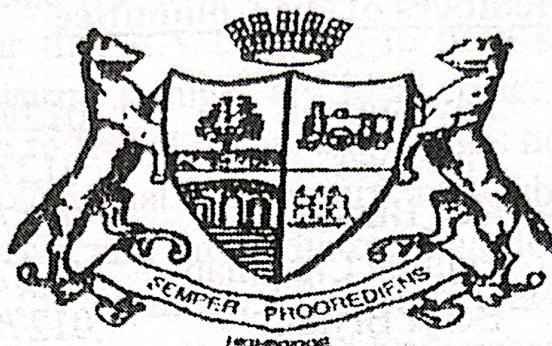


U3A



of

HIGHBRIDGE

<http://mysite.freemove.com/U3AHighbridge>

SPRING

2005

NEWSLETTER

ISSUE NUMBER 22

WHO'S WHO 2003/2004

Members of the Committee

Chairperson	Fay Burston	01278 782529
Vice Chairman	Phil Lyes	01278 784629
Secretary	Ken Burston	01278 782529
Treasurer	Pauline Chapman	01278 785163
Membership Secretary	Beryl Bryant	01278 783780
Committee Members	Roy Bryant	01278 783780
	Jack Foster	01278 787611
	Ethel Titford	01278 788811
	Violet Chick	01278 784033
	Ray Reddish	01278 785411

Co-ordinators

Art I	Jean Berry (Tutor)	01278 785840
Art II	Phil Lyes (Tutor)	01278 784629
Calligraphy	Ken Burston	01278 782529
Cycling	Barbara Palin	01278 784187
Family History	RogerOuston(Facilitator)	
Keep Fit	Joyce Beard	01278 783913
Luncheon Club	Pam Scales	01278 788086
	Julie Lovern	01278 722488
	Tony Webb	01278 787483
Play Reading	Betty Worthy	01278 795823
Scrabble/Board Games	Ray Reddish	01278 785411
Skittles	Jack Foster	01278 787611
Speakers Corner	Fay Burston	01278 782529
Strollers	Ray Reddish	01278 785411
" "	Phyllis Walsh	01278 786486
Swimming	Roy Bryant	01278 783780
Social Group	Vi Chick	01278 784033
Writing for Pleasure	Doreen Reddish	01278 785411

R

Editorial

Again April is the month we move to a new 'home'. In April 2004 we moved to what we thought would be our future 'home'- the Social Club. Everyone felt that we had made a good move and, after a while, it did appear that it was going to be a success. We found the comfortable and warm lounge an ideal place to hold our Coffee Mornings and began to feel at home, alas, it was not to last.

Members are now aware that in February the Club's Committee received some disturbing news and immediately had to embark upon urgent actions to resolve the situation. To remain at the Social Club and maintain our good housekeeping would have necessitated a 50% increase in the Membership Fee next year. This we felt was not acceptable and therefore the alternative was to find a new 'home'.

The Trust that runs the Community Hall was approached and our luck was in, it was available on a Wednesday morning. Following successful negotiations the Committee took the decision to move to this new venue for our Coffee Mornings. Therefore from Wednesday 6th April we will be attempting to settle into this 'home' and we sincerely hope that this time our stay will be more of a permanent nature.

Should anyone wish to remain a member of the Social Club he/she would need to join independently just as they did prior to 2004, this Club's membership will no longer cover both Clubs.

The **Annual General Meeting** for this year is scheduled for 25th May and will again be held in conjunction with the Coffee Morning----Please see details later in the magazine.

Re Membership Fees for 2005/6. If it is your intention to remain a member of this Club your membership fee is now due. Therefore as from 1st April the Membership Secretary (Beryl Bryant) will be pleased to accept payment. You may pay by cheque if you wish; this relieves the paperwork and the need to carry cash around before its payment into the bank. Please make cheques payable to "U.3.A. of Highbridge"

Finally, thank you for your support last year; we look forward to your continued support during 2005/6.

After all is said and done, more is said than done.

Editorial (continued)

Up-date on Club news. Ethel Titford who went into Bristol Royal Infirmary for a serious operation is now back home and is well on the way to recovery. She has attended the Board Games Group for a short periods. Well-done Ethel keep it up, we wish you continued success. Many of you will know that Jack Foster has been unwell since the New Year; he is now receiving treatment and obviously has our very best wishes.

Vi Chick finally escaped from Burnham Hospital and is now mobile; she has attended the Coffee Mornings recently.

The Annual Lunch was very well received, thank you all for your support; it was great to see everyone having a good time and enjoying the excellent lunch provided by The Laburnum House. Many photographs were taken during the day; a few are reproduced on page 6. Sylvia Shepherd, (our past Hon.Sec) and Roy Preston, (our past Chairman), and Yvonne, his wife, were surprise guests. They too were surprised at the growth of the Club since they left Highbridge some 18 months ago. They enjoyed seeing all the 'old' faces and chatting about old times.

The notice about 'Un-wanted Christmas Confectionary' resulted in the receipt of about 6 or 7 boxes of chocolates/biscuits. These were delivered to Burnham Hospital for the patients and Frith House for their residents. All were gratefully received.

What did you think of last month's 'Central Diary'? The Monthly Diary was discontinued due to the problems in distribution. It was often difficult to ensure you all received a copy whilst the dates were still valid and we felt that the Club activities, their dates/days etc plus those for the Social Group's events/dates could be easily noted. It is also saves a lot of paper and printing.

We have a new advertiser this month: - CURTISEE CABS Ltd.

We thank them for their support and that you in turn will support them.

You cannot buy loyalty, but fools know how to spend it.

Chairperson's Report

My time as Chairperson is drawing to a close; I wish therefore to thank the Committee, Group Leaders and the members for their support during the past three years. Our Club has nearly doubled its membership in that time, due I feel to the larger venue for our Coffee Mornings. We are now to move again, but hope that this time we can stay put.

During the three years many things have changed some groups have come and gone but the members interests has remained firm. The Social Group has expanded its activities, including not only theatre trips and days out but now undertaking holidays, giving benefit to all. The Committee and the Group Leaders have worked hard on behalf of the Club and its members throughout the year. It must be remembered that the U.3.A. is a self-help organisation where we must do what we can to help and encourage each other to make the best use of our abilities, Learning one day, teaching others the next; this the basic principle of the U.3.A. and is what makes it a successful organisation.

Fay Burston.

Volunteers wanted.

With reference to the A.G.M. you will note when you get to Page 10 that there is reference to 'Motions' and 'Nominations'.

If a member has an interesting and worthwhile proposal (Motion) to put forward, please do so, we are always looking for new ideas. Also, we are looking for 'Nominations' for new members to sit on the Committee.

The later is not an arduous task; we meet once a month on a Monday afternoon in Southwell House. New blood is always needed so that fresh ideas can be put forward, also some Committee Members may like to take a rest for a while. If you are interested but do not wish to fully commit yourself, you can always be co-opted on a temporary basis in order to see what is involved.

Should a member wish to discuss 'motions' or 'nominations' with someone please contact Fay or Ken, they will be willing to provide whatever information you may need.

A few of the photographs taken at the lunch on the 16th February 2005. Many were taken and will no doubt be in circulation. Fred is imparting some knowledge to a few of the ladies.



Our three guests can be seen in this shot, Sylvia, Yvonne and Roy. It was a hive of activity at the start



The quizzes kept members busy until the lunches arrived.



News from the Groups

Art Groups

Paintings from the two groups were recently on show at a Healthy Communities Collaborative Day in the Highbridge Community Hall, also poems from the Writing for Pleasure Group.

Artists from both Groups presented work at the West Huntspill Spring Show on 12th March. Phil Lyes, Warwick Williams received 2nd and 3rd respectively; Trevor Dinham had a Highly Commended.

Strollers

Hindsight would be very useful if you were aware of it before you started, however, we were not blessed with this pleasure on the Friday 14th January. Perhaps it was the number--13 turned up. The stroll was to be down Crooked Lane, which is between Stoddens Road and Brent Road and although the weather, on the day, was good we found the going underfoot a bit 'Yuk'.

The ground was firm to start but deteriorated rather quickly after the first 200 yards or so and it soon became obvious that we should have retraced our steps and tried for a dry walk somewhere else. But we pressed on assuming 'it can only get better', it did not, but we carried on anyway. At the point where the Crooked Lane turns right towards Brent Knoll we turned left back toward Stoddens Road, this was into Brent Broad.

The ground here was not muddy but very uneven. Up to this point the horses that are taken down the lanes by their riders had caused the problem, the surface had been well broken up and the recent rain had made the ground very muddy. Here however, the farmer had been along on his tractor and as a result the ground was rutted and being uneven liable to cause ankles to be twisted, if you did not watch where you were going. It was a pity; because the views across to the Knoll were great and it had turned out to be a lovely sunny morning.

Be sure to correct in yourself what you dislike in others

The happy
Strollers
Barbara,
Janet, Carole,
Sally, Ann,
Brenda,
Sandy, Janet
Mary,
Alison,
Ray, & Fay.
in Brent
Broad.
Burnham.



Ray Reddish's stroll along Brent Knoll on Friday 11th March was a very educational outing apparently; the strollers learning about 'nature' and the habits of Badgers etc.

Personal Security

It has been brought to our attention that some elderly people are experiencing problems when attempting to use their PIN numbers. Some cope very well with this new innovation by the banks and it does obviate the need for them to carry a lot of money when shopping.

However, it is felt that the banks in looking to suit their own ends, did not think about those elderly people who may have poor eyesight. We have been told about an elderly lady who, in her attempt to comply with the new system, has to ask the 'checkout girl' to enter the PIN details for her.

This is a practice that relies a lot on the integrity of the 'checkout staff' and, is not really fair to the assistant. But it is happening and I suppose there is not much anyone can do about it. You cannot accompany the elderly when they go shopping, in any case it is probably the only bit of independence that some may have left. Please keep your eyes open when out shopping, you cannot interfere, but you can try to ensure those purporting to help do not take advantage of the elderly persons.

The U.3.A. of Highbridge Annual Lunch

Unlike other groups and organisations the Club decided that instead of the pre Christmas dinner it would have its enjoyable lunch on the 16th February when everyone had got over the usual Christmas festivities. The lunch held at the Laburnum House was attended by over 90; everyone arrived early and socialised whilst finding a seat and getting a drink; lunch being served at twelve thirty.

The carvery meal was served table by table and whilst waiting their turn members enjoyed doing the quizzes. The meal was very good, plenty to eat and hot, I did not hear any complaints, no doubt someone will have been dissatisfied. During dessert and coffee the results were given for the two quizzes, a raffle for the Sudan Appeal, (the prize being a bottle of bubbly), produced a sum of £58.10.

A vote of thanks was proposed for Fay and Ken for their hard work in arranging the lunch, they had some surprises for us in the appearance of Sylvia Shepherd from France and Roy and Yvonne Preston from Wales; it was nice to meet them again.

At about 2.15 pm members started to drift away, thanking the staff for a very successful meal, we left around 3.00pm.

Doreen Reddish

The Third Age Trust

We regularly receive information from 'Head Office' if it is felt this may be of interest to you or could affect you, it is included in the magazine. Recently there was an article about the 'Capitation Fees'. This confirmed that the Trust does not require more than one fee for a U3A member. Therefore should you wish to belong to more than one U3A you need only pay the fee once, this would be to the first Club you joined. Upon joining a second, or more Clubs, you must produce your Membership Card to prove you have already paid one fee and the second Club/s should deduct the £2.50 from its membership fee.

However, you may come across a Club that requests you do pay. In that instance it could become a matter of principle and you will need to make your own decision.

Annual General Meeting

The Annual General Meeting will be held

On Wednesday 25th May 2005.

Agenda

- 1. Chairperson's Address & Report**
- 2. Apologies for Absence**
- 3. Acceptance of Minutes of previous A.G.M.**
- 4. Matters arising from previous Minutes.**
- 5. Treasurer's Report and Acceptance of Accounts.**
- 6. Secretary's Report.**
- 7. Election of Examiner for Accounts for 2004/5.**
- 8. Election of Tellers.**
- 9. Election of Committee Members.**
- 10. Any Questions.**
- 11. Date of next A.G.M.**

Members may submit "Motions for discussion" and/or their nominations for members of the Committee.

The procedure being as follows: -

- 1 Any nomination to be submitted in writing.
- 2 Two signatories required per motion.
- 3 Voting will be by a show of hands.

Any Motions put forward are to be received by the Secretary or Chairperson by Wednesday 4th May 2005; in order that they may be published and posted on the Club Notice Board on Wednesday 11th May.

All Members are welcome to attend this important meeting so that they may take part in the discussions relating to the future of this Club the Meeting is to be held during the normal Coffee Morning at the Highbridge Community Hall at 10.30 am.

WHAT'S ON DIARY

APRIL.....MAY.....JUNE

Writing for Pleasure Monthly

At: 23b Walrow

Time: 2.00pm See Page 16

Group Leader: Doreen Reddish (785411)

Speaker's Corner Meetings to be arranged—See Notice Board or

At: Southwell House ring Group Leader

Time: 2.00 pm

Admission: £1.00 includes tea and biscuits

Arranged by: Jack Foster (787611)

Art Every Tuesday

At: Southwell House

Time: 1.30 pm to 4.00 pm

Cost: £1.70 Group Leader: Phil Lyes (784629)

Keep Fit Every Tuesday

At: Gospel Hall, Old Burnham Road

Time: 2.15 pm to 3.15 pm

Group Leader: Joyce Beard (783913) All Welcome.

Board Games Every Tuesday

At: Gospel Hall, Old Burnham Road.

Time: 3.15 After Keep Fit.

Group Leader: Betty Worthy (795823)

Coffee Morning Every Wednesday

At: Highbridge Community Hall

Time: 10.00am to 12.00am

All are welcome, come along, meet up with friends, and see what we have to offer.

Luncheon Club

At: See Club Notice Board

Time: “ “ “ “

The venues are selected by the Group Leaders so please refer to Pam Scales (788086) or Julie Lovern(722488) for further details

Art Every Thursday

At: Southwell House

Time: 1.30pm to 4.30pm

Cost: £1.70 Tutor: Jean Berry (785840)

Skittles 1st and 3rd Friday of the month

At: Royal Artillery Inn

Time: 11.30am to 1.00pm

Group Leader: Ray Reddish (785411) Lunches available

Play Reading Fourth Friday of the month.

At: 4 Brue Crescent. Burnham-on-Sea.

Time: 10.00am

Play: “Dangerous Corner”

‘Producer’: Tony Webb (787483)

New members welcome-especially men.

Family History Tutorial

At: Southwell House

Time: 10.00 am

Facilitator: Roger Ouston (795007) Programme on Page 16

Strollers 2nd and 4th Friday of the month
 At: Start-Bank Street Car Park
 Time: 10.30pm **Please note new start time!**
 Stroll: See Notice Board for details, stout footwear is
 recommended during winter months.
 Group Leader: Fay Burston (782529) or Ray Reddish (785411)

Note: - It has been agreed that the Strollers will also meet on the fourth Friday for a few weeks, that is until the weather improves enough to encourage cycling.

Cycling Fourth Friday of the month }
 At; Start -Bank Street Car Park } **See note above**
 Time: 11.30pm }
 Group Leader: Barbara Palin (784187) }

With all of the foregoing it is advisable to check with the Club Notice Board or with the Group Leader to ensure the activity is being held, especially with outdoor events

Monthly Draw

Dec	Jack Foster	and	Heather Swift	No 41
Jan	Kay Johnson	and	Derek Hand	No 1
Feb	Jack Foster	and	Ron Fulcher	No 8

All receive £20.00

Social Events

April 13th "SCENERY OF NORTHERN SPAIN" Holiday.

At: Times } Details have been advised to

Meet: Pick-up points } those who are going.

April 20th "CHICAGO"

At: Bristol Hippodrome (Matinee Performance)

Meet: At Bank Street Car Park, coach leaves at 12.30 pm

May 18th "KISS ME KATE"

At: Bristol Hippodrome (Matinee Performance)

Meet: At Bank Street Car Park, coach leaves at 12.30 pm

Price: £21.50

**June 2nd "JOSEPH and the AMAZING TECHNICOLOR
DREAMCOAT" -----THURSDAY MATINEE**

At: Bristol Hippodrome (Matinee Performance)

Meet: At Bank Street Car Park, coach leaves at 12.30 pm

Price: £21.50

JUNE 29th "JESUS CHRIST SUPERSTAR"

At: Bristol Hippodrome (Matinee Performance)

Meet: At Bank Street Car Park, coach leaves at 12.30 pm

Price: £23.50

JULY 27th "KING AND I"

At: Bristol Hippodrome (Matinee Performance)

Meet: At Bank Street Car Park, coach leaves at 12.30 pm

Price: £23.50

Note! Unless otherwise stated above are Wednesday Matinees

Note! Bookings can only be accepted with the payment of a £5.00 non-returnable deposit.

Vi Chick (784033) will provide details, or you may make your booking with Roy Bryant (783780) or at Coffee Morning.

The U3A of Highbridge

The Third Age Trust

The U3A of Highbridge is a self-help educational and social organisation in which people who are over 50 years of age and no longer in full time gainful employment, can establish themselves into groups where they may broaden their experiences and keep both mentally and physically active.

Membership Application/Renewal

Mr. Mrs. Ms.....

(Delete as appropriate)

Forenames.....

Address.....

.....

Postcode.....Telephone.....

New Member.....Renewal.....

Hobbies and other interests.....

.....

Membership Fee £ 6.00 by cash, cheque made payable to "U3A of Highbridge"

Signature of Applicant.....Date.....

Please return the completed form with subscription to the Membership Secretary-----Mrs B. Bryant.

Our Coffee Morning is held every week at the Highbridge Community Hall, Market Street, Highbridge. From 10.00 am to 12.00 am

.....

Are you a fully paid up member of another U.3.A? Yes.....No.....

Writing for Pleasure

Doreen Reddish and Grace Galton are keen this Group gets going and have made arrangements for a meeting to be held at Doreen's home on Monday 4th April at 2.00pm. All you need to do is take along whatever you have produced ie a poem, short story or just something you have written recently. Both Doreen and Grace will be happy to talk to you about the Group at the Coffee Mornings and give you some idea of what they do.

Doreen Reddish

Family History

This is basically a Tutorial; the intention is to give those who are interested advice on how to set about researching their family's history. "Why we bother" and the "Golden Rules" plus how best to utilise the computer and Internet.

There appears to be a growing interest in this hobby and with the 1861 and 1901 Census now being available to aid research it is possible to find out about your ancestors. Roger Ouston was on hand at Southwell House on the March 11th to give advice and the seven members present certainly benefited from his tips.

Dates and Times plus a Guide is given: -

April 1 st	10.00am Sources-Kill them off! - Problems.
April 8 th	10.00am Computer-Internet- Software
April 15 th	10.00am How far have you got-Problems?
April 22 nd	10.00am.
April 29 th	10.00am.

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Frank Foley Day

On 8th May 2005 the town of Highbridge is to celebrate the memory of Major Frank Foley a remarkable local man who, during World War II, put his life on the line in order to save the lives of thousands of Jews caught up in the Nazi Holocaust.

A statue has been commissioned in honour of Frank Foley, who was born in Walrow Terrace. Mr. Des Brown M.P. Minister for Immigration and Citizenship will unveil the statue on the Town Green. Market Street. The ceremony will take place at 3.00 pm.

In tandem with this function the usual "Frank Foley Fair" to is held in and around Southwell House. Stalls will be set up to sell numerous items, books, bric-a brac and many more articles. So if you have items that are of no further use to you, but may be useful to someone else, bring them along to the U.3.A. Stall.

The Foley Fair Committee are looking for a few volunteers to 'man' the refreshment facilities that will be set up in the St John Ambulance Hall. The volunteers will be needed between 11.00 am and 2.30 pm. for short periods, so that the public can have a drink and piece of cake whilst attending the fair or waiting for the unveiling.

Sandra

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General Information**GOING TO EUROPE?****Important changes to the E111 Forms**

Old E111 forms expired on 31st December 2004 so you need a new one for 2005. Forms issued before 19th August 2004 were only valid until 31st December 2004.

The new form will be valid only until 31st December 2005.

Later this year the UK will be adopting the European Health Insurance Card (EHIC), which will be issued to those who have applied for the new E111 and tick the box to receive the new card.

So-if you intend visiting the continent this year, get a new form from the Post Office soon and fill it in.

Your new card, from 1st January 2006 will no doubt be sent to you direct without you having to re-apply.

Learn for Fun, with U3A

This title is used on a Third Age Trust 'News Release' which is issued in connection with the proposed Adult Learners' Week. 21-27 May 2005.

The University of the Third Age (U3A) approach to adult education encourages older people to learn simply for their own pleasure and satisfaction. The U3A is not an institution but a voluntary self-help educational co-operative in which the members provide the tuition themselves at very low cost. No qualifications are required to join- and none is given.

The term "third age" is used to describe that time when the "first" and "second" ages of personal education and career and family responsibilities are over and individuals have time to pursue personal interests. The movement has been growing steadily in the UK since it was first introduced some 21 years ago. In the UK there are now over 140,00 members in some 550 local "U3As".

You may have noticed in the U3A News that there are 28,000 U3A's in China, with 2.3 million members throughout the country. Apparently the Chinese Government supports the groups in a number of ways.

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Club Information

Luncheon Club

Pam Scales and Julia Lovern have resurrected this popular Group activity. The first 'meeting' was at The White Horse Inn at Mark on Wednesday 16th March; at the inn's request numbers had been limited to 30. Within a few minutes of the notice being posted on the Club board the list was practically full, confirming that members certainly missed the regular trips to the local hostelrys to sample their fare.

Dates and venues for the next four months are:

27 th April	Sanders Garden World	}	
25 th May	Goat House	*	}
22 nd June	Watchfield Inn	}	All Wednesdays
20 th July	Scarlet Pimpernel	}	

* This the day of the Annual General Meeting

Spanish Holiday

Sallie Park (who teaches Spanish at Burnham's U3A) has offered to give those members who are going on the Club's Holiday at the end of April a 'crash' course in, what she terms "Holiday Spanish".

The lessons will be at Southwell House from 2.00 to 3.00pm on

Friday 1st April

Friday 8th April

(Two 'classes' have already been held, on 18th and 23rd March)

Easter Bonnet Skittles

The Skittle Match on Friday 18th March being prior to the Easter Holiday Weekend was to have included the 'Easter Bonnet Completion'. Unfortunately, with many members involved in other activities the attendance was low, therefore it will be held on Friday 1st April. So please turn up in your special creation so that you may enter. Betty and Ray have organised the event and is bound to be the usual fun activity.

Few women admit their age few men act theirs.

Starlight Express

On Wednesday 9th February, Club members visited the Bristol Hippodrome so see this boisterous show, it was certainly different to what we have grown to expect in a musical. All thoroughly enjoyed this show by Andrew Lloyd Webber and were surprised to learn it was first presented on the London stage some 18 years ago.

oooooOOOooooo

A bit of Light Relief

Round like a shot

When going to bed one evening a man noticed some men stealing things from his shed .He immediately rang the police but was told there was no one in his area to help. They said they would send someone round as soon as possible

He hung up. A short while later he rang again. "Hello" He said, " I called you a few minutes ago because someone was stealing from my shed. You don't have to hurry now; I have just shot them"

Within a few minutes there were half a dozen police cars in the area, plus a helicopter and an armed response unit. They caught the burglars red-handed. One of the police officers said, "I thought you said you had shot them" The man replied, " I thought you said you had no-one available"

There's more:

A parrot had a bad attitude and a far worse vocabulary; every other word an expletive. His owner had tried all he knew to change its ways, constantly talking to it, using polite words, playing soft music; anything that might set a good example.

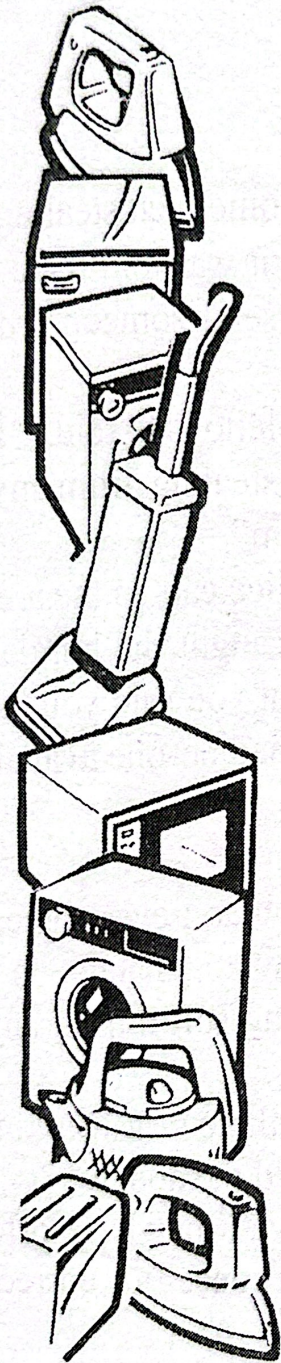
Desperate one day, he shut it in the freezer. Soon there was swarking and screeching-----then quiet. Cautiously he opened the door.

The Parrot calmly stepped out and said, " I believe I may have offended you. I am truly sorry and will endeavour at once to correct my behaviour"

The owner was surprised and was about to ask the parrot what had brought about this dramatic change when it said, "May I ask what the chicken had done to upset you"?

Dople's

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To My Grandchildren

When I spill food on my nice new dress
 And maybe forget to tie my shoe,
 Please be patient and perhaps reminisce,
 About the hours I spent with you
 When I taught you to eat with a little care,
 Tie your laces and comb your hair.

Those were precious hours with you,
 So when I forget what I was going to say
 Give me a quiet minute or two,
 It was probably not important anyway,
 I would much rather listen to you.

If I tell you a story more than one time,
 And you know the ending through and through,
 Please remember your first nursery rhyme,
 When I rehearsed it many times with you.

When my legs are tired and it's hard to stand,
 Or walk the steady pace I'd like to do,
 Please take me kindly by the hand
 And guide me now as I did you.

By an unknown Grandmother

Editor:	Ken Burston
Production:	Fay and Ken Burston
Distribution:	Ann Smith (West Huntspill).
	Mary Akers, Jack Foster, Pat Gray, John Grigsby,
	Pam Hedgecock , Jean Hewitt, Sallie Park, Betty Pocock,
	Phyllis Walsh, Heather Swift, Betty Worthy, Marion Wright.

GROUP ACTIVITIES TIME TABLE

DAY	MORNING	WEEK	AFTERNOON	WEEK	VENUE
Mon	Speakers Corner Calligraphy		Suspended Suspended Writing for Pleasure Monthly	Quarterly	Southwell House Southwell House See Page 11
Tues			Keep Fit Board Games Art II	Weekly Weekly Weekly	Gospel Hall Gospel Hall Southwell House
Wed	Coffee Morning	Weekly			Highbridge Community Hall
Thur			Art I	Weekly	Southwell House
Fri	Cycling Skittles	Suspended 1 st /3 rd		Monthly F/nightly	Local Area Royal Artillery Inn
	Strollers	2 nd /4 th		Monthly	Local Area
	Play Reading	4 th		Monthly	4 Brue Crescent
	Family History	See Page 12		Monthly	Southwell House

Luncheon Club: - This activity has restarted, please refer to Club Notice Board for details of menus, dates and venues.

Committee Meetings are held on 3rd Monday of the month.

If you are a member of a Group and perhaps, on some occasions, unable to attend a meeting, please notify the Group Co-ordinator. This is important and avoids problems when finalising arrangements.

Should you wish to join one of the above activities, please contact the Co-ordinator to obtain details of the venue, times and other relevant information. A small fee is often necessary to cover the rent of the venue and your tea/coffee during a break in activities.

The Editor points out that any views or opinions expressed in this magazine are not necessarily those of this Club.