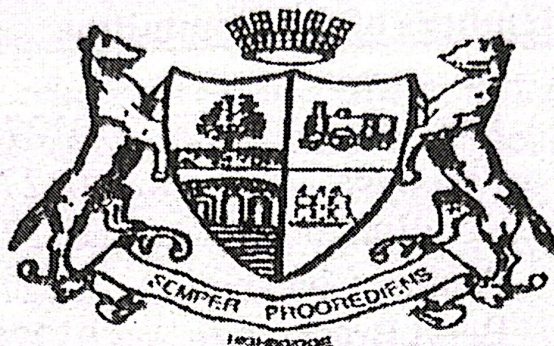


FB (D)

Ken & Fay Bwiston
39 Saxondale Av



of

HIGHBRIDGE

<http://mysite.freemove.com/U3AHighbridge>

WINTER

2005

NEWSLETTER

ISSUE NUMBER 21

WHO'S WHO 2003/2004

Members of the Committee

Chairperson	Fay Burston	01278 782529
Vice Chairman	Phil Lyes	01278 784629
Secretary	Ken Burston	01278 782529
Treasurer	Pauline Chapman	01278 785163
Membership Secretary	Beryl Bryant	01278 783780
Press Secretary	Ken Burston	01278 782529
Committee Members	Roy Bryant	01278 783780
	Jack Foster	01278 787611
	Ethel Titford	01278 788811
	Violet Chick	01278 784033
	Ray Reddish	01278 785411

Co-ordinators

Art I	Jean Berry (Tutor)	01278 785840
Art II	Phil Lyes (Tutor)	01278 784629
Barn Dancing	Fay Burston	01278 782529
Calligraphy	Ken Burston	01278 782529
Cycling	Barbara Palin	01278 784187
Keep Fit	Joyce Beard	01278 783913
Luncheon Club		
Play Reading	Tony Webb	01278 787483
Needlecraft	Beryl Hearn	01278 781947
Scrabble/Board Games	Betty Worthy	01278 795823
Skittles	Ray Reddish	01278 785411
Speakers Corner	Jack Foster	01278 787611
Strollers	Fay Burston	01278 782529
Swimming	Phyllis Walsh	01278 786486
Social Group	Roy Bryant	01278 783780
	Vi Chick	01278 784033
Writing for Pleasure	Doreen Reddish	01278 785411

Editorial

Welcome to 2005 and a Happy and Healthy New Year to you all. Let us all look forward to a peaceful and prosperous year, for us as individuals and also for the Club. 2004 was a good year, one during which membership reached 138 and where, last April, we relocated into a new venue for the Coffee Mornings. The Social Group again excelled itself in providing a good and varied programme; most other groups kept the interest of its members and in return were blessed with good attendances.

Attached to the November Diary there was, however, a notice that commented on the poor attendances at some of our events. Group leaders had taken the trouble to provide an activity but did not receive much support from our ranks. We do not know the reasons for this but would stress that group leaders do arrange these activities for your benefit, so please try to give them a little encouragement.

You may already have noticed that there is a change to the magazine, this issue now includes in the centre fold a THREE-MONTH DIARY printed on paper of a different colour to the rest of the magazine. This new format is an attempt to give you all the next quarter's events in advance so that you may plan accordingly. It is in a different colour so that it stands out and you can, if you so wish, to take it out of the magazine and keep it as a separate reminder.

There is a **Special Event on Wednesday February 16th**; the Committee is pleased to announce that our 2nd Annual Lunch is to take place on that date. Those of you who attended the lunch last year will know that it was very well received and we are hoping that you will all wish to come again this year. Details are given on **Page 7** so please take note and get your place booked soon. We have reserved a date clear of the Christmas festivities in order to give everyone a rest from the gourmet times you may have had around Xmas and the New Year.

This lunch is available to ALL MEMBERS, and their guests, there is a limit on total numbers, so do not delay.

Editorial (continued)

Vi Chick our 'coach organiser', when taking her dog for its walkies one November Monday morning was bowled over by another dog, it wished to play with her dog. Regrettably Vi, in falling, was injured, help was obtained and off she went to Weston General. Although not able to walk she was sent home, her doctor was contacted and had her admitted into Burnham Hospital where she remained until Christmas. Over the ensuing weeks it has been found that Vi had a broken bones in both her ankle and knee. She accepted the indisposition and could often be found carrying out 'office' work for the Social Group. A Xmas card for Vi was addressed to: Vi Chick, U3A Travel Office, c/o Burnham Hospital.

The Club's holiday last year in Scotland was a success; we are now looking forward to next April's trip to Spain, Vi was very much involved in setting this up so has to be fit by then.

Theatre trips planned for the next few months are filling up fast, the new 'DIARY' will include all the up-to-date information on shows, trips, etc.

Roy Bryant is still running the Social Group 'office' and is available at Coffee Mornings.

Amendments to the activities programme are as follows:

Calligraphy: Initially it was proposed that this Group would last for a short period, being basically a 'Workshop. Margaret Sims kindly offered to tutor the class and get it started using the 'Foundation' lettering which is the basis of calligraphy. She was successful and encouraged the making of Christmas Cards, (some excellent results). Now that members have the basic knowledge, the 'Workshop' is closing for a short while.

Speaker's Corner: Due to falling attendances Jack Foster has decided to re-think this Monday afternoon meeting; it will not disappear altogether. He feels that it may be better to hold it, perhaps every quarter and at a different time, perhaps a different day. Information will appear in the magazine or on the Notice Board in due course.

>>>>>>>>>>>><<<<<<<<<<<<<

The moment may be temporary, but the memory lasts forever.

a Happy New Year and
. The years appear to go
t is because the jobs we
r it is the days are never

Annual Dinner, this time
February. Due to the
0% we needed to find a
ter for more members.
ffee Mornings did, I feel,

it has been noticed, and
ers are tending to gather
d the Coffee Morning to
ecome 'clicky'. We have
ate us to go the way of
red. Being sociable is a
wn—have a word, make
ember to see that all are

ear and I look forward to

ton-Chairperson.

chocolates, biscuits and requirements.

Collect these and distribute to the staff and patients have the U3A of Highbridge this year please tell our n. Thank you!

tred

News from the Groups

Art Groups

The Tuesday and Thursday Groups are thriving, numbers have increased. I think it is safe to say that both classes are now full.

Anne Young, the Tutor for the Tuesday Group, has recently had an operation and is at present convalescing; Phil Lyes has stepped in to look after the class. (Thanks Phil).

Calligraphy

As advised earlier, this class has ceased for the time being. However, if sufficient interest is shown during the New Year, we will set up another course, please let me (Ken Burston) know if you would like to participate.

Needlecraft

Beryl Hearn came very close to withdrawing this from our activities, said she used to wait anxiously for someone to arrive or ring to say they were on their way. It did not happen, however, interest has been rekindled and the activity may re-start in February. Watch the Notice Board or central Diary for details.

Strollers

Ray Reddish, who has a good knowledge of the walks around Highbridge; has recently led the group in Fay's absence; (holiday and the Bristol Old Vic visit). Ray's last strolls took in a newly accepted footpath across to Bason Bridge via a Drove. A stop was made at the Inn for refreshment before returning to Highbridge. That on Friday 10th December was at West Huntspill from the church out to the sea wall and back, calling in at the Laburnham House for coffee. (*It's becoming a habit*).

Please Note! The new start time for Strollers is 10.30 am

[illegible]

If someone believes in you, it is easier to believe in yourself.

New Year Lunch

ON

WEDNESDAY 16th February 2005
AT

LABURNHAM HOUSE HOTEL

WEST HUNTSPILL
AT 12.30 pm

CARVERY or VEGETARIAN OPTION
INCLUDES DESSERT

CHARGE: £ 6.00 per member for two courses
To be paid when making your booking.

The Club to sponsor each member's meal up to its full price of £7.95

If you wish to bring along a Husband or Wife or Partner
or Friend then please do not exclude them, they too will be welcome.

Non-members would need to pay the full price of £7.95.

There will be the usual Raffle/Seat number Prizes.

ENJOY!

The Bristol Old Vic

A party of U3A members (23) set off from Highbridge on Friday 15th November to be taken on a conducted tour of this famous theatre. On arrival we had a coffee break and at 11.00am our guide ushered us into the main auditorium, and where, when sitting comfortably, we were given a most interesting insight into the history of the "Theatre Royal, Bristol" to use its posh name. Affectionately known these days as the "Bristol Old Vic".

It would be difficult to give a 'rundown' of all we saw and were told, but here goes with a summary of the history.....

The "Theatre in King Street" was built between 1764 and 1766 on land behind and to the one side of the Coopers' Hall. (*This was a vegetable and fruit market*). To finance the building of the theatre 50 wealthy businessmen each donated £50.00 to cover its construction and the fitting out of the auditorium and back stage facilities. A passage through one of the houses in front of the theatre served as the entrance. In those days a licence was needed in order to perform to the public; patrons had therefore to enter 'un-noticed'.

The interior was modelled (with some variations) on the Drury Lane Theatre Royal in London. David Garrick provided a prologue and epilogue at the first performance on May 30th 1766.

In 1942 the threat of closure led to a public appeal so that this historic theatre could be preserved and a new Trust was set up to purchase the building. Arrangements were made for a company from the London Old Vic to staff and run the theatre, thus it became known as the Bristol Old Vic.

One of its greatest triumphs was when its 1954 production of *Salad Days* was transferred to the West End, where it became the longest-running musical on the London stage. The theatre has enjoyed a small renaissance since a new Arts Council funding package and the appointment of David Farr and Simon Reade as joint artistic directors, in January 2003.

Following the fascinating insight into the history of the theatre we were taken on a conducted tour. We first saw the sets being made for the next production, this was to be "Alice in Wonderland", the sets are assembled in such a way that they can be easily moved around and lowered into place quickly. The next stop was the stage; it was a new experience to see the auditorium as the performers see it. One thing that surprised us was the authenticity of the props. The current show was "Twelfth Night" and it was noted that all the newspapers/magazines etc. on the set carried the dates from the correct period.

From here we went below stage, where, upon being asked about 'trap doors' we were shown SEVEN, these obviously needed precise timing when more than one was used at a time. There was a cycle rack below stage so that the theatre staff, being interested in the environment, could park their bikes each day.

Also below ground was the special effects department where props are made, a large caldron for use in "Alice", a 'body' for hanging scenes, an Asses head, a dog with three legs, there was a multitude of props. We troop back up stairs; through to the costume department. Here we were told that the dressmakers are presented with a drawing of the costumes a particular actor/actress is to wear during the play. All the measurements are taken, being in mind that on some occasions the wearer may already have on a costume on from a previous scene, the material is cut, sewn, fitted and pressed ready for use. A performer may need to wear six/seven different sets of costume during the play/pantomime; these are all made in house.

Time was by now getting on and we were taken quickly through and shown the lighting section, publicity, production, promotions etc. "Alice" was in rehearsals (shush-be quiet) and it was all over. A very enlightening tour, it was to take an hour, but took 1 hour 40 minutes. Now we know why theatre tickets cost so much, there is quite an industry' back there behind the ticket office.

It was certainly well worth the trip, probably on of the best we have done.

Report by Grace Galton.

Skittle Xmas Party

On Friday 17th December the Skittle Group held its Annual celebration at the Royal Artillery Inn. Ray Reddish and Betty Worthy had been discussing this 'do' for some weeks and had arranged for the landlord and his lady to provide a buffet meal.

A few weeks prior to the date Ray had need to call a halt to the numbers because he found that the total interested had risen to 39. At 11.30 am on the day the players started to arrive and the scoreboard was filling up fast, a total of 32 eventually bowled. Because of the total number each player had just two goes this took until 1 o'clock.

Ray keeps a record of the scores throughout the year and the player with the highest accumulative score was Brenda Hooper who won the Rowall Cup. There is also an award, the Presidents Cup, for the highest score during the Xmas Party, guess who won that? Yes, Brenda again with a $15 + 7 = 22$, beating Mary Alkers by one.

Lunch was served immediately after, this comprised salad, various meats, and savouries; all followed by mince pies and cream or cheese and biscuits. The usual raffle had many prizes, all of which had been donated; thus the money paid for the tickets could now go towards the party to be held at Easter. The programme for the afternoon included a bingo session and other party games but because a number of members have part-time jobs and others had more shopping to do, there was a slow drift away.

As usual it was a success, much jollification, everyone having a pre-Christmas get together, again demonstrating that the U3A of Highbridge

comprises a friendly crowd always prepared to have a laugh and join in the occasion.



Brenda receiving her two trophies from Ray and Betty.

WHAT'S ON DIARY

January-----February-----March

Calligraphy Workshop suspended until later in the year.

Needlecraft Monthly –Date of first meeting to be advised.

At: 18 Grange Road, West Huntspill

Time: To be advised-Notice Board

Group Leader: Beryl Hearn (781947)

Writing for Pleasure Monthly (This group will only re-start if there is interest shown by members, it is good fun and it would be a shame to let it fold.)

At: / Time: To be advised- Notice Board

Group Leader: Doreen Reddish (785411)

Speaker's Corner Meetings to be arranged—See Notice Board.

At: Southwell House

Time: 2.00 pm

Admission: £1.00 includes tea and biscuits

Arranged by: Jack Foster (787611)

Art Every Tuesday

At: Southwell House

Time: 1.30 pm to 4.00 pm

Cost: £1.70

Group Leader: Phil Lyes (784629)

Keep Fit Every Tuesday

At: Gospel Hall, Old Burnham Road

Time: 2.15 pm to 3.15 pm

Group Leader: Joyce Beard (783913) All Welcome.

Board Games Every Tuesday

At: Gospel Hall, Old Burnham Road.

Time: 3.15 After Keep Fit.

Group Leader: Betty Worthy (795823)

Coffee Morning Every Wednesday

At: Highbridge Social Club

Time: 10.00am to 12.00am

All are welcome, come along, meet up with friends, and see what we have to offer.

Barn Dancing On third Wednesday of the month (except February when it is on the fourth Wednesday 23rd)

At: Highbridge Community Hall

Time: 2.00pm to 4.00pm

Admission: £1.50 includes tea and biscuits

Caller: David Napper (792371)

Art Every Thursday

At: Southwell House

Time: 1.30pm to 4.30pm

Cost: £1.70 Tutor: Jean Berry (785840)

Skittles 1st and 3rd Friday of the month

At: Royal Artillery Inn

Time: 11.30am to 1.00pm

Group Leader: Ray Reddish (785411) Lunches available

Play Reading Friday 28th January 2005 and all fourth Fridays.

At: 4 Brue Crescent. Burnham-on-Sea.

Time: 10.00am

Play: "Dangerous Corner"

'Producer': Tony Webb (787483)

New members welcome-especially men.

Strollers

Second Friday of the month

At: Start-Bank Street Car Park

Time: 10.30pm **Please note new start time!**

Stroll: See Notice Board for details, stout footwear is recommended during winter months.

Group Leader: Fay Burston (782529) or Ray Reddish (785411)

Cycling

Fourth Friday of the month

At; Start -Bank Street Car Park

Time: 11.30pm

Group Leader: Barbara Palin (784187)

With all of the foregoing it is advisable to check with the Club Notice Board or with the Group Leader to ensure the activity is being held, especially with outdoor events

General Information

A date for the diary:

West Huntspill Spring Show. 12th March 2005.

Art and Craft Classes may wish to note this date because we will be invited to display Club paintings etc.

U3A Diary for 2005. The Third Age Trust's supply was sold out by October, I am sorry we did not get our second order; the Third Age Trust had sold out

Social Events

January 15th "SOMETHING'S AFOOT"

At: Brewhouse Theatre. Taunton (Evening Performance)

Meet: At Bank Street Car Park, coach leaves at 6.45pm.

Cost: £19.00

February 9th "STARLIGHT EXPRESS"

At: Bristol Hippodrome (Matinee Performance)

Meet: At Bank Street Car Park, coach leaves at 1.00pm

Cost: £22.00

April 13th "SCENERY OF NORTHERN SPAIN" Holiday.

AT: Times } will be advised in due course.

MEET : Pick-up points }

April 20th "CHICAGO"

AT: Bristol Hippodrome (Matinee Performance)

Meet: At Bank Street Car Park, coach leaves at 1.00pm

Note! Bookings can only be accepted with a payment of a £5.00 non-returnable deposit.

Vi Chick (784033) will provide details, or you may make your booking with Roy Bryant(783780) or at Coffee Morning.

Home Front Recall

Some time ago I received a letter from member Sydney Cox, who is a member of the National Council for Voluntary Organisations. During 2005 the country will be celebrating the 60th Anniversary of the end of World War II, various events are planned in the U.K. to mark this time in our history.

Sydney has asked me to enquire if members could provide him with their stories and experiences from the war years. He produces three hours of audio entertainment, comprising four 45 minutes tracks of audiocassettes; these are distributed free of charge to the elderly, handicapped, the blind and visually impaired.

It is envisaged that the tapes would be made up as follows:

- Part 1 Pre-war activities, anecdotes, and events.
- Parts 2 and 3 The war period, in chronological order, the news, reports, entertainment and entertainers, the songs sung, etc.
- Part 4 Post war.

If any of you are interested in helping Sydney with this 19th edition of his Contoc Christmas Concerts he would be pleased to receive material written or recorded. He is able to handle tapes or CD's.

There are many experiences that may need to be recorded, Digging for Victory, service in the Home Guard, Fire Watching, Evacuees-were you one? Were you treated kindly or did you have a rough time?

Have a think; I know Sydney would be pleased to hear from you, I assume that your name would be left out of an article if you so wished.

Your information should reach Sydney by 30th June 2005 at:

H Sydney Cox. F.M.A.

3 General Higgins House, Highbridge, Somerset TA9 3BJ

Telephone 01278 773691

Web Site www.starpeople.org.uk/contoc

A perfect person can be a perfect pain

A bit of relief at Christmas Time!

The large room is empty, waiting quietly for an invasion,
If it is a fine morning many people will come,
Suddenly, a door opens Ken arrives with his briefcase
Behind him comes Fay with a smile on her face,
Friends are also soon arriving in their ones and twos,
They give a cheery welcome to someone who is new,
Groups are sitting around the tables, all members of U3A,
After getting their coffee and biscuits for which they have to pay,
A bit of gossip here and important matters there,
All are sorry if someone's ill, our members really care,
The time flies by and suddenly its approaching noon,
All to their homes they go, looking to meet again soon.

Doreen Reddish c2004

*(Is it really like this on a Wednesday? We will have to change our habits!
Fay and Ken)*

Cordon Bleu at the Zoo

A trainee zoo attendant accidentally killed a tank of tropical fish, then six chimpanzees and drove over a beehive; when his supervisor saw the mess he told the trainee to sweep it up and feed it to the lions.

The following day a new lion arrived and asked the resident lions what the food was like. "Great, quite a variety" was the reply "Yesterday we had fish, chimps and mushy bees"

Ask a silly question

A traveller who was lost called at a local pub to enquire the quickest way to Glastonbury.

Are you walking or driving he was asked.

“Driving” “Yes! That would be the quickest way,” he was told.

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It is better to be alone than in the wrong company.

Monthly Draw Results:

Sept	Kay Lloyd	and	Marian Wright	No 35
Oct.	Penny Kirk	and	Joyce Thackstone	No 10
Nov.	Pat Gray	and	Maisie Hand	No 14

All receive £20.00.

Traders List

Please add:

ABC Cleaning (Graham Cook).....07850-426872

Cleaning: Carpets, Curtains, Paving, Windows,

Felt Roofing

Filers Felting01934-811480

1 Penarth Drive, Weston-super-Mare. BS24 9NL

Tiled Roofing.....01934-416546

53 Coleridge Road, Weston-super-Mare BS23 3UJ

Washing Machines.....01278-662949

Newbury & Johnson, 25 Verriers, North Petherton

Bridgwater, TA6 6SX

(Hotpoint & Zannusi)

Reporting Dead Pigeons.....01452-713529

Only if it has a ring on its leg

Sandra

Hairdressers

We welcome O.A.P.'s

106 Church Street

Highbridge, Somerset

TA9 3HW

Tel: 01278 783091



Thoughts for the Community

This is the time of year when many elderly people experience the problems that come with old age, especially the cold, also often they do not get the opportunity to go out and become bored and depressed. We are all, by reason of the fact that we are in the U3A, "getting on a bit", so are able to appreciate the feeling. May we ask? Have you ever thought that you possibly give up a little of your time to help those less fortunate than yourself? No doubt some of you already do, but there must be a few who could, perhaps, find a few hours in the week to put something back into the community.

The Healthy Communities Collaborative has been operating in Highbridge for some time and a few of our members are already involved in some aspects of Community Care. You may remember their work in connection with the provision of special safety slippers. There was also a scheme where those people who need to use a walking stick or frame can renew the ferrules. This proved to be very a successful and worthwhile service to many elderly people during the recent flu jab sessions

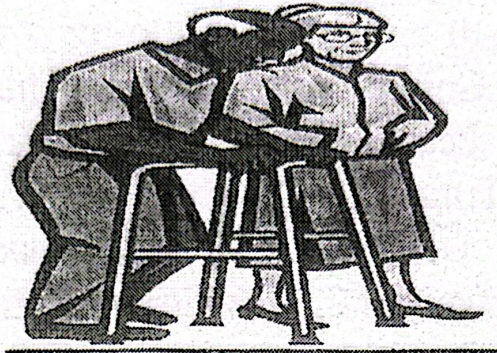
We have recently received information concerning another service; this is the "**Energy Efficiency Advice Centre**".

The organisation receives funds from the local authorities in Somerset in order to give advice and presentations, about their work, to groups in the area. The advice is based on energy efficiency and informs householders how to reduce fuel bills and stay warm in the winter. Various grants and discount schemes are available to enable people to install loft and cavity wall insulation.

The Club will attempt to keep up with what goes on and will try to let you know what is available.

The Sedgemoor and West Somerset Home Improvement Programme is aimed at the over 60's and those with a disability. You do not need to be on benefits, but Council and Housing Association tenants are not eligible.

A GUIDE TO THE SAFE USE OF WALKING AIDS



- ◆ Are the rubber tips (ferrules) worn?
- ◆ Does the walking frame or wheeled walking frame stand square?
- ◆ Are the handles broken, split or worn?
- ◆ Are the wheels wonky?

Is the stick or walking frame the correct height?

- ◆ Stand up straight wearing the shoes you usually wear
- ◆ Hang your arm loosely by your side – there should be a small amount of bend at the elbow
- ◆ Ask someone to measure the distance from your wrist to the floor - the top of the stick should be at wrist height
- ◆ If you decide to cut the stick, do not forget to consider the thickness of the ferrule

Walking frames are measured in the same way

Is the stick being used in the correct hand?

The stick should be held in the opposite hand to the damaged leg if possible

Continuing the theme of helping the Community:

There is now available a Community Mini-bus. This vehicle was obtained after some negotiating between the H.C.C., British Red Cross and Sedgemoor Community Transport. Once the M.O.T. Regulations had been met and the Transport Dept. at Sedgemoor had passed the bus as roadworthy the transfer of ownership was arranged.

Unfortunately, there is a snag! In order to use a mini-bus you need drivers. You may not have been aware that Burnham & Highbridge did not have its own mini-bus, if the need arose for a club/nursing home to use this means of transport it had to apply to the depot at Bridgwater. Burnham & Highbridge now have their own allotted vehicle, but no drivers.

Therefore, if you know of anyone who would be willing to be part-time drivers please let us know, Fay Burston, our Chairperson, is keen to find drivers for a number of clubs. The drivers do NOT require a HGV or PSV licence, the person,(male or female) needs only to pass a simple test at the Bridgwater depot-demonstrate their ability to drive the mini-bus and that is it.

There are many groups in both towns that would jump at the chance to be independent of Bridgwater; Visually Impaired Club, Stroke Club, Gateway Club, Children's Groups, Disabled Groups. These are all people, young and old, who do not often have the opportunity, like the more able bodied, to get out to see the countryside, visit places of interest, or even have an afternoon out, at say Sanders. A summer trip up onto the Quantocks or Exmoor for a picnic is a very remote possibility.

If you are interested, or you know someone who is, PLEASE tell us and we will follow it up-----DRIVERS are desperately needed.

The mini-bus is there, if we do not use it we will lose it, to BRIDGWATER ???

The Festive Season(a time to be jolly)

Members of the Club were out and about at the end of last year. There were Tinsel and Turkey trips to both Blackpool and Seaton. On Monday 29th November sixteen members set forth to enjoy a pre-Christmas holiday near Seaton. Everyone had a good time, the food and weather was to their liking.

On Monday 6th December a party of seven made their way to Blackpool where again a good time was had.

14 members took a coach to Wells and enjoyed the Cathedral's Carol Service on Wednesday 8th December.

Two members joined a party of 34 members of Burnham U3A for a three-day trip to the Thursford Christmas Spectacular in Norfolk. This is well worth a visit; it is a show that is sold out every year within a few weeks of the booking office opening, 104,000 tickets are sold.

Correspondence

We received a letter from Sylvia Shepherd early in December; she enjoyed reading the magazine and, with Malcolm, sends best wishes to everyone for Christmas and the New Year. Sylvia was an early member of 'Writing for Pleasure' and enjoyed the article about the skipping rope by 'Hilda Clitheroe' and other articles in that issue.

They are going to put up some lights for Christmas, Bridgwater carnival type, so it will be a bit of a show. Work is continuing on their home and the fitting of a new kitchen is imminent.

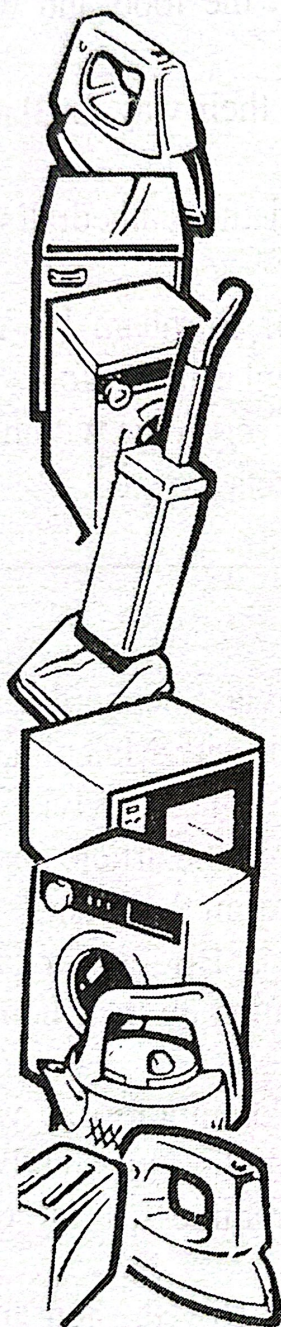
They have joined the BBC (Bordeaux British Community) so will be meeting up with other groups in the coming months. Apparently they have got Sky and can now watch ITV programmes, a lot of the advertising they are not used to.

They have been in touch with our 'old' chairman Roy Preston and his wife Yvonne who appear to now be settled in South Wales; Roy however, has had a mild stroke.

We wish Sylvia and Malcolm all the best for 2005 and trust they will be in touch again soon.

Dople's

DOMESTIC APPLIANCE REPAIR SERVICE



- REPAIRS TO MOST MAKES OF WASHING MACHINE, VACUUM CLEANER, TUMBLE DRYER, FRIDGE, FRIDGE-FREEZER, TWIN-TUBS, DISHWASHER.
- AN EXTENSIVE RANGE OF VACUUM CLEANER BAGS AND SPARES
- A WIDE RANGE OF NEW AND RECONDITIONED WASHING MACHINES
- A RANGE OF KETTLES, IRONS AND TOASTERS.
- REPAIRS TO SMALL DOMESTIC APPLIANCES (KETTLES, IRONS, TOASTERS)
- PANASONIC SERVICE CENTRE
- REPAIRS TO MICROWAVE OVENS
- A RANGE OF NEW MICROWAVE OVENS IN STORE
- SUPPLY COOKERS, HOBS, FRIDGES, FRIDGE-FREEZERS AND DISHWASHERS.
- SERVICE AGENTS FOR VAX, DAEWOO, SAMSUNG

16 Abingdon Street • Burnham-on-Sea
Somerset • TA8 1PH

Tel: 01278 780486

Heaven's Grocery Store

I was walking down life's highway a long time ago,
When I saw a sign that read, "Heaven's Grocery Store,"
As I got a little closer, the door came open wide,
And when I came to myself again, I was standing just inside.

I saw a host of Angels they were standing everywhere,
One handed me a basket saying "Here child, shop with care",
Everything a Christian needed was in that little Grocery Store,
That you could not carry, you could go next day for more.

First I got some Patience, Love was also in the row,
Further down was Understanding, you need that where 'er you go,
I got a box or two of Wisdom, A bag or two of Faith,
I could not miss the Holy Ghost; it was all o'er the place.

I stopped to get some Strength and Courage, to help me run this race,
By then my basket was nearly full, but remembered I needed Grace.

I did not forget Salvation, for salvation it was free,
So I tried to get enough of that, to save both you and me,
Then I started to the counter to pay my 'Grocery' bill,
For I thought that I had everything to do my Masters Will.

As I went along the aisle I saw Prayer and just had to put that in,
For I knew that when I stepped outside I would run right into sin,
Peace and Joy were plentiful; they were up there on the shelf,
Songs and praise were hanging near, so I had to help myself.

Then I said to the Angel, "How much do I you owe"
He smiled "Just take them with you everywhere you go"
Again I smiled at him and said, "How much do I really owe"
He smiled again and said, "My child, Jesus paid your bill a long, long time ago"

Anon.....

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	Phyllis Walsh, Heather Swift, Betty Worthy, Marion Wright.

A Happy New Year to you one and All

GROUP ACTIVITIES TIME TABLE

DAY	MORNING	WEEK	AFTERNOON	WEEK	VENUE
Mon	Calligraphy		Speakers Corner	Quarterly	Southwell House
			Suspended	See Page 6	Southwell House
			Writing for Pleasure	Monthly	See Page 11
			Needlework		See Page 11
Tues			Keep Fit	Weekly	Gospel Hall
			Board Games	Weekly	Gospel Hall
			Art II	Weekly	Southwell House
Wed	Coffee Morning	Weekly			Highbridge Social Club
			Barn Dancing	See Page 12	Community Hall
Thur			Art I	Weekly	Southwell House
Fri	Cycling	4 th		Monthly	Local Area
		1 st / 3 rd		F/nightly	Royal Artillery Inn
	Strollers	2 nd		Monthly	Local Area
	Play Reading	4 th		Monthly	4 Brue Crescent

Committee Meetings are held on 3rd Monday of the month.

If you are a member of a Group and perhaps, on some occasions, unable to attend a meeting, please notify the Group Co-ordinator. This is important and avoids problems when finalising arrangements.

Should you wish to join one of the above activities, please contact the Co-ordinator to obtain details of the venue, times and other relevant information. A small fee is often necessary to cover the rent of the venue and your tea/coffee during a break in activities.

The Editor points out that any views or opinions expressed in this magazine are not necessarily those of this Club.