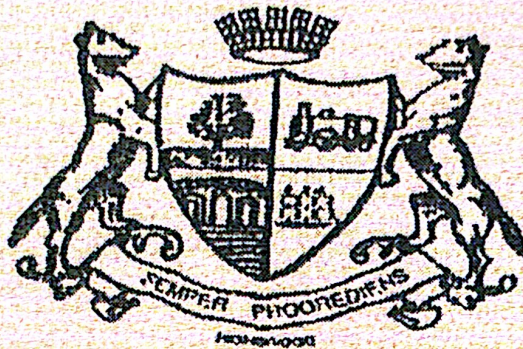


Kenneth J. Bousken
39 Saxondale
Ave.



of

HIGHBIDGE

November-----December
MAGAZINE
2008

ISSUE NUMBER 43

WHO'S WHO 2008/2009

Members of the Committee

Chairman	Tony Webb	01278 787483
Vice- Chair	Fay Burston	01278 782529
Secretary	Ken Burston	01278 782529
Treasurer	Pauline Chapman	01278 785163
Membership Secretary	Fay Burston	01278 782529
Committee Members	Roy Bryant	01278 783780
	Beryl Bryant	01278 783780
	Carole Loveridge	01278 780060
	Phil Lyes	01278 784629
	Ray Reddish	01278 785411
	Jean Williams	01278 785240

Co-ordinators

Art I	Jean Berry (Tutor)	01278 785840
Art II	Phil Lyes (Tutor)	01278 784629
Card Making	Rose Bateman	01278 795906
Family History	Roger Ouston	01278 795007
Floral Art	Jean Williams	01278 785240
Keep Fit	Joyce Beard	01278 783913
Play Reading	Tony Webb	01278 787483
Scrabble/Board Games	Betty Worthy	01278 795823
Skittles	Ray Reddish	01278 785411
Strollers	Fay Burston	01278 782529
“ “	Ray Reddish	01278 785411
Social Group	Roy Bryant	01278 783780
“ “	Vi Chick	01278 784033

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Note: In accordance with the requirements of the Data Protection Act 1998 information relating to this Club's members will be held on a computerised database and will be used solely for this Club's business and communications.

Editorial

It does not seem quite right to be thinking about Christmas and the New Year just a few days into October; but that is what I need to do when preparing the next magazine which is due out at the start of November and that will be taking us up to the end of 2008.

When in our early years we could not wait to be a teenager or to start work, or, when I was young, looking forward to my 21st birthday. Time appeared to drag, the next birthday that would take you that one-year nearer, seemed to be years away. Now they go by so fast that sometimes you cannot remember what day it is, what you did yesterday or, for that matter, where did last week go?

2009 is about to welcome us to another 365 days of going through it all over again ---“Life gets tedious don't it”.

With a New Year looming let me first wish all members, on behalf of the Committee, a Happy Christmas, and a Healthy and, dare I say it, Wealthy New Year. I think a healthy year would be our greatest wish. **By the way, we will be open on Wednesday 24th December (Christmas Eve) as usual.**

To complete the year of 2008 we propose doing a bit of showing off, on Saturday 8th November we are holding an ARTS and CRAFTS EXHIBITION in the Community Hall. We have held, for want of a better description, a Pre-Christmas Bazaar on a number of occasions, the last one was in November 2005, they have all been quite successful.

Our aim is to show the general public what the Club does; many of them have never heard of the U3A, this is our way of bringing the Club and its activities to their attention. At previous events we have displayed Paintings from the Art Classes, Cards (for all occasions) from our Card Making Group plus other items that our members have made some perhaps in their own time.

Some ladies do Quilting, or Embroidery and Stitch craft of various types; one member makes Decorative Eggs. We hope to be able to lay on some refreshments for visitors e.g. coffee, tea and some biscuits/cake.

There will also be a Tombola, Cake Stall, Bring and Buy and other attractions.

So please make a note of this date, it is only 3 days away and we look forward to your support and some help if you can spare the time on the Saturday morning. The event will run from 10.00 a.m. to 12.00 and admission is free.

We hope the advert on page 5 will help draw your attention to the event.

Please come along to support us, drop in for a quick chat and a cuppa and say hello to other members.

Editorial continued

New Groups/Partners?

Last month I did a piece on this subject, did any of you give it a thought? If not, then please spare a few minutes to read the following. I think it is self-explanatory and it may just be the thing we are looking for, especially now that the dark, cold nights are looming.

We recently received a letter from the Third Age Trusts Resource Centre advising that they have a collection of, what they term, "non-book material" that is available to all U3A groups, the material may be borrowed 'free of charge' except for the cost of postage. The collection comprises slides, videos, audiocassettes, CD's and DVD's, the list is endless and I have copy should you wish to see it.

The subjects covered include Architecture, Art, Environment & Transport, Gardening, History (Family History and Archaeology), Music (Classical, Opera, Ballet and Jazz), Recreational (Cinema, Photography, etc) Pure Science, (Astronomy, Meteorology, Geology) and Natural Science.

This may be a golden opportunity for us to form some small groups. For instance, I believe we have a few Jazz Aficionados in the Club, so would not this be an ideal way for them to get together and have a Social Evening listening to their chosen musician. The DVD's run for about 50 to 60 minutes on average although some of those available can run for 2 or 3 hours; The American Musical----A History of Broadway for instance, runs for 342 minutes.

Of course it does not have to be music, with the choice available any subject could be the format for a social gathering. This system avoids the need to hire a room and members could decide amongst themselves where and when to meet.

It is just an idea, but think about it and see if you can come up with some suggestions. I have the list and I am prepared to order whatever material you may wish to consider suitable for an evenings trial run, why not give it go?

This has been prompted by a letter sent to Tony Webb by the Third Age Trust's Resource Manager who wished to draw our Chairman's' notice to the fact that this Club has not availed itself of this facility. It is 'free' so why not give it a try?

Examples: - Music—Classics like Tchaikovsky, Beethoven Mozart, Vivaldi, etc

Jazz such as History of Jazz covering years from 1930's

(Music, composers, jazz and opera covers 5 and half A4 sheets)

There is not sufficient space to give a breakdown for all subjects but I am sure you will be very surprised by the range of material available.

The
U3A of Highbridge

IS HOLDING ITS
**ARTS & CRAFT
EXHIBITION**

ON
SATURDAY 8TH NOVEMBER
10.00 a.m. until 12.00 a.m.

in the
Highbridge Community Hall

**COME ALONG, TAKE A LOOK AROUND
AND ENJOY A COFFEE OR TEA
WITH FRIENDS**

CRAFTS--- STALLS

**TOMBOLA—RAFFLE—CAKE STALL
ADMISSION FREE**

Club News

With the Arts and Craft Exhibition coming along in November members of the Art Groups are attempting to provide paintings to display and the Card Making Group is busy producing cards, to display and possibly sell.

We will also have some examples of Floral Art on show, plus photographs of other groups, so that we can demonstrate to the public that there are a number of activities that can be made available to them.

If we can build upon the idea put forward on Page 4 re small social groupings, we may find that in time we will be able to offer a wide range of interesting subjects.

Now that the Strollers have an agreed programme for each month's outings they are able to plan their Fridays to suit their other activities. It is often difficult to find new territory for strolls but they have found lately that there are some walks that are completely new. A recent case in point was the stroll at Middlemoor when it was found that half the group did not know the area and were certainly not aware of this very quiet and safe family walk. It is especially good in September because the blackberries to be found there are large and clean, unpolluted.

The Family History Group restarted in October after its rest during the past few months, no one discovered any skeletons in their cupboards during their excursions into their ancestry. The last "Who do you think you are" on BBC visited Bleadon when Laurence Llewelyn-Bowen found his ancestors owned property there, but apart from the local interest nothing startling was discovered.

All the groups Play Reading, Scrabble, Board Games, Keep Fit and Skittles are now entering their winter sessions and will, no doubt be making arrangements for their Christmas parties very soon. The Club's Annual Lunch will be coming up in February and we look forward to another good event.

All groups have done well this year with a good level of support, Group Leaders having maintained their members' interest and enthusiasm, the social and therapeutic benefits of these weekly get-togethers have been greatly appreciated.

The Social Club has, throughout the year, provided a good selection of trips, to the theatre and to places of interest and we thank Vi and Roy for their sterling efforts. On Coffee Mornings Vi and Roy both spend their time providing information, taking bookings and generally 'organising' trips to various places and they are the 'front' of the Social Club. However, it came to light the other day that many members were not aware that the Social Club has included in its team three additional members; namely Beryl Bryant, Grace Galton and Pat Gray. So although Vi and Roy are up front, as you might say, the Social Club comprises a team of five.

My Holiday in Prague By Janet Holderness

I decided on a trip to Prague with "Just You", a tour company for people travelling on their own, hence no shared rooms. This was quite a busy holiday as it was only for four nights.

I boarded the flight at Bristol (EasyJet) that was on time and I sat with a couple ladies. During the flight I found that they were also going with "Just You". We met up with the rest of the group in Prague (26 ladies and 3 men!!) Our tour guide, Monika, was from Prague but lived in England, which she loved, and she spoke excellent English. The ages ranged from mid-thirties up to about 80! And we all got on well together. I think part of going on holiday is meeting new and interesting people. One lady (who must have been in her 70's) was half Russian and had worked for the B.B.C. years ago and met interesting people like David Attenborough, Johnny Morris (if you remember him—I can) John Nettles etc. I would have liked more time to chat to her. One of the men, whose name we kept forgetting, so we dubbed him the "third man" said he lived on microwave meals and never cooked. He was a widower and we thought perhaps his wife had done everything for him. There was also a Chinese lady who was born in Hong Kong but lived in the U.K. She was really determined to get the most out of the holiday and went off on her own to explore. I wish I had gone with her on one trip to see Dvorak's museum, which she said was beautiful.

Unfortunately, our hotel was outside the city but was very clean and functional, but no tea and coffee facilities in the rooms, which I think we all missed. However, the meals were excellent.

Prague is a beautiful city with wonderful architecture. We visited Prague Castle on the first day, which was completely unlike a proper castle and was a series of buildings. Our guide was excellent and very knowledgeable. We did a coach trip to Karlstein Castle, which was Charles IV's castle (he reigned in the 1300's) it was a beautiful fairytale castle up on the hill in the countryside outside Prague city. The steep climb up to it was lovely with little shops on the way and not too many tourists. One could also reach it by a pony and trap which some of our group did. The history of the castle was obviously very interesting but the guide who showed us around (not the tour guide) had such a quiet voice that was all on one note so we could not hear or understand what she was saying. She obviously had not been trained to project her voice! I decided to buy a book to find out the history of the castle myself.

I wish we had had more time to explore the city, especially the Jewish Quarter that looked fascinating. Also Frank Kafka was buried there.

One of the highlights was a trip up the River Vltava on a small boat. We had it to ourselves, with drinks and a buffet lunch included, which were excellent, with typical Czech food. An accordionist was playing music by Smetana (Ma Vlast) and Dvorak from The New World Symphony and some folk songs. It was idyllic.

Quite close to our hotel was a beautiful villa where Mozart stayed and three of us paid a visit to the small museum there, which included some of his manuscripts and even a lock of his hair! There was also a concert at the villa the next evening, which the three of us attended. It was given by the Brahms Trio with French horn, violin and piano. They played music by another composer as well as Mozart, an Andrew Downes, who we had not heard of but he was actually in the audience. I think he was very pleased with the Trio's rendition. We really enjoyed it.

I would recommend Prague to anyone who likes art, music and architecture. Charles Square is one of the largest squares in the world and had the famous astronomical clock which strikes the hour. A lot of brides get married in the church in the square and we saw at least four whilst we were there. Apparently it is very easy to get divorced too! Charles Bridge is beautiful and has jazz players, classical musicians and a barrel organ playing. It is a long bridge and takes 10 minutes to cross, longer if you stop to listen to the music.

I would love to go back to Prague on my own and stay in the city and just have time to soak up the atmosphere and visit the beautiful museums, national theatre, Jewish Quarter, etc.

Our guide Monika said that Prague had lost its "smile" because of the Russian regime, but is now getting it back.

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Club News

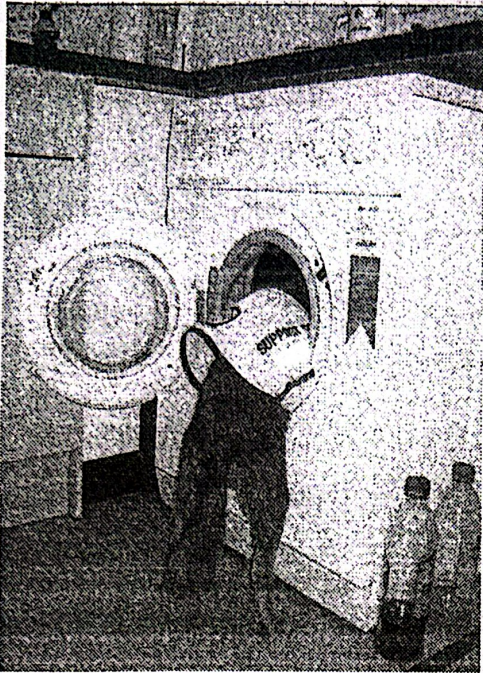
Later in the magazine there is a report by Pam Lyes on her visit to Plymouth, with Joyce Curtis, to represent the "Highbridge in Bloom" at the South West Regions Britain in Bloom Competition Presentations. The group were successful in obtaining an "Award of Merit" for their efforts, the group comprises a number of U3A members and all are to be congratulated, and thanked, for the hard work put in on the town's behalf. We have received a letter from Pam Lyes thanking the U3A of Highbridge for its donation; the money enabled the group to purchase a very nice planter, this has been put to good use in the town.

The Club's Annual Lunch

Although this function is still some months away members have asked Fay if we have started taking bookings. Thank you for your premature interest, it is nice to know that the function is so popular that members are trying to book early.

Well don't worry, the Committee will discuss the event at its meeting in November so by the time you read this moves to obtain prices and book a venue will be in motion; as soon as we have details we will let you know.

supportDOGS



No! This is not a dirty dog getting into the washing machine; it is a **supportDOG** removing the washing for its disabled owner.

Have you not heard about them? Neither had we but recently we attended a meeting at which a talk was given about the **Disability Assistance Dogs**. The person representing the organisation was an ex-police officer who had received serious injuries in a motorcycle accident and had been left disabled. Although now confined to a wheelchair he did not wish to be considered totally disabled and had looked for a means by which he could try to fend for himself; he had learned of the “**supportDOGS**” and decided to look them up.

He was so impressed with what he saw that he now acts on behalf of the organisation giving talks and demonstrations on the abilities of these marvellous dogs.

What is a Disability Assistance Dog? ‘**supportDogs**’ train dogs to assist and support their disabled owners with their specific disability. Most types of dog can be trained to aid their owners. They are trained to: - Open/close doors, Pick up objects, Assist with dressing/undressing, Assist when shopping, Raise alarms, Operate control buttons, Switch lights on/off, Load and unload the washing machine, Fetch items—like the telephone, Carry items.

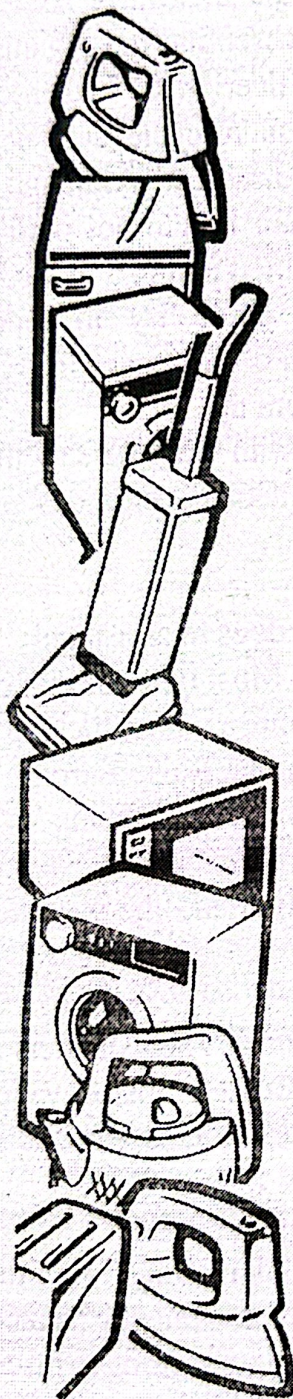
Yes it sounds a bit far fetched, but we saw a demonstration and the way the dog responded to its owner’s needs was amazing.

The dogs are trained and supplied by the organisation that has its headquarters in Sheffield. Most dogs can be trained; the smallest is a Jack Russell cross Cavalier and the biggest is a white standard Poodle. Dogs with soft mouths are ideal, like Labradors and Retrievers, (gun dogs).

Another surprising discovery was that there are **Seizure Alert Dogs**. This dog is trained to respond and alert its owner if it senses that an epileptic seizure is imminent. It can give its owner a significant signal many minutes prior to a seizure thus allowing the person greater security and independence. This means that they are then able to take their dog with them everywhere they go knowing that if it senses they are about to have a seizure it will warn them.

Dople's

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Tel: 01278 780486

supportDOGS (Continued from Page 9)

We know that dogs have very keen senses (*other animals also have this capability, but for obvious reasons can not be used*) and can sense a change in its owners demeanour, and in some instances it can give as much as a 40 minute warning. If the dogs barks or acts in a way that its owner recognises as a warning and it is then able to prepare for the impending seizure.

If you happen to know of anyone who is disabled or suffers with epileptic seizures who might benefit from knowing about this organisation please recommend that they get in touch with: - supportdogs. 27 Jessops Riverside, Brightside Lane, Sheffield S9 2RX. Tel : 0870 609 3476 or : www.support-dogs.org.uk or e-mail: supportdogs@btconnect.com

More from The Third Age Trust

On Page 15 there is an up-date on information from The Third Age Trust that affects members, i.e. an increase in the Capitation Fees and a motion regarding neighbouring Clubs joining up to share activities.

Further to those motions from their A.G.M. there is another change that we learned about when we recently attended a meeting of the North Somerset Association of U.3.As; it is an agreement approved by this Association.

It was always understood that a member of one U3A could attend a group at another U3A for just three visits without paying that Club's joining fee. However, this has now changed, the member of one U3A may visit a group activity of another U3A on a regular basis paying only the fee for that group, but does not have to pay that Clubs' joining fee.

Memories

Do you remember what you were doing when the big American musicals came to London years ago?

Do you realise that it is 50 years since the original production of "West Side Story" opened in London? This musical is based on Shakespeare's Romeo and Juliet but is sited in New York with the all-American Jets being harassed by the Puerto Rican Sharks and is opening in the U.K. for another run. It starts its tour in Cardiff on 6th January and arrives at the Bristol Hippodrome on 30th June. Opening in 1959 it was one of the first group of big American musicals that opened in London in the post war years. It opened alongside "Annie get your Gun", "Carousel", "Oklahoma" and "South Pacific".

Senior Moments by Sports Persons

A Boxer said "Sure there have been injuries and deaths in boxing—but none of them were serious"

Useful information

A few more Tradesmen for your list: -

Graham Caldwell Carpentry

Long East Barn, New Road, East Huntspill, TA9 3PZ. 01278/793101

Mobile 07779/366858

Electrical Testing Services

Martin Chambers, 31 St Paul's Road, Burnham-on-Sea, TA8 2BH

01278/794636 Mobile 07821/441017

P & R. Domestic Appliance Services, Peter Loveridge, 01278/789132

Fitted Bedrooms & Kitchens

01278/787608

A.M. Products, Brue Way, Walrow Industrial Estate, Highbridge, TA9 4AW

Keep It Clean.

01278/786616

Cleaning Services: Patios, Driveways and Cars.

Burnham-on-Sea

Another bit of useful information should be you are looking for a Dentist.

We hear that the Dental Practice in Market Street, Highbridge that used to have two dentists and dealt only with Private patients, now have a third partner who is taking on N.H.S. Patients.

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U3A Diaries for 2009

These are now available at their usual price of £1.90, I know 2009 is still some way off but the diaries are selling well (4 left) so do not delay if you need one.

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Kilver Court-Shepton Mallet

A beautiful new garden has opened recently at Kilver Court, it was shown on a B.B.C. local news programme sometime ago and when some members spotted it they asked if it was possible we could run a trip there?

Well! I have at last found out where it is and the visiting details. The gardens are open from **March 1st to October 31st** it is therefore too late to organise anything for this season. However, perhaps the Club can organise a trip for next spring when the gardens should be in their full spring flowering---make a note!

Strollers Programme

The suggested strolls for November and December are:

November 14th Comwich, a stroll around this riverside village followed by lunch at "The Friendly Spirit" in Cannington—see Luncheon Club notice at the Coffee Morning.

November 28th In the Highbridge area, Ray Reddish plans to arrange an exploratory walk from the A38 at Alstone across the fields towards the railway and the Motorway; the weather may determine if we can do it.

December 12th At Pawlett an exploratory stroll around the village with a rest at the Hill Top Café after our exertions.

December 26th If you fancy going for a stroll on Boxing Day to walk off the Christmas excesses then please go ahead, this stroll I feel, will be determined by your family ----enjoy.

By -the-way, anyone wishing to join the Strollers for their walks on the 2nd and 4th Friday in the month are quite welcome; just turn up at Bank Street Car Park at 10.00 a.m. and join in. If you have a car it may help, you will note from our programme that sometimes we go further a field and transport is an advantage.

Did you notice the new advert in the magazine? --'Jason Spary'. We also have a few new names in the Traders List, (Page 12) please make a note of them and try to give them your support when you need a repair/work done in the home.

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Longleat 2008 by Rose Stickler

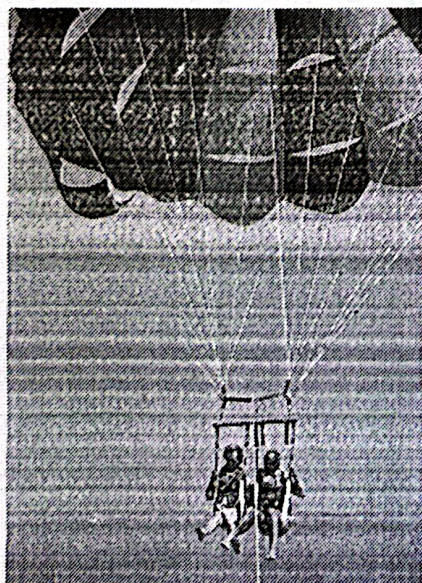
In mid September I went to Centreparks at Longleat with my daughter, Jean, my son-in-law Nick, and my grandson Mark plus his friend Charlie. The sun was shining on our arrival (a good omen I thought, having spent a week in Majorca in May when it rained all day).

The boys (in their late 20's) spent long mornings in bed, only roused by the smell of frying bacon, sausages and mushrooms. We were joined for breakfast by squirrels, rabbits, ducks and a wide variety of birds---though we kept their diet to toast.

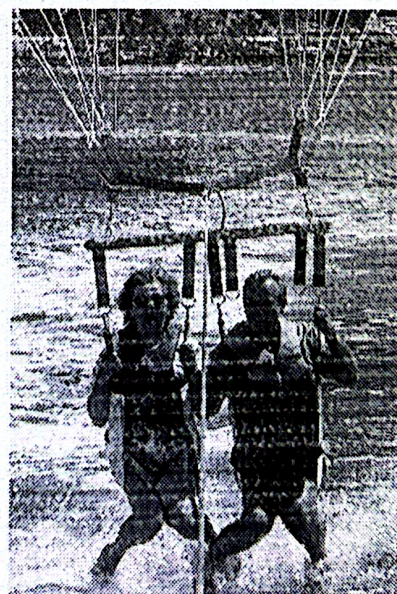
After breakfast we took the little bus/train to the activities center; the boys tried all the sports on offer and managed to win a medal in the table tennis competition. Jean, Nick and I made our way to the swimming center, not that we were too energetic, we left the rapids and large water slides to the young and we found ourselves some wonderful hot whirlpools. Having been suitably massaged by the hot bubbles, we often took a walk through the forest back to the villa; (Nick having managed to get lost on a couple of occasions, the ten minute walk took an hour and a half!)

On my agenda was snooker and ten-pin bowling which we played every evening, a ride on the zip-wire (not bad for an 87 year old!). Having parascended a couple of years ago in Tenerife, (see photos below) Nick is now suggesting a parachute jump for my next holiday.....I am beginning to wonder if he has a secret agenda!!

I would thoroughly recommend a Centreparks holiday for any age group, there is so much choice of activities suitable for the young and more mature, and it was a real bonus that the weather was good.



Rose parascending in Tenerife two years ago, we hope to show her zip-wire photo in the next issue.



Third Age Trust Information

At the recent Annual General Meeting of The Third Age Trust two Resolutions were passed that affects most Clubs.

Resolution 1

"We urge the Trust to encourage members of neighbouring groups to develop working links where it is to their mutual benefit".

Resolution 2

"That the annual capitation fee paid by member U3As to the Third Age Trust for each of their paid up members, based on the highest numbers recorded in the previous 12 months; be increased to £3.50, effective the payment due on the 1st April 2010 and subsequent years.

This amendment to the Trust Rules will come into effect, to members of this Club, as and from 1st April 2010 when you pay your subscription for the year 2010/2011. We will, at our A.G.M. in 2009, be required to accept this proposal and amend our own Rules so that it can take effect the following year.

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Highbridge in Bloom

On Thursday 18th September, Chairman, Joyce Curtis and myself, Pam Lyes (Secretary) left Highbridge at 7.15 approx. to travel to Plymouth for the South West Region, Britain in Bloom Presentation Awards. We arrived in Plymouth at 9.15a.m. Parking was allocated for the event on the Hoe. It was a glorious morning, the tide calm and blue. We made our way down to the Guildhall, passing the huge War Memorial and Drakes Statue.

The Guildhall was a very impressive building with stain glass windows on two of its long sides depicting scenes from Plymouth's history, such as the voyage of its Pilgrim Fathers' in the Mayflower and Sir Francis Drake.

Highbridge was entered into the Neighbourhood Awards Scheme, which concentrated, on Market Street and Church Street. These awards were presented in the morning and were in three categories i.e. 1, Improvement Award, 2 Award of Merit and Achievement. The Neighbourhood Awards is a new scheme introduced approximately Five years ago. Last year there were 70 entries, this year 180. Joyce and I sat waiting expecting to receive an Improvement Award, which we understood was for new groups—beginners. When our name did come up, we were slightly disappointed and thought that we had failed.

The event progressed and then suddenly Joyce patted my back "Look, we've got an Award of Merit" up we both got and walked to the stage to receive the Certificate. Whilst we were doing this a photograph of The Town Green was shown on the big screen above our heads. We were so thrilled!

A delicious luncheon was served for over 400 people during which time the Vice Chairman of SW in Bloom came and spoke to Joyce and I and congratulated our Group on the Award and all the hard work we had all done.

In the afternoon Awards were given out for Towns as a whole according to the size of their population. Burnham received a Silver Gilt.

If anyone is interested in becoming involved, please contact Joyce or myself for further information.

Pam Lyes

Monthly Draw

August	Paddy Shinn	and	Viv Wyatt	No 12
September	Phyllis Walsh	and	Ken Burston	No 39

All received £20.00

Editor:	Ken Burston
Production:	Fay and Ken Burston
Distribution:	Ann Smith (West Huntspill)
	Mary Akers, Fay Burston, Pat Gray,
	Thelma Tripp, Betty Worthy, Marion Wright.

The Social Scene

On Wednesday 12th November we have a trip to "Me & My Girl" it is an **Evening Performance**. The show was first produced just after the war and tells the story of a London costermonger who suddenly inherits a title and is to become the Earl of Hareford. This newly discovered elevation to the aristocracy mortifies his relatives and causes chaos when he is separated from his Cockney girl friend because he tries to become a gentleman.

Songs from the show include: - "Lambeth Walk", "Leaning on a Lamppost" and "The Sun has got its Hat On".

The "Tinsel & Turkey" holiday is to be at Eastbourne from 17th to the 21st November the holiday organised by Axe Vale has about 8 members going on it. The York Hotel where they are staying is on the sea front.

On December 17th the Club is running its usual trip to the **Wells Cathedral Carol Service**; coach leaving Highbridge at **09.30 a.m.** no lunch this year so go prepared with something to eat/drink if you think you may be a bit peckish after the Carol Service. Coach due to be back in Highbridge at 03.00 p.m.

Let Vi or Roy know if you are interested.

The proposed visit to Bristol Hippodrome to see the Christmas Show "**Cinderella**" has been cancelled due to lack of interest. We needed to pay for the tickets that had been reserved but due to no takers they had to be cancelled.

In place of the cancelled trip to Bristol we plan to visit a local theatre, we are proposing to support The Playhouse at Weston-super-Mare to see "**Peter Pan**". The trip is scheduled for Friday 19th December an evening performance, the 16 seat coach to leave Bank Street Car Park, Highbridge at 6.00 p.m. The Price: £19.00.

To start our 2009 trips to the theatre a visit to the Bristol Hippodrome on 14th January to see "**Joseph**". (Bookings are already being made so don't delay).

Presumably with Lee Mead taking the lead as Joseph, the young man that the British public considered to be the best for the part of Joseph during the auditions held on the BBC Saturday Night T V Show.

Another show that many may wish to see is "West Side Story" which is coming to the Bristol Hippodrome in June 2009. The original stage show opened in London way back in 1959, no! It couldn't have been that long ago, nearly 50 years ago?

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GROUP ACTIVITIES

Card Making 1st Mondays and 3rd Wednesdays

At: Southwell House
Dates: For details see 'Group News'
Cost: £2.00
Contact: Rose Bateman (795906)

Floral Art 4th Tuesday

At: Southwell House
Time: 10.30 a.m. to 12.00 a.m.
Cost: £1.50
Group Leader: Jean Williams (785240)

Art Every Tuesday

At: Southwell House
Time: 1.30 pm to 4.00 pm
Cost: £1.50
Group Leader: Phil Lyes (784629)

Keep Fit Every Tuesday

At: Gospel Hall, Old Burnham Road
Time: 2.15 pm to 3.15 pm
Group Leader: Joyce Beard (783913) All Welcome.

Board Games Every Tuesday

At: Gospel Hall, Old Burnham Road.
Time: 3.15 After Keep Fit until 5.00 p.m.
Group Leader: Betty Worthy (795823)

Coffee Morning Every Wednesday

At: Highbridge Community Hall
Time: 10.00am to 12.00am
All are welcome, come along, meet up with friends, and see what we have to offer.

Luncheon Club

The next lunch will be on Friday 14th November at "The Friendly Spirit" in Cannington. They have a very good menu and their current Special Offer is £5.95 for two courses. Details of the menu are on the Notice Board so please add your name to the list by Wednesday 12th November so that Betty Andrews can advise them the total numbers.

Art Every Thursday
At: Southwell House
Time: 1.30pm to 4.00pm
Cost: £1.50 Tutor: Jean Berry (785840)

Skittles 1st and 3rd Friday in the month
At: Royal Artillery Inn
Time: 11.30am to 1.00pm
Group Leader: Ray Reddish (785411) and Betty Worthy (795823) Lunches available

Play Reading Fourth Friday in the month.
At: 4 Brue Crescent, Burnham-on-Sea.
Time: 10.00am
Play: To be advised
'Producer': Tony Webb (787483) New members welcome-especially men

Family History Tutorial Workshop on first Thursday in the month
At: Southwell House
Time: 10.00 a.m.
Facilitator: Roger Ouston (795007)
Note: - Re-starts on 2nd October

Strollers 2nd and 4th Friday in the month
At: Start-Bank Street Car Park
Time: 10.00pm
Stroll: Stout footwear is recommended.
Group Leader: Fay Burston (782529) or Ray Reddish (785411)

With all of the foregoing it is advisable to check with the Club Notice Board or with the Group Leader to ensure the activity is being held, especially with outdoor events

Social Events 2008

N.B. Prices quoted for all days out are subject to a minimum of thirty seats being occupied on the coach.

Wednesday November 12th

Show: - "Me and My Girl"

At: Bristol Hippodrome-EVENING PERFORMANCE-7.30 P.M.

Meet: Coach will leave Bank Street Car Park at 6.00 P.M.

Price: £25.00 inc, coach and gratuity.

Friday December 19th

Show: "Peter Pan" 16 Seats only

At: Playhouse. Weston-super-Mare. Evening Performance

Meet: Coach will leave Bank Street Car Park at 6.00 p.m.

Price: £19.00

Wednesday December 17th

Event: Christmas Carol Service

At: Wells Cathedral.

Coach leaves Highbridge at 09.30 a.m. arrives back at 15.00 hrs

Price: £6.00

Coach to Cathedral only this year—lunch afterwards not included.

Wednesday January 14th 2009

Show: "Joseph"

At: Bristol Hippodrome—Afternoon Performance

Meet: Coach will leave Bank Street Car Park at 12.30 p.m.

Price: £22.00 (30 minimum)

Please note the NEW booking arrangements

Cheques must be made out to "U3A of Highbridge Social Club"

**For further details of all trips etc. please contact either Vi Chick (784033)
or Roy Bryant (783780) or at the Wednesday Coffee Morning.**

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