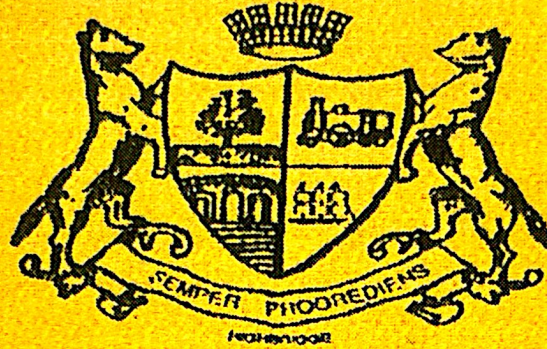


FAY & KEN



of

HIGHBRIDGE

<http://mysite.freemove.com/U3AHighbridge>

November-December

MAGAZINE

2005

ISSUE NUMBER 25

WHO'S WHO

2003/2004

Members of the Committee

Chairman	Phil Lyes	01278 784629
Vice- Chair	Fay Burston	01278 782529
Secretary	Ken Burston	01278 782529
Treasurer	Pauline Chapman	01278 785163
Membership Secretary	Beryl Bryant	01278 783780
Committee Members	Roy Bryant	01278 783780
	Jack Foster	01278 787611
	Ethel Titford	01278 788811
	Violet Chick	01278 784033
	Ray Reddish	01278 785411
Co-opted Members	Joyce Curtis	01278 782716
	Margaret Wall	01278 786742

Co-ordinators

Art I	Jean Berry (Tutor)	01278 785840
Art II	Phil Lyes (Tutor)	01278 784629
Card Making	Fay Burston	01278 782529
Family History	Roger Ouston	01278 795007
Keep Fit	Joyce Beard	01278 783913
Play Reading	Tony Webb	01278 787483
Scrabble/Board Games	Betty Worthy	01278 795823
Skittles	Ray Reddish	01278 785411
Strollers	Fay Burston	01278 782529
“ “	Ray Reddish	01278 785411
Swimming	Phyllis Walsh	01278 786486
Social Group	Roy Bryant	01278 783780
“ “	Vi Chick	01278 784033

Editorial

We are fast approaching a New Year-2006.

What did happen to 2005? It passed by so quickly it is difficult to remember what we did during the year. The Club's Annual lunch in February got us off to a good start followed by 20 members taking a holiday in Northern Spain.

In April we moved into the Community Hall for our Coffee Mornings, we have to agree it is not as cosy as the Social Club, but we are left to run things ourselves without the fear of upsetting someone. The trips this year by our Social Group have all been well supported; those to the theatre have welcomed members from both Berrow and Burnham U3A's. The Art Groups had some measure of success at the West Huntspill Shows and the people who turned up to the Apex Park Open Day enjoyed the paintings of the park.

Toward the end of the year a Card Making Group was set up and has been a great success, 18 turning up for one class, Southwell House was bursting at the seams. May the interest continue?

On Saturday 26th November we are holding a Christmas Bazaar starting at 10.00 am and running through until 4.00 pm.---Page 11

It will be open to the general public and we look forward to you not only supporting the event but also to your help on the day. We will need a few willing hands to help set things up and put away whatever is left after we close. Fay is looking for volunteers to provide items for the stalls, e.g. "white elephant", "bottle stall", "Tombola" plus suitable prizes etc.

Also, we hope members that have a hobby will demonstrate some of their skills and show off their work, the Art Group members, who put forward the idea in the first place, will exhibit their paintings and perhaps offer some for sale. Of course now that our Card Making Group is going great guns we can expect to see cards for all occasions available for sale. Any profit from the bazaar will be donated to local charities, so please support them and us.

On the mend! A number of members have been under the weather lately, some hospitalised, it is therefore very gratifying to see that they are better and 'in circulation' again.

Editorial (continued)

We try to keep up-to-date with the welfare of members so that 'Get Well' cards etc can be sent in an attempt to cheer them up and let them know we care for their well being, so please keep us informed if you hear someone is ill.

Forthcoming events-20 members are going on a Tinsel and Turkey Holiday to Chichester on 13th November. I am afraid the Coffee Morning on Wednesday 15th November is going to be a thin on the ground-sorry about that! Also on Wednesday 14th December for the Carol Service at Wells.

To start the New Year we are holding our Annual Lunch on Wednesday February 15th.at the Laburnum House Hotel, it will again be a carvery and the arrangements will be generally as last year. Total numbers are limited to 100; those wishing to attend to give their membership number and payment to Fay as from January 11th. (First come, first served)

See Page 12

Looking further into the New Year we have two excellent shows booked for February and April, these are "My Fair Lady" and "Seven Brides for Seven Brothers" at the Bristol Hippodrome.

Even further away! You have to reserve places early these days, some members are arranging, through Axe Vale Travel, to go to Edinburgh for the Tattoo. A number have already put their names down so if you wish to join the party contact Axe Vale Coach Co. as soon as possible, they will try to put you with the rest of the group. The trip is in August.

In December 2006, yes we really look ahead; a party propose going on a Scottish Tinsel and Turkey- (they call it a Mountain and Mistletoe)- this is at Loch Achray. Contact Roy or Vi if you fancy looking that far ahead.

And finally, may I on behalf of all the Committee, not only wish you all a very Merry Christmas and Happy, Healthy and Prosperous New Year but also thank you all for your support during 2005. It has been a good year; we have moved again but you all took it in a good spirit and have given us your interest and encouragement throughout.

May we wish you all the very, very best for the future!

Group News

Card Making Group this has been very successful, in case you have mislaid your list, the dates are given below:

Meetings are to be held at Southwell House from 2.00 pm. to 4.00 pm. on

Wednesday 2nd November (1st Wednesday)

Monday 21st November (3rd Monday)

Wednesday 7th December (1st Wednesday)

Cost: - £1.50

Don't forget your pair of sharp pointed scissors and materials.

Art Groups

Both the Tuesday and Thursday Classes are full, but if anyone is keen to join I think it may be possible to squeeze you in. Now that Southwell House has had its windows double glazed and the cavity wall insulation carried out it is going to be very cosy.

Please contact the Group Leaders if interested in joining the classes.

Skittles

Betty Worthy and Ray Reddish are the stalwarts of this group and the Friday morning skittles at the Royal Artillery are run in a very social atmosphere, not competitive but fun. Back in September Betty and Pete hosted their Golden Wedding celebrations at the skittle morning and everyone had a good time. The Club used the occasion to thank both of them for their voluntary driving, they have ferried a number of members to and from various hospitals recently and we felt we should show our appreciation with a gift; this they chose themselves it being a little stone elf for their garden. Thank you Betty and Pete.

Strollers

Use mostly local footpaths for their 'exercises', some are those Ray Reddish has trod over the years and have been 'recced'. One we used a few weeks ago caused Ray some embarrassment, as his wife Doreen has penned---See Page 6.

Group News (continued)

Ray's walk took us from the Walrow motorway bridge across the fields to join a drove that brought us out eventually on the East Huntspill Road. A 'comfort stop' was made at the Bason Bridge Inn and we returned via the footpath that runs alongside the River Brue as far as Catherine Street, then it was back across the fields to the motorway bridge. Taking about 2 hours in all. It was whilst checking this walk with Mary Akers that Ray experienced his mishap?

Keep Fit and Board Games

Tuesday afternoon would not be the same without these. The regulars turn up at 2.15 to loosen up ready for the strenuous activities later 3.15 is when the Scrabble Board and other games appear, 'Upward', 'Rumicub' etc. These have become so addictive that a few members meet regularly on a Friday evening to continue their 'battles'.

Was it luck?

On a sunny summers day Ray Reddish and Mary Akers decided to 'recce' a walk for the following weeks' stroll. They were enjoying the walk, plenty of birds were about and the river (Brue) was looking good; there were no stiles to climb over, as modern gates had replaced them. Whilst walking through a field where cows had been grazing Mary suddenly realised that Ray had gone quiet, looking round she saw that he had slipped and to her amazement he was lying in a very large, and not dry, cowpat; Mary found that she had also been splashed. Unfortunately they still had some way to go, including some by the public road, so Mary was asked to walk behind our Ray in order to hide his 'embarrassment' and 'odour'.

On returning to the footpath they passed some caravans and whilst chatting to the occupants one lady asked if she could rub her hands on Ray's trousers hoping to get good luck and win the lottery. Still laughing they arrived back at Ray's home and related their experiences to Doreen. Ray proceeded to have a shower, then washed and scrubbed his clothes. It is a walk he will not forget, there is still a large stain on his trousers and to make matters worse he sprained his shoulder when falling. To Ray's embarrassment the incident has been related many times and given his friends a laugh.

Doreen Reddish

Never mind Ray, we strollers greatly appreciate the trouble you go through to make sure we can enjoy an exhilarating walk, has the stain come out?

Thinking of going abroad? Then please note this article:

Medical Advice for travellers

When going abroad it is useful to receive information that can help if things should go 'pear shaped.'

If you should need emergency medical help when abroad you will cope easier if you know how the system works and what your travel insurance covers. The following is intended to help so read, mark, learn and inwardly digest.

You may have someone (friend or relative) on hand to help and can deal with the situation where ever you are; if not, your policy may include for someone to fly out and help you.

Steps to note. Medical emergencies are not necessarily dealt with directly by your insurance company but by a specialist "assistance" company, either owned by the insurance underwriter as AXA Insurance is; or independently as CEGA. All the big companies work in a similar way. In matters of life or death you will need attention fast and would not get the opportunity to chase around trying to contact your insurer. In some countries you will need to produce your insurance document or credit card to prove you can pay.

Once the immediate emergency has been dealt with and the 'patient' has been stabilised the 'companion' should call the emergency number on your policy. Do not rely on the hospital or tour operator's rep (if you have one) to do this; if you cannot do it make sure you ask someone you can trust (the 'companion'). If you fail to notify the insurers you could, in theory, be left to pay the bills. Also you must inform any tour rep. what is happening because they have a duty of care towards you and could be extremely helpful.

If the situation is not acute your policy normally requires you to get authorisation for any treatment costing more than Five Hundred Pounds, so first call the emergency number inform the insurer and obtain their recommendation on the best hospital to go to.

Who deals with your call? When you call the emergency number you will be put through straight away to the 'assistance company's call centre' in the U.K. It will have specialist staff available, e.g. linguists and doctors, who will be on call 24 hours a day. The centre will contact a doctor or hospital (or both) abroad and deal with all the administrative arrangements and ensure large bills-hospital and medical care are authorised and paid. In some countries, say off the beaten track, the assistance company may use a local agent to help make arrangements.

What about me? (The companion)

Should the patients companion have nowhere to stay most travel insurance policies will cover essential hotel and living expenses (not phone calls) at a location convenient to the hospital. It will also authorise this spending or you may have to pay the bills and claim them back on your return to the U.K. Normally this covers one travelling companion only. In all situations described exact arrangements will depend on the individual circumstances and on details in the small print in your policy.

Continued

In all situations described exact arrangements will depend on the individual circumstances and on details in the small print in your policy. Many policies offer hospital benefit cover (perhaps £20.00 a day) to cover individual incidental expenses whilst you are in hospital, this the patient can claim on returning home.

The Right Treatment. The assistance company has a duty to make all the decisions over the best medical interests of the patient, but within certain parameters. The terms and conditions of policies can vary widely, and these will be taken into account. In particular, the exclusions clauses list the conditions under which claims will not be met, such as an illness associated with an undisclosed medical condition, or injuries suffered whilst undertaking certain high risk activities or whilst under the influence of alcohol. The assistance company is highly unlikely to raise these conditions while life-saving surgery is being arranged, but they could become an issue in the ensuing days.

Your policy may include cover of, say five million pounds, but this does not mean that the assistance company will simply go on spending until that limit is reached. In many countries you are likely to receive emergency treatment in a public hospital rather than a private one, as the former tends to have more facilities and resources.

Emergency Evacuation. Emergency evacuation by air ambulance is often highlighted in insurance policies. But although it does happen when absolutely essential, in practice it is rare. One assistance company with hundreds of thousands of policy holders said that, even in summer, it deals with no more than three or four air ambulance cases a month. In most cases patients will be kept in hospital until fit enough to be flown home on a scheduled flight. If the 'foreign' hospital is not able to treat them they will be sent to a hospital that can or be flown home.

For the insurers the key test is to ensure the hospital involved is able to offer a satisfactory standard of treatment; also that the patient is well enough to be moved and to travel. It is highly unlikely that you will be left to battle with the insurance company over decisions; normally they will be as keen as you to get the best treatment available for the patient and to ensure a speedy return home.

You are more likely to be concerned about less critical issues like the patient's general comfort e.g. it is unlikely the patient will be entitled to a private room unless their condition warrants it. If you feel it is necessary you could negotiate with the insurers to pay the extra cost yourself.

Uninsured? Then you are pretty much on your own, in an emergency the local British Consul should be able to help with practical arrangements. The Foreign Office website (www.fco.gov.uk) lists contact numbers and addresses of British Embassies and Consulates. If a British Citizen and are treated in a EU country you should be able to reclaim the costs. Contact; - The Pension Services- Medical Benefits Section. (0191 218 7547)

Importance

Some day when you're feeling important,
Some day when your ego's in bloom,
Some day when you get to thinking
That you're the best man in the room,
Some day when you think that your going
Would leave an un-fillable hole,
Just follow these simple instructions
And see how they humble your soul.

Take a bucket and fill it with water,
Plunge your hands in up to the wrist,
Pull them out and the hole that remains
Is the measure of how you'll be missed,
You may splash all you please as you enter,
You can stir up the water galore
But stop, and you'll see in a minute
That things are the same as before.

The moral of this is quite simple;
It's just do the best that you can,
Be proud of yourself, but remember
There is no indispensable man!

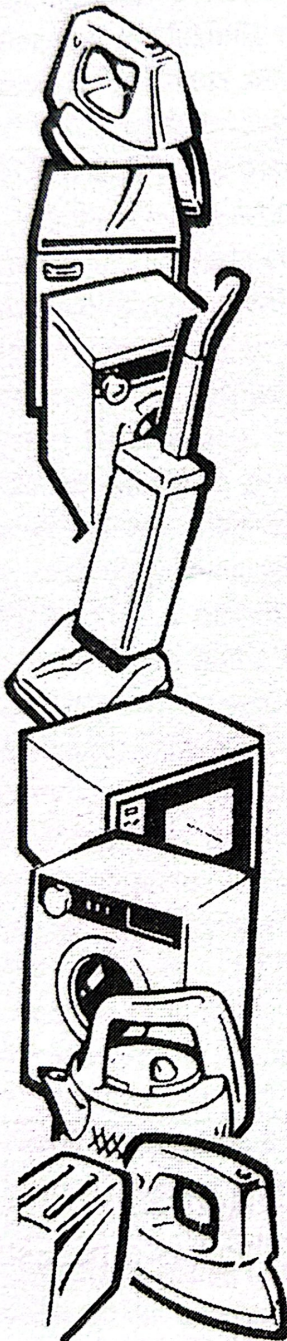
Source unknown.

A lady stood at the kerb trying to cross the busy Church Street when a man approached her and said "Excuse me madam, there is a pedestrian crossing further up the road".

"Then I hope he is having better luck than I am. I've been trying to get across here for 15 minutes".

Dople's

DOMESTIC APPLIANCE REPAIR SERVICE



- REPAIRS TO MOST MAKES OF WASHING MACHINE, VACUUM CLEANER, TUMBLE DRYER, FRIDGE, FRIDGE-FREEZER, TWIN-TUBS, DISHWASHER.
- AN EXTENSIVE RANGE OF VACUUM CLEANER BAGS AND SPARES
- A WIDE RANGE OF NEW AND RECONDITIONED WASHING MACHINES
- A RANGE OF KETTLES, IRONS AND TOASTERS.
- REPAIRS TO SMALL DOMESTIC APPLIANCES (KETTLES, IRONS, TOASTERS)
- PANASONIC SERVICE CENTRE
- REPAIRS TO MICROWAVE OVENS
- A RANGE OF NEW MICROWAVE OVENS IN STORE
- SUPPLY COOKERS, HOBS, FRIDGES, FRIDGE-FREEZERS AND DISHWASHERS.
- SERVICE AGENTS FOR VAX, DAEWOO, SAMSUNG

16 Abingdon Street • Burnham-on-Sea
Somerset • TA8 1PH

Tel: 01278 780486

U3A of Highbridge
Pre-Christmas Bazaar

TO BE HELD ON

SATURDAY 26th NOVEMBER
AT THE

HIGHBRIDGE
COMMUNITY HALL

10.00 am until 4.00 pm

COME, TAKE A LOOK AROUND AND ENJOY
A COFFEE OR TEA WITH FRIENDS

CRAFTS to view and to buy?
STALLS:

CAKES
TOMBOLA

WHITE ELEPHANT
BRIC A BRAC

BOTTLE

ADMITTANCE FREE

Annual Lunch

Wednesday 15th February
AT
LABURNUM HOUSE HOTEL

3-Course Carvery Lunch

Price per Member: £ 8.00

Price per Non-Member £ 9.95

Money will be collected from 11th January. *
The Club will again subsidise the price of members' meals.

The Hotel has raised its prices since last year but we are sure you will again be well served and will enjoy the day, more quizzes are being devised to keep you busy during the pre-lunch arrangements e.g. drinking, seating etc

The tables will probably be laid out as last year and we assume serving will be as before, but don't bank on it, the final decision lies with the hotel staff.

***When booking please give your membership number.**

Healthy Communities Collaborative

Last month we gave you details concerning the problems caused by dehydration in the elderly and wrote that some simple recipes would be included from time to time here is the first.

Cod au Gratin (Serves 4)

Ingredients: - 1 1/2 lb of Cod, 2 large Tomatoes, 1oz Butter, 1oz Plain Flour, 1oz Fresh breadcrumbs, (white/brown to suit) 1oz grated Cheese. Rinse fish, cover with cold water in saucepan (lid on) simmer 15 minutes. Drain and save liquid. Put fish in ovenproof dish and cover with the sliced tomatoes season.

Melt butter in pan, stir in flour, and cook for 1 minute. Remove from heat stir in fish liquid, bring to boil sprinkle with breadcrumbs, then cheese and grill for a few minutes until golden brown. Serve with mashed potatoes and broccoli. Bon appetite!

Priorities

I hope my children look back on today and see a mother who had time to play!

Children grow up while you're not looking,

there'll be years ahead for cleaning and cooking,

So quiet now cobwebs; dusts go to sleep, I'm rocking my baby, and babies don't keep.

Anon

Sandra

Hairdressers

We welcome O.A.P.'s

106 Church Street

Highbridge, Somerset

TA9 3HW

Tel: 01278 783091



COMMENT!

48 U3A members from Highbridge, Burnham and Berrow attended an evening performance of "Thoroughly Modern Millie" on September 27th at the Bristol Hippodrome. Comments received were various, mostly that the music was too loud and 'drowned' the voices of the stars. (Being a bit deaf I didn't notice). The show to us was 'bitty'; the second half however, was a lot better the costumes for the 'twenties' theme were good, as were the cast. It was not really what we expected but on the whole was enjoyable. The next show is "Scrooge" and in the New Year we have "My Fair Lady" followed by "Seven Brides for Seven Brothers".

Vi Chick

Card Making

We have had great fun from the card making, thanks to those members already proficient. Our special thanks to Mary, Julie, Helga and Hilda for teaching us 'Iris Folding', 'Tea Bag Folding' and 'Quilling'.

We are all working so hard at Xmas Cards. Next class is Wednesday 2nd November at Southwell House.

Fay Burston

"POP IN" CHRISTMAS LUNCH

at

Southwell House

on Wednesday 30th November

Commencing at 12noon for 12.30 p.m.

Starters: Soup or Prawn Cocktail

Main Course: Roast turkey with all the trimmings & seasonal vegetables.

Sweet: Christmas Pudding or Trifle

Glass of Wine; Tea or Coffee

Price: £7.00 per head

The lunch will be limited to a certain number, if interested contact Joyce or Shirley, a £2.00 deposit is needed to reserve your place.

Father Christmas may pop in!

Christmas Cards

There are lots of folk I know
All written in a book,
And every year at Christmas time
I go and take a look.
And that is when I realise
Their names are just a part,
Not of the book they are written in
But also of my heart.

So never think of Christmas Cards
As just a mere routine.
Of names upon a Christmas list
Forgotten in between.
So when I send a Christmas Card
That is addressed to you
It is because you are on my list
Of folk I'm indebted to.

Each name stands for someone
Whose path touched mine and then
Left such a print of friendship
That I want to touch again.
And while it sounds fantastic
For me to make a claim,
I really feel I am composed
Of each remembered name.

And every year when Christmas comes
I realise anew
The biggest gift that life can give
Is knowing folk like you..
And may the spirit of Christmas
That forever and ever endures
Leave its richest blessings
In the hearts of you and yours.

(Sentiments I trust you all feel about your fellow members?)

ContoC Christmas Concerts

For the Elderly, Handicapped, Blind and Visually Impaired

“My Words Versified”

A Collection of Poems

by

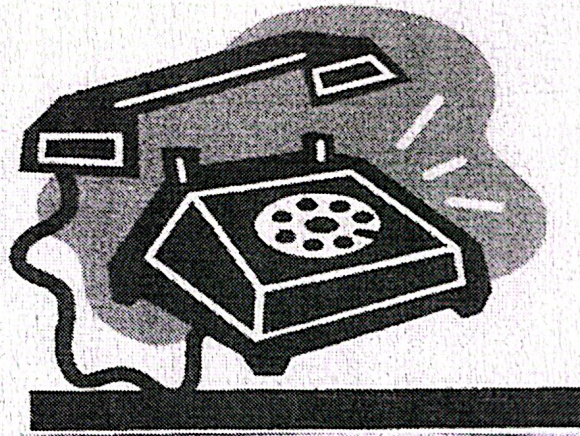
H.Sydney Cox F.M.A.

This booklet, containing twenty-one poems, has been published for the purpose of
Raising funds for ContoC. The cost is £2.50 plus 30p Postage.
Crossed postal orders or cheques should be made out to ContoC Christmas
Concerts and sent to the publishers. BM/Inkwell. London WC1N 3XX

CURTISEE CABS LTD

4 & 7 SEATER TAXIS

**Airports Stations Local & Long Distance
School Contracts**



TEL: 01278 795697

1 CHANNEL COURT BURNHAM ON SEA SOMERSET

A P.S.from-Group News

Family History

This Group is now into its Autumn session, we had a meeting on 20th October and the remaining three meetings for this year are on 10th & 24th November and the 8th December; the group has four new members. Roger feels he will be able to fill in some of the gaps we have experienced but it may need a visit to Weston's library to obtain details from their records. Members are welcome to join us at Southwell House.

A Silent Weekend?

Phyllis Walsh informs me that her garden is usually full of birds that line up on her fence for their daily scraps. Earlier in the year they had enjoyed the appearance of young starlings whose new feathers have lovely shades of green and yellow in them. But on this particular weekend—No Birds- she put out the usual scraps, but still no birds.

Visiting her front garden, where sparrows usually congregate and chatter, still no birds. She was unable to explain why they were not there; it was a pleasantly warm day with no wind. On the Sunday a solitary starling appeared, ate some bread and disappeared being the only bird to visit during the weekend. It was a very silent weekend.

Monthly Draw

August	Inge Thomas	and	Phil Lyes	No 32
September	Sandy Martin	and	Pam Lyes	No 11

All received £20.00

Editor:	Ken Burston
Production:	Fay and Ken Burston
Distribution:	Ann Smith (West Huntspill)
	Mary Akers, Jack Foster, Pat Gray, John Grigsby,
	Pam Hedgecock, Sallie Park, Betty Pocock, Phyllis Walsh,
	Heather Swift, Betty Worthy and Marion Wright.

'18 GROUP ACTIVITIES

Card Making Meetings arranged—Please see Page 4

At: Southwell House

Time: 2.00 –4.00pm

Admission: £1.50

Contact Fay Burston (782529)

Art Every Tuesday

At: Southwell House

Time: 1.30 pm to 4.00 pm

Cost: £1.70 Group Leader: Phil Lyes (784629)

Keep Fit Every Tuesday

At: Gospel Hall, Old Burnham Road

Time: 2.15 pm to 3.15 pm

Group Leader: Joyce Beard (783913) All Welcome.

Board Games Every Tuesday

At: Gospel Hall, Old Burnham Road.

Time: 3.15 After Keep Fit.

Group Leader: Betty Worthy (795823)

Coffee Morning Every Wednesday

At: Highbridge Community Hall

Time: 10.00am to 12.00am

All are welcome, come along, meet up with friends, and see what we have to offer.

Luncheon Club

This group will probably start again following the Annual Lunch in February; see Notice Board and Magazine for details.

Speakers Corner

Recently interest has been shown in the Club reviving this activity, as soon as the opportunity permits it will be reinstated; please advise a Committee Member if you know of a good subject and/or speaker.

Art Every Thursday
 At: Southwell House
 Time: 1.30pm to 4.00pm
 Cost: £1.70 Tutor: Jean Berry (785840)

Skittles 1st and 3rd Friday of the month
 At: Royal Artillery Inn
 Time: 11.30am to 1.00pm
 Group Leader: Ray Reddish (785411) Lunches available

Play Reading Fourth Friday of the month.
 At: 4 Brue Crescent: Burnham-on-Sea:
 Time: 10.00am
 Play: "Dangerous Corner"
 'Producer': Tony Webb (787483) New members welcome-especially men

Family History Tutorial
 At: Southwell House
 Time: 10.00 a.m Thursday (10th & 24th November/ 8th December)
 Facilitator: Roger Guston (785007)

Strollers 2nd and 4th Friday of the month
 At: Start-Bank Street Car Park
 Time: 10.30pm
 Stroll: Local area, stout footwear is recommended during winter months.
 Group Leader: Fay Burston (782529) or Ray Reddish (785411)

With all of the foregoing it is advisable to check with the Club Notice Board or with the Group Leader to ensure the activity is being held, especially with outdoor events

Social Events

DECEMBER 8th "SCROOGE"

Thursday Evening !

At: Bristol Hippodrome

Meet : Bank Street Car Park, coach leaves at 5.30 pm

Price : £32.00

Payment by 7th October

DECEMBER 14th CAROL SERVICE –Wednesday

At: Wells Cathedral

Meet: Bank Street Car Park, coach leaves at 09.30 a.m.

The service is from 11.00 am to 12.00 am. Leaving time for a spot of lunch and shopping before the coach leaves Wells at 4.00 pm.

Price : £8.00

Payment required no later than 9th November!

FEBRUARY 8th "MY FAIR LADY" ----- Wednesday

At : Bristol Hippodrome

Matinee Performance

Meet: Bank Street Car Park, coach leaves at 12.30pm

Price: £24.00 (Stalls)

Payment by 8th December

FEBRUARY 15th ANNUAL LUNCH -----Wednesday

Meet : LABURNUM HOUSE HOTEL at 12.30 pm

Price: Members £8.00 Non-members £9.95

APRIL 12th "SEVEN BRIDES FOR SEVEN BROTHERS"

At: Bristol Hippodrome

Wednesday Evening Performance

Meet: Bank Street Car Park, coach leaves at 5.30pm

Price: £27.50 (Stalls)

Payment by 8th February

Payment for shows is needed EIGHT weeks before the show date.

This a requirement by the theatre

Note! Bookings can only be accepted with the payment of a £5.00 non-returnable deposit. Cheques must be made out to "U3A of Highbridge Social Club"

Vi Chick (784033) will provide details, or you may make your booking with Roy Bryant (783780) or at Coffee Morning.