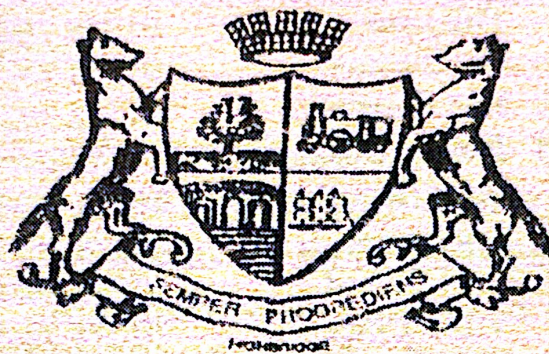


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Faykon Burnston
39 Saxendale Ave

U3A



of

HIGHBRIDGE

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March- - -April

MAGAZINE

2006

ISSUE NUMBER 27

WHO'S WHO **2006/2007**

Members of the Committee

Chairman	Phil Lyes	01278 784629
Vice- Chair	Fay Burston	01278 782529
Secretary	Ken Burston	01278 782529
Treasurer	Pauline Chapman	01278 785163
Membership Secretary	Beryl Bryant	01278 783780
Committee Members	Roy Bryant	01278 783780
	Ethel Titford	01278 788811
	Violet Chick	01278 784033
	Ray Reddish	01278 785411
Co-opted Members	Joyce Curtis	01278 782716
	Margaret Wall	01278 786742

Co-ordinators

Art I	Jean Berry (Tutor)	01278 785840
Art II	Phil Lyes (Tutor)	01278 784629
Card Making	Fay Burston	01278 782529
Family History	Roger Ouston	01278 795007
Keep Fit	Joyce Beard	01278 783913
Play Reading	Tony Webb	01278 787483
Scrabble/Board Games	Betty Worthy	01278 795823
Skittles	Ray Reddish	01278 785411
Strollers	Fay Burston	01278 782529
“ “	Ray Reddish	01278 785411
Swimming	Phyllis Walsh	01278 786486
Social Group	Roy Bryant	01278 783780
“ “	Vi Chick	01278 784033

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Note: In accordance with the requirements of the Data Protection Act 1998 information relating to this Club's members will be held on a computerised database and will be used solely for this Club's business and communications.

Editorial

Our 3rd Annual Lunch is now done and dusted; all had a good time. The Laburnum House Hotel again put on a very good spread with everyone receiving goodly portions of carvery and dessert. Apparently the only complaint was that we do not have more of these gatherings; let us hope that the Luncheon Club, if/when it restarts, will keep everyone happy until next February.

During the past weeks the Social Group have been looking into the possibility of arranging some more trips both day trips and visits to the theatre. You can see the results of their deliberations on Pages 8/9/12 it is now up to you, the members, to make your choice. Vi will be on holiday for a couple of weeks visiting her youngest son out in India, so do not try to contact her just yet; Roy however, will be more than happy to take your bookings and deposits.

I still can not get used to 'our Jack' not being around; when we were discussing and editing the Highbridge History book he visited us regularly relating to us many tales of "old Highbridge" and of his boyhood in an around the town. Plus many experiences during his teen and twenty + plus years, he was very knowledgeable about the town and the areas roundabout; his presence will be missed by many who were close to him over the past years.

The membership steadily grew last year reaching 160, quite an achievement with another Club 'just up the road'. We, the Committee, thank you all for your interest and support and look forward to it continuing throughout the coming year. Beryl, our Membership Secretary, has asked me to ask you to if you could pay by cheque when renewing your membership. We appreciated this is not always convenient, but it does help Beryl, coinage weighs heavy plus and she needs to pass it on to the treasurer who then takes it to the bank. So cheques would be a great help.

Also, may I refer you to Page 4 and the information relating to the Data Protection Act 1998? To some of you this may be important and we feel it is right that we pass the details on so please read it and think about it.

Data Protection Act

The Third Age Trust has brought this Act to our attention and, in line with their comments we have added the relevant details to the bottom of Page 2. It is also on the Membership Form that you will be required to fill in so that you can sign that you have read and accept it. The Third Age Trust has supplied all Clubs with a 'Fact Sheet' giving brief details of the Act. —It states: -

“The Data Protection Act is designed to protect individuals from having their personal details publicised or misused”.

I have read and re-read the document and still feel that some statements are impracticable to the running of a Club; under **“Data User/Holder Requirements”** ---‘Duty of Care’ it states:

1 Ensure that anybody holding personal data on their computer password protects it.

2 Keep the number of people holding copies of the data to a minimum, Do it on a ‘need to know basis’ and where practical just give names and telephone numbers, no addresses.

3 Avoid hard copies if at all possible.

1 and 3 do not present a problem.

2? I am not sure of. We do give only telephone no's in the magazine. However, what if we, like many Clubs, hold an activity in someone's home, how can we tell you where it is being held?

Also, you do not need to have a high IQ to look up an address in the telephone directory if you know a person's name and phone number.

It is appreciated that many people do have objections to all and sundry having their telephone number/address, Ok. If you do not want the information broadcast, say so on your Membership Form, we will respect your wishes. But remember we will not be able to provide you with a magazine or other information if we do not have your address, you will need to visit the Coffee Morning to find out what is going on.

All a bit pointless really, but personal security is very important these days and everyone needs to be careful and not divulge too much information about oneself. Most business company computers in the U.K. hold your name, address and phone number on their computers because in this day and age that is your identity.

I welcome your comments and await your reactions with interest.

Group News

Card Making Group

The production of Christmas cards has ceased for the time being but the keen members of the group are still meeting so that they can hone their skills and build up a stock of cards for those other special occasions. The workshop is continuing as detailed, a decision will then be made whether to continue with further meetings.

Meetings at Southwell House as below:

Monday 6th March – Morning 10.00-12.00

Wednesday 15th March- Afternoon 2.00-4.00

Cost: £1.50

Family History

This is proving to be a popular workshop, interest has increased, Roger is busy sorting out the problems of those of us who have made some progress and is helping the newcomers to get started. The meeting has also helped us all appreciate some of the problems experienced by the celebrities in the "Who do you think you are" programme. Meetings are held on the **First Thursday** of each month at Southwell House, time 10.00am. The relevant dates are:

Thursday 2nd March

Thursday 6th April

Thursday 4th May

Thursday 1st June

Cost £1.00

Why not join us one week?

Art Groups

Both classes are busy producing paintings for the forthcoming West Huntspill Spring Show, to be held on: -

Saturday 18th March. West Huntspill. In the Balliol Hall .at 2.30 pm.

Later in the year there will be two further shows, the usual August Show at West Huntspill plus a new one at East Huntspill, also in August.

There are classes for other crafts so if interested ask for details. The show at East Huntspill will be in the new Village Hall; details for both the later shows will be issued when available.

Group News (continued)

Play Reading

A new session is upon us, Tony Webb has asked me to include in this issue a request for more members to join them in this relaxing and good fun activity. The next meeting will be on Friday 24th March at 4 Brue Crescent at 10.00 am. Tony would like you to go along and give it a try; they need new blood especially more men. Unfortunately the group has lost members through a variety of reasons, leaving the area, etc. Contact Joan or Tony Webb on 787483 for more details.

Social Group

The new programme for 2006 is given in detail on Page 8 and will be regularly displayed on the Notice Board and on Page 20. If you have suggestions for other places please let Vi or Roy know. Trips will be organised to places only if there are sufficient members interested to make it worthwhile organising a coach.

We are not out to make a profit from trips; our aim is to satisfy the interests of members and to give them the opportunity to visit places they could not normally afford to go to on their own.

The programme is there---it is now up to you to show an interest and support this group that puts in a lot of hard work to make trips possible.

Skittles

The year has started well with good attendances so far; scores are very erratic, mainly due to the surface of the alley not being very smooth. We aim the ball in right direction but as soon as it leaves your hand it has a mind of its own.

Speakers Corner

Has not been forgotten; but the interest shown so far is minimal. To whet your appetite here are a few ideas, speakers are available for these subjects: - Heraldry, Family History, Energy saving in the home, Secret World (its operation), Contoc Christmas Concerts (how they are produced), Poetry (by a variety of persons), a Victorian way of life, Community Policing,

Jack Foster Last month it was with regret that we announced the death, following a long fight against cancer of 'our Jack'. Everyone knew Jack because he was 'A Man for Highbridge'; if Jack felt that it would put the town on the map and would make it a better place he was all for it. He was involved in many activities and Doreen Reddish has kindly volunteered to do an obituary for us.

"I have been asked to write a few lines about our Jack, what a gentleman! He was and will always be sorely missed, not only by us in the U3A but by so many others.

He was in at the start of the 'Highbridge Friends of the Children's Hospice, South West' and made thousands of pounds with his sales of books and puzzles at Highbridge Caravans and at various functions around the area. He was a member of 'Sounds and Voices' being their treasurer; also Chairman of the Highbridge History Project that published the book on the history of Highbridge, what he knew about the town and its inhabitants helped to make the book the success it was; also an active member of the Highbridge Regeneration Group; a member of the Highbridge Memorial Trust, that runs Southwell House and a dedicated member of St John's Church—all will miss his help and enthusiasm. There are many others who will miss Jack; it was his involvement in the town and his public-spirited work that resulted in him receiving the Town Council's Civic Award in 2004.

His memory will continue because we understand his bookstall at the Caravan Centre is to be called "Jack's Stall" and through that his wonderful work for sick children will go on.

Jack will be remembered by all with deep affection".

Doreen Reddish



Jack on a day out with his daughters Joanne and Paula.

Not a very warm day by the looks of it but Jack, as ever, is enjoying time with his family.

"My Fair Lady"

On Wednesday 8th February a coach delivered U3A of Highbridge members plus a few from Burnham U3A, to Bristol Hippodrome to see this show.

It was a fantastic show, the scenery changes were very slick and the singing was beautiful, the costumes were wonderfully fresh and the whole show was a faultless presentation. Everyone thoroughly enjoyed this excellent trip organised by the Social Group, --thank you.

Ethel Titford

Ed's note: I saw this show when it was first presented at Drury Lane back in the 60's, it still has a freshness about it; the songs are all well known but still manage to come over fresh, as if being heard for the first time. The costumes had that crispness about them and compared very well with those in the lavish film presentation; as Ethel said the scene changes were so slick you were not fully aware that it had changed; the lights dimmed and seconds later returned to reveal another street in London. The stars of this particular show were excellent and compared well with those from the original London presentation.

The proposed future programme for Social Trips

Roy and Vi have put together a programme for some outdoor trips and brief details are as follows: -

Trago Mills:- Popular request from the Art and Card Making Classes
Date. Tuesday 14th March leaving at 9.30 am Price £8.00

Lost Gardens of Heligan:- Date. Thursday 8th June leaving at 9.00 am
Price:- £18.50 includes entry (based on 30 seat coach).

Beaulieu :-Date. Tuesday 11th July leaving at 9.00 am
Price:- £ 19.50 (based on 35 seat coach) plus £2.50 extra to visit Bucklers Hard.

That takes us up to the end of July, trips for the rest of the year are on Page 12, to which please refer.

Continued on Page 9

Annual Lunch

Lunchtime on the 15th February saw quite a few members breaking their New Year dieting resolution when they sat down to enjoy our Annual Lunch at the Laburnum House Hotel. An array of tempting foods in the carvery resulted in plates being generously loaded. Some of our members were highly impressed by the waiting staff volunteering to carry the places to their seats for them. This kind act was very much appreciated.

The quiz was a great success with a trick question at the end catching everyone out. The winning team, having the most questions answered correctly, was the "Goodies" comprising Betty and Peter Worthy and Ethel Titford.

Val Stephens gave us her own unique rendition of two poems by Pam Ayres, this brought the event to a close.

I am sure everyone is most appreciative of the hard work put in by Fay and Ken again this year; which ensured the event was a roaring success.

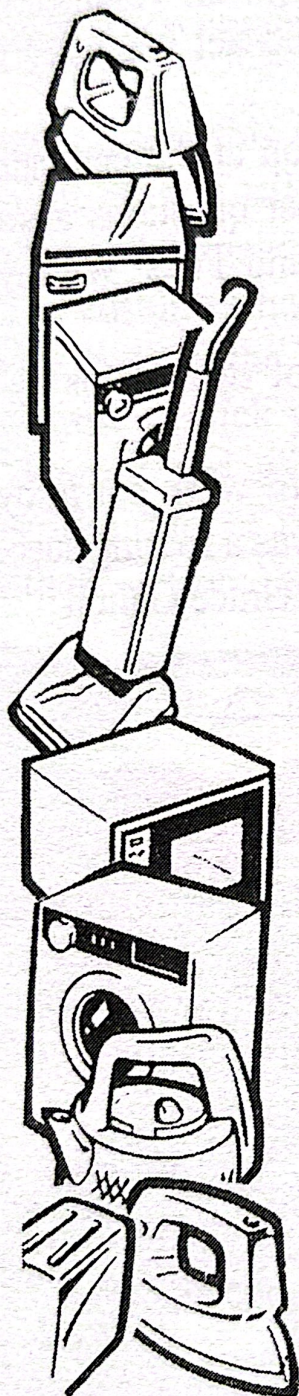
Grace Galton



Pre lunch socialising and attacking the quizzes

Dople's

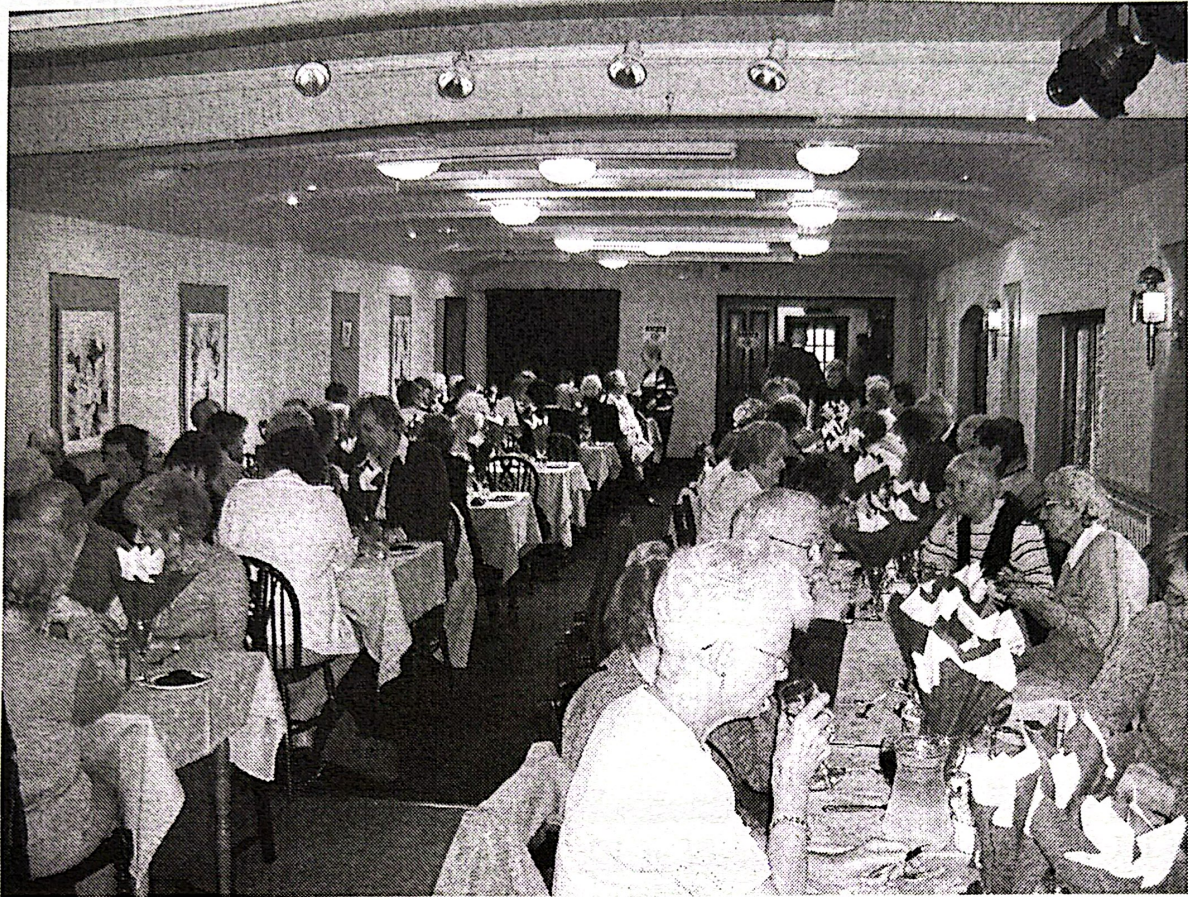
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- PANASONIC SERVICE CENTRE
- REPAIRS TO MICROWAVE OVENS
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Providing a quiz sheet is one way to get everyone talking, they are soon immersed in discussing the questions.



Proposed future trips continued from Page 8:-

St Fagans Rural Museum :- Date. Tuesday 15th August leaving at 9.15 am
Price: - £10.00

Eden Project:- September-Date to be advised, leaving at 9.00 am
Estimated price: - £20.00 including entry.

More information on both these trips to be advised in later issues.

In all cases the 'leaving' times are based on times from Bank Street Car Park Highbridge. In some instances additional pick up points can be included subject to you making a request when booking your seat.

Theatre Trips:- Bristol Hippodrome

"Anything Goes" Musical—Matinee-- Wednesday 19th July
Price:- £19.50 Leaving Bank Street at 12.30 pm

"Peter Pan" Christmas Pantomime. Wednesday 20th December
2.00 pm performance Price: - £23.00.

It is understood that the seats for both these shows are sold out already, Vi did manage to get some, although for the pantomime they may not necessarily be altogether. If you wish to go to either show please let Vi or Roy know soon. The usual conditions apply re deposit and by which date payment is needed.

If we are able to make arrangements for additional shows etc we will keep you advised. Also, should you wish to put forward a suggestion for a show or a trip, please contact Vi or Roy?

We are here to serve.

A little light relief

I was given the following a short time ago and thought they might give a little light relief to the serious side of life.

From School Exam Papers

Lot's wife was a pillar of salt by day: but a ball of fire by night.

The Pope lives in the vacuum.

Christians are allowed only one wife; this is called monotony.

Holy Acrimony is another name for marriage.

The 1st commandment was when Eve told Adam to eat the apple.

The 5th commandment is 'humour thy father and thy mother.'

Noah's wife was called Joan of Ark.

Some time ago meanings were given to a few of the sayings from the past, this one came up the other day.

Before the days of zips and Velcro the dressers for actors used ribbons or pins to attach dresses or tabards etc to the actor before they performed on stage. (No actresses in those days) The pins were specially made by a pin maker and were expensive, so much so that the ladies had to save up to buy them, thus "Pin Money".

Sandra

Hairdressers

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At the end of January two members set off on a working holiday that took them to Kenya to visit a special school, read on: -

A holiday in Kenya

Beryl Hearn and Janet Holderness recently had the pleasure of visiting Mombassa, Kenya on a working holiday in aid of a charity called SCA Children's Appeal which sponsors children enabling them to attend school, something that they would not otherwise be able to do. Sue Stevens from Rectory Road, in Burnham, arranged the visit and came with us. She goes out to Kenya frequently and has been sponsoring African children for many years. She regularly holds garage sales and coffee mornings etc to raise funds for the charity.

We had the privilege of meeting the children that we sponsor at their respective schools; Beryl's little girl attends the primary school and mine (Janet's) has just started kindergarten. The charity is also in the process of building a secondary school. All the children we met at the school were very well behaved and the African teachers were so good to them. A lot of the children spoke good English; they sang to us when we arrived and shook our hands. It was such an emotional moment.

Another day we distributed clothes, shoes and other items that we had brought out with us, many donated by people in Burnham, these are so badly needed, as they have nothing. It really put into perspective how much we take things for granted over here, especially water.

All the money raised by sponsors is used for the purpose of educating the children; nothing is taken out for administration costs.

If you would like more information, or are interested in sponsoring a child, please contact Sue Stevens on 01278/782789 or log on to the website www.educatethekids.com.

Janet Holderness

I understand they also went on a safari and saw a lot of the animals one expects to see in that part of the world, this may be something for the future?

.....and finally

The Club's Committee does not hold many meetings; we feel that the groups do a good job and that the Club tends to run itself. However, there is one subject that is raised continually, that is **more groups**. The few that we have are well supported, the Art Classes are full and, although the Play Reading could do with a few more members we are not complaining. Recently a Model Making Group was suggested, this to include all types of modelling (Dolls Houses were the prime aim) but interest has been a little minimal. Would those that are keen please get together with a Committee member at a Coffee Morning and work something out?

Another suggested group would be **Gardening**, a number of members have voiced an interest. Could we start this off with say a 'plant exchange' one Wednesday morning? When the plants begin to grow and you find you have a surplus let a Committee member know and we will make the necessary arrangements, i.e. set a date and allocate a table in the hall. This may get interest moving towards a possible group activity, not necessarily instructional but an exchange of ideas, tips and the occasional advice. Let's give it a try.

ContoC Christmas Concerts

For the Elderly, Handicapped, Blind and Visually Impaired

"My Words Versified"

A Collection of Poems

by

H.Sydney Cox F.M.A.

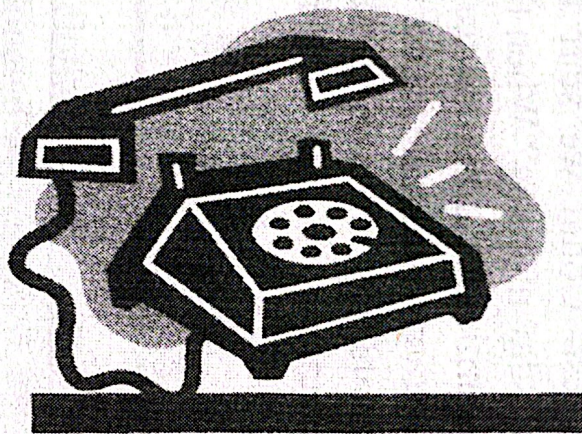
This booklet, containing twenty-one poems, has been published for the purpose of
Raising funds for ContoC. The cost is £2.50 plus 30p Postage.

Crossed postal orders or cheques should be made out to ContoC Christmas
Concerts and sent to the publishers. BM/Inkwell. London WC1N 3XX

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1 CHANNEL COURT BURNHAM ON SEA SOMERSET

How to give your cat a pill

- 1) Pick up cat and cradle in crook of your left arm, position right forefinger and thumb on each side of cat's mouth, gently apply pressure to open cat's mouth and pop in pill. Allow cat to swallow pill.
- 2) Retrieve pill from floor and throw away, put band-aid on right thumb. Cradle cat and try again.
- 3) Retrieve cat from bedroom, throw away pill and apply band-aid to left thumb.
- 4) Take a new pill from pack and, holding cat's paws tightly in left hand force jaws open and push pill to back of cat's mouth. Hold mouth shut and count to ten-slowly.
- 5) Retrieve cat from top of wardrobe and pill from fireplace. Call spouse in from garden.
- 6) Kneel on floor wedging cat firmly between knees, holding all paws firmly. Ignore noise from cat and get spouse to hold its head firmly, force pill into mouth. Rub cat's throat vigorously for some time to work pill down.
- 7) Retrieve cat from curtain rail, get another pill, sweep up broken Doulton vase from hearth and put band-aid on spouses hand.
- 8) Wrap cat in large towel and get spouse to lie on cat with head just visible; put pill in drinking straw, force open its mouth, insert straw, blow sharply to force pill into mouth.
- 9) Check packet to make sure pill not harmful to humans, drink a glass of water to take away taste. Renew band-aid on right arm; remove bloodstains from clothes and carpet.
- 10) Retrieve cat from garden and sweep up broken glass from kitchen window. Place cat in cupboard, close door to leave just head showing, force open mouth with dessert spoon and flick pill down throat with elastic band.
- 11) Fetch screwdriver from garage and replace cupboard door, check when you last had tetanus jab.
- 12) Call fire brigade to get cat from tree next door; apologise to neighbour, take last pill from box.
- 13) Tie cat's front paws to rear paws with garden twine and bind tightly to table leg. Put on heavy pruning gloves, hide pill in piece of cat's favourite meat and push into mouth at same time pour pint of water into its mouth, holding its mouth firmly shut.
- 14) Get spouse to drive you to hospital and sit quietly whilst torn flesh is repaired. Order new table from furniture shop on way home. Finally Cat Rescue to collect cat. Then see if Pet Shop has any hamsters.

Thanks to Doreen Reddish

Monthly Draw

December Helga Hand and Vivian Wyatt No 6

January Margaret Wall and Brenda Hawkes No 21

All received £20.00

Editor: Ken Burston

Production: Fay and Ken Burston

Distribution: Ann Smith (West Huntspill)

Mary Akers, Pat Gray, John Grigsby, Anne Lismore,

Betty Pocock, Thelma Tripp, Phyllis Walsh,

Heather Swift, Betty Worthy and Marion Wright.

'18
GROUP ACTIVITIES

Card Making Mondays and Wednesdays (see details on page 5)

At: Southwell House

Times: Monday-10.00am-12.00am and Wednesday-2.00pm –4.00pm

Admission: £1.50

Contact Fay Burston (782529)

Art Every Tuesday

At: Southwell House

Time: 1.30 pm to 4.00 pm

Cost: £1.70 Group Leader: Phil Lyes (784629)

Keep Fit Every Tuesday

At: Gospel Hall, Old Burnham Road

Time: 2.15 pm to 3.15 pm

Group Leader: Joyce Beard (783913) All Welcome.

Board Games Every Tuesday

At: Gospel Hall, Old Burnham Road.

Time: 3.15 After Keep Fit.

Group Leader: Betty Worthy (795823)

Coffee Morning Every Wednesday

At: Highbridge Community Hall

Time: 10.00am to 12.00am

All are welcome, come along, meet up with friends, and see what we have to offer.

Luncheon Club

Now that the Annual Lunch has been held it is suggested that you watch the magazine and Notice Board for details relating to possible Lunch Dates.

Speakers Corner

Recently interest has been shown in us reviving this activity, as soon as the opportunity permits it will be reinstated; please advise a Committee Member if you know of a good subject and/or speaker.

Art Every Thursday

At: Southwell House

Time: 1.30pm to 4.00pm

Cost: £1.70 Tutor: Jean Berry (785840)

Class now full—sorry!

Skittles 1st and 3rd Friday of the month

At: Royal Artillery Inn

Time: 11.30am to 1.00pm

Group Leader: Ray Reddish (785411) Lunches available

Play Reading Fourth Friday of the month. (24th February 2006)

At: 4 Brue Crescent, Burnham-on-Sea.

Time: 10.00am

Play: To be advised

'Producer': Tony Webb (787483) New members welcome especially men

Family History Tutorial Workshop

At: Southwell House

Time: 10.00 a.m 1st Thursday of each month up to and including June.

See dates on page 5

Facilitator: Roger Ouston (795007)

Strollers 2nd and 4th Friday of the month

At: Start-Bank Street Car Park

Time: 10.30pm

Stroll: Local area, stout footwear is recommended during winter months.

Group Leader: Fay Burston (782529) or Ray Reddish (785411)

10

With all of the foregoing it is advisable to check with the Club Notice Board or with the Group Leader to ensure the activity is being held, especially with outdoor events

Social Events

APRIL 12th "SEVEN BRIDES FOR SEVEN BROTHERS"

At: Bristol Hippodrome Wednesday Evening Performance

Meet: Bank Street Car Park, coach leaves at 5.30pm

Price: £27.50 (Stalls)

Note: Evening Performance

Payment for a show is needed EIGHT weeks before the show date.

This a requirement by the theatre

Note! Bookings can only be accepted with the payment of a £5.00 non-returnable deposit. Cheques must be made out to "U3A of Highbridge Social Club"

Vi Chick (784033) will provide details, or you may make your booking with Roy Bryant (783786) or at Coffee Morning.

Forthcoming Events-----See Pages 8 and 9

Day Trips-----St Fagans in South Wales.

Trago Mills in Devon.

**Beaulieu Motor Museum plus the Maritime Museum
at Bucklers Hard.**

Eden Project in Cornwall.

Lost Gardens of Heligan in Cornwall.

Theatre Trips-----At Bristol Hippodrome

"Anything Goes" matinee-- Price £19.50

**Wednesday 19th July, leave Bank Street Car
Park at 12.30 pm**

Pantomime Trip----"Peter Pan" with Joe Pasquale, 2.00 pm

December 20th 2006-----Price £ 20.00

**We understand both of these are fully booked at the theatre, so
contact Roy or Vi quickly if you are interested**