technician

Admission £1 each – no concessions – non members £2 each

Space is limited so come early

DETAILS OF GROUP ACTIVITIES AS REPORTED BY GROUP LEADERS

Art on Thursday
An advanced, all media group. Meet every week at Southwell House from 1.30-4.30. Cost £1.70 plus materials. Group leader Jean Berry 785840.

Art on Tuesday
Meet weekly at Southwell House. 1.30-4.30. Tuition for beginners in all methods of painting. Cost £1.70 each plus materials. Contact Anne Young 794492.

Ceramics
We meet fortnightly on Mondays from 12.15 till 3pm at 46 Poplar Estate, Highbridge. Cost is £1.50 each plus materials. Contact Pam Lyes 784629.

Computer Group
No Meeting ☹ on 4th April (Easter hols). Re-meet on Thursday 11th April at the Online Centre, Alpha House. Group leader Joyce Beard 783913.

Creative Writing
Meet on the fourth Monday of the month. This month, on the 22nd we will be at the home of Roy Preston. Phone 781843 for details.



Cycling
Time for our meeting is 11.30am on the 4th Friday of the month in the Bank Street car park. Group leader Barbara Palin 784187.

U3A of HIGHBRIDGE WHAT'S ON DIARY APRIL 2002

Spring is here.  Time to start planning what the Gardening Group are going to do.

Keept Fit
Every Tuesday at the Morland Hall from 2.15pm. Join us for gentle  exercise. Phone Joyce Beard 783913.

Luncheon Club
April lunch will be at the Artillery Arms on Monday 15th. Put your name on the list at the Coffee morning or contact Fay Burston 782529

Play Reading
We have copies of 'The Mousetrap' for our meeting on 26th April. Meet at the home of Tony Webb, 4 Brue Crescent. Phone 787483.

Scrabble/Board Games
We play every Tuesday from 3.15pm after Kept Fit at the Morland Hall. Group leader Betty Worthy 785106

Strollers
11am in the Bank Street car park, Friday 12th April. Nice weather is here now so no excuses please. What do you think about strolling in the afternoon followed by a cup of tea and cakes? Fay Burston would like to know, phone 782529.



Skittles
On the first and third Fridays of the month. 11.30am at the Royal Artillery. April meetings are on 5th and 19th. Just turn up for a fun morning. Ray Reddish 785411.

Welfare
Fay Burston and her team are available at any time to provide help for any member who needs it. 782529

Don't forget
for one time only
Wednesday 24th April
COFFEE MORNING
Will be held at the
Community Centre, Market Street

FRANK FOLEY DAY

Frank Foley Day this year will be celebrated on Sunday May 12th.
Would any U3A of Highbridge members care to donate cakes or scones for refreshments in the afternoon at the Frank Foley Day
For more information please see Pat at Coffee mornings.

HELP WANTED

To assist in arranging visits to theatres, coach trips, days out, etc.
Please contact Fay Burston 782529 or Roy Preston 781843

IMPORTANT NOTICE

THE U3A OF HIGHBRIDGE ANNUAL GENERAL MEETING
Will now be held at the Community Hall, Market Street, Highbridge at 11am.
WEDNESDAY 24th APRIL - coffee will be served from 10am

Deadline for the next issue of the 'What's on Diary' is 19th May